

**Howard County Behavioral Health Providers – COVID-19**

The Howard County Health Department Bureau of Behavioral Health is putting forth effort to keep this sheet up to date. Information may change depending on availability of services. To ensure accuracy, please reach out to the individual behavioral health practices.

[Click here to access the online Behavioral Health Navigation referral form.](#)

Behavioral Health Practice	Contact Information	Description of Services	Insurance / Payment	Accepting New Clients During COVID-19	Free Services during COVID-19	Providing Telehealth
<b>A Better Way Counseling Services</b>	9017 Red Branch Road, Columbia, MD 21045 410-730-4500	Provides outpatient substance abuse and mental health program for adults & adolescents. Individual, group and family therapy, state certified program, drunk driving, DWI offenders, anger management.	Aetna, Cigna, Self-pay	Unknown	No	Yes - in office & telehealth
<b>A Healing Place</b>	7050 Oakland Mills Road, Suite 140, Columbia, MD 21046 410-309-0909 <a href="http://www.ahealingplaceincolumbia.com">www.ahealingplaceincolumbia.com</a>	Outpatient counseling services to adults. Areas of interest include trauma, both childhood trauma and recent single incident experiences. Trained in EMDR, EFT (Emotion Free Technique) and TAT (Tapas Acupressure Technique).	Medicaid	Unknown	No	Yes - switch due to COVID-19
<b>Anne Arundel Counseling</b>	Columbia Corporate Park II, 8840 Stanford Boulevard, Suite 1700, Columbia, MD 21045 410-768-5988 <a href="http://www.annearundelc.com">www.annearundelc.com</a>	Individual counseling for ADD/ADHD, Medication Management, social skill development, depression, loneliness, isolation, stress management, addictions, eating disorders. Family counseling for parent/child relationships & marital counseling. Group counseling for DWI/DUI program, substance abuse education & treatment, anger management, domestic violence, abuser intervention program, & parenting education. Assessments include bariatric/gastic bypass,	Most private & commercial insurance plans	Yes	No	Yes - clinical & forensic services.

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	<a href="http://ounseling.com">ounseling.com</a>  <a href="mailto:info@annearundelcounseling.com">info@annearundelcounseling.com</a>	educational, military fitness, psychiatric, psycho-social, psychological, & substance use/abuse				
<b>Anxiety Treatment Center of Maryland</b>	7130 Minstrel Way, Suite 125, Columbia, MD 21045 410- 800-7591 <a href="http://www.anxietymaryland.com">www.anxietymaryland.com</a>	A specialty behavioral health clinic offering cognitive and behavioral treatments for anxiety and related disorders. Provides treatment to children, adolescents, and adults experiencing problems with: selective mutism, social anxiety, separation anxiety, generalized anxiety, specific phobias, panic, agoraphobia, obsessive compulsive disorder, chronic tics or Tourette syndrome, hair-pulling or skin-picking conditions, depression, disruptive behavior, elimination disorders (toilet training difficulties), sleep problems, and co-occurring medical problems such as GI/urological problems, headaches, chronic pain, kidney disease, and diabetes.	Self-Pay	Unknown	No	Yes
<b>Blake Psychotherapy &amp; Associates</b>	10632 Little Patuxent Parkway #340, Columbia, MD 21044 410-988-4002 <a href="mailto:sblake@blaketherapy.com">sblake@blaketherapy.com</a> <a href="http://www.blaketherapy.com">www.blaketherapy.com</a>	Outpatient therapy & nutrition center specializing in Eating Disorders, Addictions, Asperger's, Mood disorders and Trauma. We utilize therapies such as Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Psychodynamic Therapy, Person Centered Therapy, Mindfulness and Short-Term Solution Based Counseling. Our nutritionists can work with all of the mental health issues, as well as working with individuals with medical issues. Serves children, adolescents and adults ages 10 and above.	Self-Pay	Unknown	Case-by-case basis depending on individual providers at the practice	Yes

