

March 31, 2021

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit please send them via email to lhic@howardcountymd.gov.

LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS

- Howard County Government Coronavirus Disease 2019 (COVID-19) Information StayCOVIDSafe.howardcountymd.gov
- Howard County Health Department Coronavirus Disease 2019 (COVID-19) Information <https://www.howardcountymd.gov/Departments/Health/MM-Alerts-and-Recalls>
- Howard County Government Virtual Assistance Portal https://services.howardcountymd.gov/hcportal?%20%20category_id=273d4345db209450bcfffce9af961947
- Howard County Library System's Community During Covid-19 Resource Directory <https://hclibrary.org/community-education/covid-19-information/>
- Maryland School Outbreak Data <https://coronavirus.maryland.gov/pages/school-resources>
- Maryland Department of Health Office of Oral Health produces Bilingual Oral Health Resource Guide <https://phpa.health.maryland.gov/oralhealth/Pages/ResourceGuide.aspx>
- Horizon Foundation: Emotional Support Human Survey https://pr.co1.qualtrics.com/jfe/form/SV_88j6v4QhYVMpWmO?source=esh
- **Maryland Highway Safety Office (MHSO), Transportation Alternatives Program (TAP), the Safe Routes to School (SRTS), the Recreational Trails Program (RTP), and the MDOT Kim Lamphier Bikeways Network Program** all have grant funding opportunities available and will be accepting applications soon
 - TAP, SRTS, and RTP applications will be accepted starting April 1, 2021; TAP/SRTS applications due May 17, 2021
 - RTP applications due April 30, 2021
 - Bikeways applications will be accepted from May 3, 2021 through June 3, 2021.
 - For more information, visit the [TAP](#), [SRTS](#), [RTP](#), or [Bikeways](#) websites.
- **National Institute of Health (NIH) Community Engagement Alliance (CEAL) research team developed tip sheets in English and Spanish to help in the fight against COVID-19**
 - Addressing COVID-19 Misinformation: A Tip Sheet for Health Professionals Working with Community Members | [English](#) and [Spanish](#)
 - Community Benefits of COVID-19 Research: An Overview for Community Members | [English](#) and [Spanish](#)
 - Community Health Workers and Other Lay Communicators: An Overview for Researchers | [English](#) and [Spanish](#)

- Building and Maintaining Community Trust in COVID-19 Resources | [English](#) and [Spanish](#)
- **33rd Annual Maryland Suicide Prevention Conference:** The Maryland Suicide Prevention Conference Planning Committee is seeking presentation proposals for the 33rd Annual Suicide Prevention Conference on October 6, 2021. The deadline to submit a presentation proposal is April 28, 2021. For any questions, please email mdh.suicideprevention@maryland.gov.
- **2nd Annual Racism and Mental Health Symposium** The Maryland Suicide Prevention Office is seeking presentation proposals for proposals for our second annual Racism and Mental Health Symposium to be held virtually on December 8, 2021. The deadline to submit a presentation proposal is May 21, 2021. For any questions, please email mdh.mdmindhealth@maryland.gov.
- **Maryland Cancer Collaborative (MCC)** MCC is recruiting members to new workgroups (Tobacco Cessation Support, HPV, Vaccination Awareness, Cancer Risk Factors, High Risk Population Community, Outreach, and Cancer Survivorship Education) to create action plans to implement their priorities <https://www.surveymonkey.com/r/MCCworkgroups> .If you have questions, please contact **Brian Mattingly** at brian.mattingly@maryland.gov

UPCOMING VIRTUAL EVENTS, WEBINARS, SELF-PACED COURSES AND TRAINING

Events below may not be hosted or provided by HCLHIC. If you have any questions about these events, please contact the event organizers directly.

1. Title: Tomando Control de su Salud (Take Control of Your Health Toolkit)

(Registration is required)

Description: This free 6-week self-management program is recommended for those who have, or are at risk of developing a chronic illness, such as heart disease, diabetes, chronic pain, or other health problems. This invitation is also valid for people who care for patients. The Living Well Toolkit will be mailed to you and includes the necessary materials and activities to help you move forward at your own pace. Each week, you will meet with your instructor in a small group, via a 30-minute conference call, in which the progress of your self-management skills will be discussed.

Class Three: Every Saturday, April 24 - May 20, 2021; 10:00 am - 10:30 am

Class Four: Every Saturday, May 1 - June 5, 2021; 11:00 am - 11:30 am

Link: <https://events.hcgh.hopkinsmedicine.org/event/journey-to-better-health/tomando-control-de-su-salud-la-caja-de-herramientas->

For more information, please contact Lucy Reyna at 240-459-8074 or email her at: reynalucia10@gmail.com

2. Title: Living Well Chronic Disease Class (Toolkit)

(Registration is required)

Description: This free 6-week workshop for people who live with or are at risk of having a chronic condition such as heart disease, diabetes, cancer, obesity, depression, chronic pain, arthritis, lung disease and any other health concerns. During this workshop, you will learn

techniques to cope with feelings of frustration, fatigue, pain and isolation; skills to communicate more effectively with family, friends and health professionals; exercises to maintain and improve strength, flexibility and endurance; and improve nutrition and develop healthy eating habits. Each session within builds upon the last, fostering skills that build confidence in managing one's own health.

Class One: Every Tuesday, March 2 - April 6, 2021; 6:00 pm - 6:30 pm

Class Two: Every Wednesday, March 10 – April 14, 2021; 10:00 am - 10:30 am

Link: <https://events.hcgh.hopkinsmedicine.org/>

3. **Title: Hands Only CPR and Adult, Child, Infant CPR Training (Virtual)**

(Registration is required)

Description: In this training, participants will learn how to save the life of someone in cardiac arrest.

- Adult, Child, Infant CPR: April 9, 3:30 - 5 pm

[Registration Link](#)

- Hands-Only CPR: April 13, 12 - 1 pm

[Registration Link](#)

- Hands-Only CPR: May 6, 12 - 1 pm

[Registration Link](#)

- Adult, Child, Infant CPR: May 11, 12 - 1:30 pm

[Registration Link](#)

- Adult, Child, Infant CPR: June 3, 3 - 4:30 pm

[Registration Link](#)

- Hands-Only CPR: June 18, 4 - 5 pm

[Registration Link](#)

For the CPR classes, please [sign-up here](#) or email handsonlycpr@hcdfrs.org for a spot.

4. **Title: Stop the Bleed Classes (Virtual)**

(Registration is required)

Description: In this training, participants will learn how to take simple steps to keep the injured person alive until appropriate medical care is available. It starts with knowing what to do.

- April 29, 12 pm – 1 pm

[Registration link](#)

- May 21, 4 pm – 5 pm

[Registration link](#)

- June 29, 12 pm – 1 pm

[Registration link](#)

For more information please contact outreach@hcdfrs.org

5. **Title: Maryland Distracted Driving Virtual Summit**

(Registration is required)

Description: This virtual Summit is comprised of a series of 18 webinars in the month of April and each will require a separate registration. Speakers from across the country will be sharing their expertise in four different education tracks (law enforcement, research/data, corporate/community strategies, and focused populations).

Sessions will occur throughout the month of April 2021.

Click on <http://www.marylanddddsummit.org/> to view the entire list of all 18 webinars. You will need to click on the yellow registration button to sign up for each webinar.

6. **Title: Finding Solutions for Substance-Using Suicidal Youth**

(Registration is required)

Description: This 3-hour workshop is designed to offer healthcare workers a perspective on helping substance-using youth with suicidal ideation or behaviors. The first part of the workshop will focus on information regarding risks of treating suicidal youth who are also using illicit substances, how to assess for this risk, and how to set boundaries with the youth and parent while creating safety plans. Discussion will be held around determining the appropriate level of care based on substance use and suicide risk.

Date/Time: Friday, April 2, 2021; 11:30 am – 2:30 pm

Link: <https://bit.ly/3sNGc5k>

7. **Title: Plan to Plan: A Community Health Improvement Planning Series**

(Registration is required)

Description: Through a series of three one-hour webinars, participants will be introduced to the process of writing a Community Health Improvement Plan (CHIP). Each session will build upon the others to provide participants with the knowledge, tools, and resources needed to prepare for community health improvement planning within their communities.

Date/Time: Tuesday, April 6, 2021 from 11:00 am – 12:00 pm - **Session 1: A Community Health Improvement Plan (CHIP)**

Link: [Enroll in Session 1](#)

Date/Time: Tuesday, April 13, 2021 from 11:00 am – 12:00 pm - **Session 2: Community Health Priorities**

Link: [Enroll in Session 2](#)

Date/Time: Tuesday, April 20, 2021 from 11:00 am – 12:00 pm - **Session 3: Writing your Community Health Improvement Plan (CHIP)**

Link: [Enroll in Session 3](#)

8. **Title: MDH Maternal and Child Health Bureau Workshops**

(Registration is required)

Description: The Maryland Department of Health's Maternal and Child Health Bureau Office is having these two workshops as part of Black Maternal Health Week:

Intersectionality and Anti-Racism

Date/Time: Tuesday, April 6, 2021 from 12:00 pm – 1:30 pm

Please register for this training via Eventbrite: <https://www.eventbrite.com/e/140123137075> by March 23, 2021 at noon. You will receive further instructions by Friday, April 2, 2021.

Improving Maternal Health with Community Doulas

Date/Time: Tuesday, April 13, 2021 from 12:00 pm – 1:30 pm

Please register for this training via Eventbrite by March 30, 2021 at noon:

<https://www.eventbrite.com/e/improving-maternal-health-with-community-doulas-tickets-140126436945>

9. Title: "Breaking Through Public Health Bureaucracy: Tools and tips to successfully navigate internal administration and processes"

(Registration is required)

Description: In this webinar, participants will be able to describe how the federal government appropriates funding to public health agencies and other entities; describe the key challenges faced by health departments implementing federally funded programs; and identify three strategies to overcome challenges and enhance efficiency in program implementation.

Date/Time: Tuesday, April 6, 2021; 12:00 pm – 1:00 pm

Link: <https://survey.alchemer.com/s3/6238148/2021-April-Log-in2Learn-Registration>

10. Title: COVID-19 and Alzheimer's Webinar: Tips for Caregivers

(Registration is required)

Description: In this webinar, participants will explore the impact of COVID-19 on caregiving and provide helpful information for meeting the needs of someone with dementia during the pandemic. We will offer tips and resources not only for caregivers in the home, but also for those with loved ones in nursing care facilities.

Date/Time: Tuesday, April 6, 2021; 2:30 pm – 4:00 pm

Link: <https://bit.ly/3fBi2qO>

11. Title: At-Risk Adult Abuse: Hiding in Plain Sight

(Registration is required)

Description: In this webinar, participants will learn how to recognize signs of elder abuse in a healthcare setting by better understanding Abuse, Neglect, and Exploitation (ANE) and related policies.

Date/Time: Wednesday, April 7, 2021; 9:00 am – 11:00 am

Link: https://zoom.us/webinar/register/WN_qLioD4oMTyKHJysLFKclQg

12. Title: The Prevent Cancer Dialogue Webcast Series

(Registration is required)

Description: This webcast series will explore the themes of innovation and health equity in cancer screening and prevention.

Date/Time: Wednesday, April 7, 2021 from 12:25 pm – 4:25 pm – ***Innovations in Cancer Prevention***

Date/Time: Wednesday, May 5, 2021 from 12:25 pm – 4:15 pm - **Innovations in Early Detection of Cancer**

Date/Time: Wednesday, June 2, 2021 from 12:25 pm – 4:30 pm – **Progress and Challenges in Cancer Screening**

Link: <https://2021preventcancerdialogue.vc.commpartners.com/>

Click on the picture to register individually for each event.

13. Title: How to support Social/Emotional Needs for our 3-8 year olds

(Registration is required)

Description: This workshop will include a Q & A opportunity with psychologists and behavior interventionists. They'll help tailor tried-and-true strategies for routines, emotional needs, and behavior for your specific family. This event will focus on strategies that help all children from ages 3-8. Children are welcome to attend with their parents. Feel free to bring your questions or email them in advance to michal_boyars@hcpss.org.

Date/Time: Thursday, April 8, 2021; 6:30 pm – 8:00 pm

Link: <https://meet.google.com/izf-ixcw-vsk>

14. Title: Positive Psychology, Part 1: A Strength Based Approach to Working with Gamblers

(Registration is required)

Description: Positive Psychology is a strength-based approach to working with others which enhances their ability to thrive. Join the Maryland Center of Excellence on Problem Gambling for this uplifting exploration of the good that lies within each of us.

Date/Time: Friday, April 9, 2021; 12:00 pm – 1:00 pm

Link: <https://register.gotoweinar.com/register/126652056998109707>

Positive Psychology, Part 2: A Strength Based Approach to Working with Gamblers

(Registration is required)

Description: Positive Psychology is a strength-based approach to working with others which enhances their ability to thrive. Join the Maryland Center of Excellence on Problem Gambling to continue our discussion on the strength-based approach of Positive Psychology. Join us for the continuation of this uplifting exploration of how to help clients live up to their full potential.

Date/Time: Friday, April 30, 2021; 12:00 pm – 1:00 pm

Link: <https://register.gotoweinar.com/register/3532973164708654859>

15. Title: Addressing Food Insecurity Among Young Children During the Pandemic: Innovations from Vermont and Washington State

(Registration is required)

Description: This webinar will explore practical strategies to assess and address hunger needs faced by families during the pandemic and beyond, including leveraging early childhood systems and the Help Me Grow system model to address child food insecurity. It will highlight innovative solutions used in Vermont and Washington State, with examples from federal, state, and community-level resources.

Date/Time: Tuesday, April 13, 2021; 1:00 pm – 2:00 pm

Link: https://chcs.zoom.us/webinar/register/WN_GHpE3VXESJ6rElsG8hjEEA

16. Title: Eighth Annual Public Health research showcase at the University of Maryland (Virtual Conference)

(Registration is required)

Description: This workshop aims to reflect and build on the lessons learned from 2020 and incorporate lessons learned from the COVID-19, social and racial injustice, climate change, homeland terrorism and more.

Date/Time: April 13 - 15, 2021; 11:00 am - 4:00 pm

Link: <http://bit.ly/3qDs7Wl>

Please email phrm@umd.edu with any questions.

17. Title: Integrating Behavioral Health With Primary Care Series

(Registration is required)

Description: Through a partnership with IPRO QIN-QIO and Qlarant, this series will feature experts discussing how to integrate behavioral health (BH) services into everyday practice and the importance of delivery of reliable, high-quality, coordinated, and patient-centered care.

Date/Time: Wednesday, April 14, 2021 from 12:00 pm – 1:00 pm - **Connecting the patient to community resources for social determinants of health**

Date/Time: Wednesday, April 28, 2021 from 12:00 pm – 1:00 pm - **Coding for Behavioral Health Services**

Date/Time: Wednesday, May 26, 2021 from 12:00 pm – 1:00 pm - **Readiness assessment results**

Link: <https://qi.ipro.org/2021/01/06/sweep-integrating-bh-primary-care/>

18. Title: Diabetes Support Group (Virtual via Zoom)

(Registration is required)

Description: This support group will provide you with social and emotional support, as well as educational resources to help you with managing your diabetes.

Date/Time: Third Thursday of Every Month starting April 15, 2021; 10:00 am - 11:30 am and 6:00 pm - 7:30 pm

Link: <https://events.hcgh.hopkinsmedicine.org/event/journey-to-better-health/diabetes-support-group>

Please email Kristine Batty, NP at kbatty2@jhmi.edu for more information.

19. Title: Virtual Youth Mental Health First Aid

(Registration is required)

Description: Learn to assist a young person, from 12 to 18 years, who may be experiencing a mental health or substance use crisis. In this updated and virtual format, participants will complete a 2-hour, self-paced online course before participating in a 4-hour, instructor-led class using Zoom. Youth Mental Health First Aid is recommended for adults who interact

with youth including teachers, coaches, faith leaders, parents, school staff, and caring citizens.

Date/Time: Friday, April 16, 2021; 8:30 am – 1:00 pm

Link: <https://bit.ly/37S8pOV>

20. Title: Black Mamas Matter Black Maternal Health Conference (BMHC)

(Registration is required)

Description: This 2-day virtual conference by Black Mamas Matter will offer a national space for learning, rich discussions, and mobilization to transform Black maternal health, rights, and justice. The BMCH will provide a much needed space and opportunity for Black Mamas to have meaningful dialogue about health equity and reproductive justice within the Black Community.

Date/Time: April 16-17, 2021; 9:00 am – 5:00 pm

Link: <http://bit.ly/2MULZpY>

21. Title: Growth Mindset and Mindfulness in First Responders

(Registration is required)

Description: In this webinar, Sgt. Shane Blalock will explore methods to help first responders combat cumulative post-traumatic stress disorder as well as provide wellness strategies to proactively promote better mental health.

Date/Time: Monday, April 19, 2021; 12:00 pm – 1:00 pm

Link: <https://register.gotowebinar.com/register/5863403453032853264>

22. Title: Your Child's Just Been Diagnose with Autism. Now What?

(Registration is required)

Description: This annual parent-led panel targeted for newly diagnosed families and families with young children on the spectrum. Learn from other parents of children at various stages in the autism journey - from elementary aged to adults in their 30's - what they wish they knew then, what helped them get through the challenging early days, and their message of hope and understanding for you. You may submit questions for our panelists as you register or ask during the session.

Date/Time: Monday, April 19, 2021; 7:00 pm - 9:00 pm

Registration is required, please visit <https://app.donorview.com/QjLmW>

Sponsored by the Howard County Autism Society.

23. Title: Technology as a Social Determinant of Health

(Registration is required)

Description: Public health and the digital divide: reflections on technology as a social determinant of health in the time of COVID.

Date/Time: Tuesday, April 20, 2021; 1:30 pm – 2:30 pm

Link: https://franklincountyohio.zoom.us/webinar/register/WN_7QY2k4VDSNCv06hLwXJ0pg

24. Title: Prioritizing Equity in Public Health Leadership Summit

(Registration is required)

Description: This half-day virtual meeting will provide a forum for state and territorial

health practitioners to learn about emergent public health issues and apply evidence-based and promising practices to reduce racial and ethnic disparities.

Date/Time: Wednesday, April 21, 2021; 11:30 am – 6:30 pm

Link: <https://bit.ly/31kdgpi>

25. Title: Maryland Highway Safety Office Webinar Series: Be the Drive who Saves Lives

(Registration is required)

Description: Maryland's Highway Safety Office is proud to partner with the Howard County Health Department and the Local Health Improvement Coalition to bring you a series of webinars that focus on safe driving behaviors as we work toward our goal of reaching zero deaths. Join each of these sessions for revealing discussions about how drivers and pedestrians can make decisions that save lives on Howard County's roadways.

Date/Time: Wednesday, April 21, 2021; 11:00 am – 12:00 pm – **Speeding/Aggressive Driving**

Date/Time: Wednesday, May 12, 2021; 11:00 am – 12:00 pm – **Occupant Protection/Buckle Up**

For questions or more information, please email LHIC@howardcountymd.gov

26. Title: All In: Data for Community Health Webinar Spotlight: Capacity Building through Shared Community Power

(Registration is required)

Description: In this webinar, two organizations who are working to combat infant and maternal mortality through multi-sector data sharing and exploring how they're building capacity through shared community power while fighting racial health disparities will be spotlighted.

Date/Time: Wednesday, April 21, 2021; 1:30 pm – 2:30 pm

Link: https://zoom.us/webinar/register/WN_Dv2HJZbBRQWJzT5Dh3wY0A

27. Title: Help your Children with the Transition Back to School

(Registration is required)

Description: In this webinar, Dr. Ball will offer strategies parents/guardians can easily put in place. If you have questions prior to the event, please email parentconnections@calvertnet.k12.md.us.

Date/Time: Wednesday, April 21, 2021; 6:00 pm – 7:30 pm

To register and receive the Microsoft Teams Link, please email

parentconnections@calvertnet.k12.md.us. Sponsored by Calvert County Public Schools

28. Title: Community Sharing Session: What Helps Me

(Registration is required)

Description: In this webinar, the Howard County Sources of Strength Peer Leaders are facilitating a community sharing session to hear the unique challenges faced by teens and

adults over the last year. We will be sharing stories of strength and coping with the aim of reducing stigma and opening a dialogue about mental health in our community.

Date/Time: Wednesday, April 21, 2021; 7:00 pm – 8:15 pm

Link: <https://bit.ly/3fyUHWI>

29. Title: 9th Annual LGBTQ Health Workforce Conference

(Registration is required)

Description: This 2-day virtual conference will provide an overview of up-to-date practices (climate, educational, research, and clinical) in preparing the health care workforce to address the health concerns and disparities of lesbian, gay, bisexual, and transgender (LGBT) communities.

Date/Time: April 22-24, 2021; 9:00 am – 5:00 pm

Link: <http://bit.ly/30jkfOF>

30. Title: Maryland Pedestrian and Bicycle Committee (MBPAC) Meeting (Virtual)

Description: The Committee advises State government agencies on issues directly related to bicycling and pedestrian activity including funding, public awareness, safety and education (Code Transportation Article, sec. 2-606).

Date/Time: Friday, April 23, 2021; 9:00 am – 11:00 am

Link: <https://register.gotowebinar.com/register/2680337082686325775>

Feel free to register using the link above or join by phone at 562-247-8422

Access Code: 764-096-421

31. Title: Cherish the Child Virtual Symposium 2021

Description: This webinar will focus on celebrating each and every one of us, no matter your color, size, age, socioeconomic status, religion, or sexual orientation. This year, we are committed to providing you practical tools that will help you to embrace diversity in everything that you do.

Date/Time: Friday, April 23, 2021; 8:30 am – 12:30 pm

Link: <http://www.cherishthechildsymposium.com/>

32. Title: Howard County Drug Take Back Day

Description: Come to Wilde Lake Village parking lot to dispose of your unwanted or expired medications.

Date: Saturday, April 24, 2021; 10:00 am – 2:00 pm

For more information, please click on <https://hcdrugfree.org/>

33. Title: Living Well Chronic Disease Class (Virtual)

(Registration is required)

Description: This free 6-week workshop for people who live with or are at risk of having a chronic condition such as heart disease, diabetes, cancer, obesity, depression, chronic pain, arthritis, lung disease and any other health concerns. During this workshop, you will learn techniques to cope with feelings of frustration, fatigue, pain and isolation; skills to communicate more effectively with family, friends and health professionals; exercises to maintain and improve strength, flexibility and endurance; and improve nutrition and develop healthy eating habits. Each session within builds upon the last, fostering skills that

build confidence in managing one's own health.

Class One: Every Tuesday, April 27 – June 1, 2021; 6:00 pm - 8:30 pm

Class Two: Every Wednesday, May 22 – June 26, 2021; 10:00 am - 12:30 pm

Link: <https://events.hcgh.hopkinsmedicine.org/>

34. **Title: African American Community Forum**

(Registration is required)

Description: In this webinar, participants will learn about Alzheimer's, dementia and memory loss in this brief community-focused listening session. Speakers will also review the basics of these conditions, services of the Alzheimer's Association and how participants/organizations can expand the reach of local programs and services.

Date/Time: Tuesday, April 27, 2021; 5:00 pm – 6:30 pm

Link: <https://bit.ly/39CYFtL>

35. **Title: Workshop for Survivors of Suicide Loss - NJ & MD (Virtual)**

(Registration is required)

Description: This interactive workshop will include topics such as Suicide "101": Facts & figures, framing the topic, risk factors; How Is Grief After Suicide Different?: prominent themes for survivors, family impact, post-traumatic growth; Myths of grief recovery; How Can I Survive?: Self-care, when to seek professional help, and types of support for survivors. This workshop will draw on the presenter's years of experience as a grief counselor specializing in work with suicide loss survivors to describe the remarkable pathways of healing that survivors can travel.

Date/Time: Tuesday, April 27, 2021; 7:00 pm - 9:00 pm

For more information, please email Kathrin Olbrich - AFSP Maryland at KOlbrich@afsp.org

36. **Title: What if my Assistive Technology (AT) doesn't transition with me?**

(Registration is required)

Description: This two-part series will assist current public health practitioners in navigating misinformation campaigns and will also provide students soon to enter the workforce with best practices from a panel of professionals who began working during the pandemic.

Date/Time: Thursday, April 29, 2021; 1:00 pm – 2:00 pm

Link: https://zoom.us/webinar/register/WN_vyKnXy6xSfSQQyWyu2GRfA

If you need additional accommodations, please contact Lori Markland at lori.markland@maryland.gov

37. **Title: The Impact of Covid-19 on the Public Health Workforce Series**

(Registration is required)

Description: This two-part a series will assist current public health practitioners in navigating misinformation campaigns and will also provide students soon to enter the workforce with best practices from a panel of professionals who began working during the

pandemic.

Date/Time: Tuesday, April 29, 2021 from 11:00 am – 12:00 pm - **Session 1: Navigating Misinformation Campaigns for Public Health Practitioners**

Link: [Enroll in Part 1](#)

Date/Time: Tuesday, May 6, 2021 from 11:00 am – 12:00 pm - **Session 2: Entering the Public Health Workforce During a Pandemic**

Link: [Save the date - registration opens soon!](#)

38. Title: 5th Annual Maryland Tobacco Control Conference

(Registration is required)

Description: At this conference, presenters and attendees will discuss best practices and policies to reduce tobacco use and health disparities, covering a wide range of topics, including: tobacco prevention and cessation, law and policy, enforcement, and the latest research trends.

Date: May 12 -13, 2021; 1:00 pm – 4:15 pm both days

Link: <https://bit.ly/3dpSiuM>

For more information, please contact Megan Griest at mgriest@law.umaryland.edu

39. Title: Virtual Mental Health First Aid

(Registration is required)

Description: Just as CPR teaches you to assist someone having a heart attack, Mental Health First Aid helps you assist an experiencing a mental health or substance use-related challenge. Using a new, updated curriculum and virtual format, participants will complete a 2-hour, self-paced online course before participating in an instructor-led class using Zoom. Registration will be accepted until 14 days before class.

Date/Time: Friday, May 14, 2021; 8:00 am – 3:00 pm

Link: <https://bit.ly/3pp2Kb3>

40. Title: HCGH Journey to Better Health Free Drive Thru Health Risk Assessment and Screening

(Registration is required)

Description: The Journey to Better Health (J2BH) Program is offering a Drive Thru Community Health Risk Assessment and Education event at St John Baptist Church on Saturday, May 15, 12 noon to 4 p.m. This free event includes diabetes/prediabetes risk assessment, blood pressure, BMI measurement, and stroke risk assessment. We will also provide education on healthy lifestyle choices and information about classes that address health risks.

Date/Time: Saturday, May 15, 2021; 12:00 pm – 4:00 pm

Link: <https://bit.ly/3wjOROX>

41. Title: Bike Around Downtown Columbia

(Registration is required)

Description: Hop on your bike and enjoy the trails and pathways in Downtown Columbia and Oakland Mills.

Date: May 15 -16, 2021

Link: <http://bit.ly/2NHzyEL>

42. Title: Public Health Improvement Training (PHIT)

(Registration is required)

Description: PHIT attendees will have the opportunity to select from a variety of interactive learning and skill-building sessions designed for all experience levels. At PHIT, participants gain practical tools, templates, resources, and contacts to support you to take action in public health performance improvement.

Date: June 7-9, 2021

Link: <https://bit.ly/3skdybL>

43. Title: Disability Rights Maryland (DRM) Virtual Q&A Sessions

(Registration is required)

Description: Disability Rights Maryland's Education Team is hosting a weekly Facebook Live Q&A session to answer parents' most pressing questions about distance learning for students with disabilities as a response to the coronavirus pandemic. There's one Q&A live session held each month for Spanish-speaking parents. Captioning is provided in real time and past videos are available on the DRM Facebook page with full captioning at

<https://www.facebook.com/pg/DisabilityRightsMD/videos/>

Date/Time: Every Wednesday from 6:30 pm – 7:30 pm

Link: <https://bit.ly/3mQPTfX>

More information about Disability Rights Maryland can be found at

<https://disabilityrightsmd.org/>

44. Title: CHESAPEAKE DOWN SYNDROME PARENT GROUP (CDSPG)

CDSPG offers a variety of online and on demand events. Topics/events include:

- Adaptive Fitness Workouts
- Little Buddies Get Together
- Improvaneers Groups
- Young Adults Get Together
- Siblings Virtual Meet-up
- Tweens Lunch Group
- Monthly Chat with Attorney
- Super Social Afternoons with ArtStream

For dates and more information about any of these events, or to register, please visit

cdspg.org/events

45. Title: National Alliance on Mental Illness (NAMI)

NAMI support groups for parents/caregivers of children and adolescents with behavioral

health challenges. No diagnosis is necessary.

Parent/Caregiver Support Group for School-Aged Students - Second Monday of each Month.

Parent/Caregiver Support Group for TAY (Transition Age Youth) - Third Thursday of each Month.

Register for either group at <https://bit.ly/3rKwUp4>

Title: NAMI Basics on Demand

This six-session online education program is for parents/caregivers of youth aged 22 or younger who are experiencing behavioral health challenges. No specific diagnosis is necessary.

Sign up at: <https://publiccourseapi.nami.org/Learner/Login?ReturnUrl=%2F>

Sponsored by National Alliance on Mental Illness (NAMI) Howard County, <https://namihowardcounty.org/>.

For more information about any of this online program or NAMI, please visit info.namihc@gmail.com or 410-772-9300

46. Title: Howard County Commission for Veterans and Military Families

Description: The commission meets monthly on the 1st Thursday of the month. Its purpose is to assure that Veterans and military family's issues are addressed effectively and efficiently. For more information, email veterans@howardcountymd.gov with questions.

47. Title: Howard County Seniors Together Virtual Group Offering

(Registration is required)

Description: Seniors Together groups offer older adults the opportunity to join in weekly virtual discussions on a variety of topics. Stay connected while staying home!

Group 1: Think Positive Group Every Monday from 1:00 pm – 2:00 pm

Group 2: Caregiver Support Group Every Monday from 7:00 pm – 8:30 pm

Group 3: Men's Roundtable Every Tuesday from 10:00 am – 12:00 pm

Group 4: Low Vision Support Group Every Tuesday from 1:00 pm – 2:15 pm

Group 5: Newstalk Every Thursday from 10:00 am – 11:30 am

Group 6: Brainteasers Every Thursday; Starting at 12:30 pm

Group 7: Open Mind Group Every Friday from 10:00 am – 12:00 pm

Group 8: Trenders Every Friday from 1:00 pm – 2:30 pm

Link: <https://bit.ly/2HQ7qGe>

48. Title: Locating and Understanding Data for Suicide Prevention (2-hour online course)

(Registration is required)

Description: This course will present a variety of data sources that are useful for finding information about suicide deaths, suicide attempts, and suicidal ideation. It will also explain key concepts that will help you better understand the data you find.

Link: <https://training.sprc.org/enrol/index.php?id=35>

49. Title: Public Health Curriculum on Alzheimer (Online course)

(Registration is required)

Description: The Alzheimer’s Association, CDC, and Emory University’s Rollins School of Public Health offers free, online, self-paced modules that helps faculty and other professionals prepare the public health workforce to address dementia and its growing impact

Link: <https://bit.ly/3IT1c6S>

50. Title: Practice-Based Publishing (Self-paced online course)

(Registration is required)

Description: This course focuses on developing, refining, and submitting a manuscript to a journal with this four-part webinar series.

Link: <https://iphmpdirect.com/>

51. Title: An Introduction to One Health (Self-paced online course)

(Registration is required)

Description: This course introduces One Health (human-animal-environmental health) to the public health practitioner. Areas of focus include zoonotic and vectorborne diseases, pollution and ecosystem change, comparative medicine, and human-animal-environment interactions. Multiple examples are provided, including for COVID-19.

Link: <https://www.nephtc.org/enrol/index.php?id=167>

52. Title: An Introduction to Zoonoses and Vectorborne diseases and their drivers (Self-paced online course)

(Registration is required)

Description: This course is the first of four screencasts. Participants will be introduced to zoonoses and vectorborne diseases and how they differ from other infectious diseases.

Link: <https://www.nephtc.org/enrol/index.php?id=183>

53. Understanding Data for Suicide Prevention (online course)

The Suicide Prevention Resource Center is offering a free online course - Locating and Understanding Data for Suicide Prevention. This course explores a variety of commonly used data sources for information on suicide deaths and attempts, suicidal ideation, and related factors—as well as new frontiers in suicide surveillance, such as interactive dashboards and real-time data collection. The course can be completed at anytime.

Register at <https://training.sprc.org/enrol/index.php?id=35>

54. Center for Health Care Strategies blog series that examines COVID-19’s effect on different sub-populations of dually eligible individuals:

- [Individuals Using Home- and Community-Based Services](#)
- [People with Intellectual and Developmental Disabilities](#)
- [Nursing Facility Residents](#)
- [Individuals with Serious Mental Illness](#)

55. Recognizing and Eliminating Disparities in Addiction through Culturally Informed Healthcare (REACH)

Applications are now open for REACH, a one-year educational training program at Yale University for trainees interested in pursuing an Addiction Fellowship beginning July of next year.

[Register](#) by June 30th

56. Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) of Greater Baltimore, Howard County Group. Virtual support groups and meetings:

www.chadd-mc.org

57. Culturally and Linguistically Appropriate Services (CLAS) in Maternal Health Care offers new opportunity to learn how to improve your quality of care by understanding, respecting, and responding to a patient’s experiences, values, and beliefs <https://bit.ly/3m3fR0r>

58. Title: COVID-19 Vaccine Training: General Overview of Immunization Best Practices for Healthcare Providers (Self Study Web-based Training)

(Registration is required)

Description: The CDC has created a new, web-on-demand, self-paced module for healthcare providers who will be administering Pfizer-BioNTech COVID-19 Vaccine. This module will provide information to healthcare professionals about COVID-19 vaccine manufactured by Pfizer Pharmaceuticals, based on the recommendations of the Advisory Committee on Immunization Practices and guidance from the manufacturer.

Link: <https://bit.ly/38gHzQS>

59. Title: Vaccine Anxiety Toolkit

Description: Here are some helpful tips to help boost your overall well-being and manage your stress concerning the COVID-19 vaccine:

- **How to cope with COVID-19 until you get the vaccine** <http://bit.ly/3utfM9U>
- **How to deal with COVID-19 Vaccine Anxiety** <http://bit.ly/3kffDIU>

OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES

Health Access, Equity and Disparity

- Health and Human Services Office of Minority Health (OMH) launched a new, free and accredited e-learning program called Culturally and Linguistically Appropriate Services (CLAS) in Maternal Health Care <http://bit.ly/3soqf5r>
- Morbidity and Mortality Weekly Report (MMWR): Association of Children’s Mode of School Instruction with Child and Parent Experiences and Well-Being During the COVID-19 Pandemic — COVID Experiences Survey, United States, October 8 – November 13, 2020 <https://bit.ly/3cK4TJ4>
- Morbidity and Mortality Weekly Report (MMWR): Minimal SARS-CoV-2 Transmission After Implementation of a Comprehensive Mitigation Strategy at a School — New Jersey, August 20–November 27, 2020 <https://bit.ly/3cQy3X3>

- Morbidity and Mortality Weekly Report (MMWR): Racial and Ethnic Disparities in COVID-19 Incidence by Age, Sex, and Period Among Persons Aged <25 Years — 16 U.S. Jurisdictions, January 1–December 31, 2020 <https://bit.ly/2NwmyLJ>
- Morbidity and Mortality Weekly Report (MMWR): COVID-19 Vaccine Second-Dose Completion and Interval Between First and Second Doses Among Vaccinated Persons — United States, December 14, 2020–February 14, 2021 <https://bit.ly/38Vp7yb>
- Morbidity and Mortality Weekly Report (MMWR): Effectiveness of the Pfizer-BioNTech COVID-19 Vaccine Among Residents of Two Skilled Nursing Facilities Experiencing COVID-19 Outbreaks — Connecticut, December 2020–February 2021 <https://bit.ly/38VpNnd>
- Antibody Response Following SARS-CoV-2 Infection and Implications for Immunity: A Living Rapid Review <http://bit.ly/3bVKwca>
- Videos addressing COVID-19 vaccine hesitancy in multiple languages <http://bit.ly/2P7Y4sl>
- Association Between Parent Comfort With English and Adverse Events Among Hospitalized Children <https://pubmed.ncbi.nlm.nih.gov/33074313/>
- Johns Hopkins Bloomberg School of Health and the de Beaumont Foundation release report - Seven Ways Business Can Align with Public Health for Bold Action and Innovation <https://bit.ly/2NARkml>
- Building Medicaid Managed Care Programs Centered on Advanced Primary Care and Health Equity <http://bit.ly/3eQnA0g>
- CDC offers Multilingual Resources for various health promotion topics <http://bit.ly/3vRKPwU>
- U.S. Food and Drug Administration (FDA) multilingual COVID-19 resources <http://bit.ly/3vSKNoO>
- CDC creates communication toolkit to help public health professionals, health departments, community organizations, and healthcare systems and providers reach populations who may need COVID-19 prevention messaging in their native languages <http://bit.ly/3rcx9cg>
- Integrating Oral Health Care into Primary Care: A Resource Guide <https://bit.ly/3slnmLL>
- Communication strategies to help disheartened parents to try again <https://bit.ly/2NQ8kFD>
- The Race to Health Equity <https://bit.ly/2PtzyIJ>
- How Federal Policymakers Can Advance Racial Equity in Oral Health <https://bit.ly/3vZRPYA>
- How COVID-19 is keeping kids away from the dentist — especially children on Medicaid <https://on.mktw.net/3rlt99q>
- Cultural competence: Developing and implementing best practices in dentistry <https://bit.ly/3d1wXaV>

- Oral Health Care During Pregnancy Resource Guide <https://bit.ly/2PqeKLY>
- The Catastrophic Cost of Uninsurance: Covid-19 cases and deaths closely tied to America's Health Coverage Gaps <https://bit.ly/3d19Ddu>
- New Research Reveals Impact of COVID-19 on Dental Hygienists (**Recorded**) <https://bit.ly/2OX9Giw>
- Oral Health Policy Equity Tool <https://bit.ly/2OWI5z5>
- Agency for Healthcare Research and Quality Statistical Brief: Characteristics and Costs of Potentially Preventable Inpatient Stays, 2017 <https://bit.ly/2IHooqC>
- Spending on Young Children With Autism Spectrum Disorder in Employer-Sponsored Plans, 2011-2017 <https://pubmed.ncbi.nlm.nih.gov/33076792/>
- 2021 AARP Community Challenge grant funding opportunity <https://bit.ly/3rrPxxT>
- Morbidity and Mortality Weekly Report (MMWR): Declines in Prevalence of Human Papillomavirus Vaccine-Type Infection Among Females after Introduction of Vaccine — United States, 2003–2018 <https://bit.ly/3sjlubY>
- Morbidity and Mortality Weekly Report (MMWR): *QuickStats*: Age-Adjusted Death Rates for Influenza and Pneumonia, by Urbanization Level and Sex — National Vital Statistics System, United States, 2019 <https://bit.ly/3stWZu4>
- Trauma-Informed Care Model for Immigrant Hispanic and Latino Clients <https://bit.ly/31A6rjL>
- American Public Health Association (APHA): Equity, Diversity, Inclusion Action Toolkit for Organizations https://apha.org/-/media/Files/PDF/affiliates/equity_toolkit.ashx
- Morbidity and Mortality Weekly Report (MMWR): Interim Estimates of Vaccine Effectiveness of BNT162b2 and mRNA-1273 COVID-19 Vaccines in Preventing SARS-CoV-2 Infection Among Health Care Personnel, First Responders, and Other Essential and Frontline Workers — Eight U.S. Locations, December 2020–March 2021 <https://bit.ly/3rAI9k3>
- Patient and Physician Perspectives of Deprescribing Potentially Inappropriate Medications in Older Adults with a History of Falls: a Qualitative Study <https://pubmed.ncbi.nlm.nih.gov/33469744/>
- HHS Office of Minority Health (OMH) has partnered with the Centers for Medicare & Medicaid Services (CMS) and other HHS agencies to identify and compile multilingual resources and materials for Medicare providers to assist them in providing culturally and linguistically appropriate services <https://bit.ly/3ccPr9k>

Chronic Disease

- How oral health may affect your heart, brain and risk of death <https://bit.ly/31da8vk>
- Effectively Messaging Cancer Screening During the COVID-19 Pandemic Messaging Guidebook <https://bit.ly/31mQKfj>
- CDC Celebrates 10 Years of *Tips from Former Smokers* <https://www.cdc.gov/tobacco/campaign/tips/index.html>
- How COVID-19 Technology May Help Fight Cancer in the Near Future

<https://bit.ly/3fbOMgp>

- Rate of Suicides Related to Cancer Is Declining <https://bit.ly/3f9dS9v>

Behavioral Health

- CDC's National Center for Health Statistics: Suicide Mortality in the United States, 1999–2019 <https://www.cdc.gov/nchs/products/databriefs/db398.htm>
- Journal of American Medical Association (JAMA) article – PTSD in Patients After Severe COVID-19 Infection <http://bit.ly/3bUu4cs>
- Journal of American Medical Association (JAMA) article – Trends in US Emergency Department Visits for Mental Health, Overdose, and Violence Outcomes Before and During the COVID-19 Pandemic <http://bit.ly/3s43pQo>
- The Suicide Prevention Resource Center's State Suicide Prevention Infrastructure Recommendations <https://sprc.org/state-infrastructure>
- CDC release monthly provisional death counts January 1, 2020 – March 13, 2021 <http://bit.ly/38RPRzC>
- CDC release new report on State of State, Territorial, and Tribal Suicide Prevention <https://www.cdc.gov/suicide/resources/sos.html>
- Improving Suicide Prevention Through Evidence-Based Strategies: A Systematic Review <https://pubmed.ncbi.nlm.nih.gov/33596680/>
- Risk of Suicide Among Patients With Parkinson Disease <https://bit.ly/39fWuMi>
- Morbidity and Mortality Weekly Report (MMWR): Symptoms of Anxiety or Depressive Disorder and Use of Mental Health Care Among Adults During the COVID-19 Pandemic — United States, August 2020–February 2021 <https://bit.ly/3sqpA3p>
- Association of Youth Depression With Subsequent Somatic Diseases and Premature Death <https://bit.ly/2QytHMu>
- Current Epidemiological Trends in Firearm Mortality in the United States <https://bit.ly/3d2qsEA>
- Association Between Race/Ethnicity and Disparities in Health Care Use Before First-Episode Psychosis Among Privately Insured Young Patients <https://bit.ly/3fhi2MD>
- Characteristics Associated With Opioid and Antibiotic Prescribing by Dentists <https://pubmed.ncbi.nlm.nih.gov/33745816/>
- Maryland State Department of Education addresses the social-emotional needs of students and staff as they transition from virtual instruction to the hybrid model <http://marylandpublicschools.org/about/Documents/DSFSS/SSSP/TA/NewNormal11.17.2020.pdf>

Nutrition and Physical Activity

- CDC's Division of Nutrition, Physical Activity, and Obesity updates their [Food and COVID-19](#) and [Food and Food System Resources During COVID-19 Pandemic](#) webpages to highlight the impact the challenges the pandemic has posed
- Voices for Healthy Kids issues a call for proposals for the Policy Campaign Grant Opportunity <https://voicesforhealthykids.org/campaign-resources/grants>