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<p><b>The Body Mind Center (Darla Sinclair, LCSW-C)</b></p>	<p>5026 Dorsey Hall Drive, Suite 205. Ellicott City, MD 21042 410-530-9538 <a href="http://www.thebodymindcenterofmd.com">www.thebodymindcenterofmd.com</a> <a href="mailto:darla@thebodymindcenterofmd.com">darla@thebodymindcenterofmd.com</a></p>	<p>In person &amp; Online outpatient therapy services to treat adults &amp; adolescents with childhood trauma histories, "single event" traumas, anxiety disorders &amp;/or those living with chronic pain conditions. Therapists have in depth trauma informed training as well as 20+ years of extensive experience in providing evidenced based therapies, including Certification in EMDR &amp; Somatic Psychotherapy. Depending on the Therapist with whom clients work, pet therapy may also be available via a 35 lb. Beagle, who has completed both the Canine Good Citizens &amp; Pet Therapy training programs.</p>	<p>Self-Pay &amp; Out of Network</p>	<p>Yes</p>	<p>Case-by-case basis depending on availability of respective therapists in the practice</p>	<p>Yes</p>
<p><b>Cheryl Duffy-Williams, LCSW-C</b></p>	<p>3525H Ellicott Mills Drive, Suite A. Ellicott City, MD 21043 443-224-8634 <a href="mailto:Cheryl_Duffy@verizon.net">Cheryl_Duffy@verizon.net</a></p>	<p>Works with children experiencing anxiety, depression, ADHD, oppositional defiant disorder, and general behavior difficulties. Counsels adults with depression, anxiety, ADHD, and relationships issues.</p>	<p>Aetna, Medicare, CareFirst, BCBS, Johns Hopkins, Medicaid, USFHP</p>	<p>Unknown</p>	<p>No</p>	<p>Yes</p>
<p><b>Chun-Shin Taylor, PH.D, LCPC</b></p>	<p>3355 St. Johns Lane, Suite J. Ellicott City, 21042 479-445-2634 <a href="http://www.livingharmony.com">www.livingharmony.com</a> <a href="mailto:ctaylorlcpc@gmail.com">ctaylorlcpc@gmail.com</a></p>	<p>Individual, couples and family counseling. Specializes in mental illness, cross-cultural couples and families and the integration of religion/spirituality into psychology. <b>*****Organizing a FREE online peer support group for Korean/Asian American teens + those who reported to having increased incidents of microaggression &amp; racial discrimination following COVID-19 outbreak.</b></p>	<p>Sliding Scale Fee, Self-pay, Pro-bono, Medicaid</p>	<p>Yes</p>	<p>Yes - Online peer support group for Asian American Teens</p>	<p>Yes - mandatory prescreening for Telehealth fitness</p>

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<p><b>Collaborative Counseling Center</b></p>	<p>5560 Sterrett Place, Suite 201. Columbia, MD 21044 443-546-1100 <a href="http://www.collaborativecounselingcenter.com">www.collaborativecounselingcenter.com</a></p>	<p>Child, adolescent and family mental health services. Individual, group and family counseling, art therapy and cognitive behavioral therapy (CBT). Psychiatric services include Diagnostic Evaluation and medication management. **** Accepting NEW clients for all services! Also have groups for middle schoolers and high schoolers via telehealth (ZOOM) We serve children, teens and adults. Individual, Group and Medication Management Services.</p>	<p>Carefirst, Aetna, Optum, Medicare</p>	<p>Yes</p>	<p>No - sliding scale if possible</p>	<p>Yes</p>
<p><b>Community Behavioral Health</b></p>	<p>10774 Hickory Ridge Road. Columbia, MD 21044 844-224-5264 x17 <a href="http://www.communitybehavioralhealth.net">www.communitybehavioralhealth.net</a></p>	<p>Comprehensive services to children, adolescents, and adults, individual and family therapy; substance abuse, mental health; and medication management.</p>	<p>Aetna, Amerigroup, CareFirst BCBS, Cigna, Cigna Medicare, Johns Hopkins EHP &amp; Advantage Plan, Medicare, Medicaid, Tricare, UBH</p>	<p>Yes</p>	<p>No</p>	<p>Yes</p>

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<p><b>Congruent Counseling &amp; Integrative Counseling</b></p>	<p>10630 Little Patuxent Parkway, Suite 209. Columbia, MD 21044</p> <p>410-740-8066 410-740-8057</p> <p><a href="http://www.integrative-counseling.com">www.integrative-counseling.com</a></p> <p><a href="http://www.congruentcounseling.com">www.congruentcounseling.com</a></p>	<p>- <b>Congruent Counseling</b> offers individual, family, marital, and group counseling. Psychiatric evaluations and medication management available. Therapists specialize in working with children, teens, and adults. A broad range of issues are addressed including depression, anxiety, attention deficit, acting out behaviors, substance use and addictions, marital difficulties, and more. DBT: Dialectic Behavioral Treatment for ages 8-21.</p> <p>- <b>Integrative Counseling</b> offers Treatment Groups for Substance Use, Abuse, and Dependence; Intensive Outpatient Program (IOP) for Addiction and Dual Diagnosis for Teens and Adults; Parent Support; Relapse Prevention; Anger Management; Marriage/Couples Group; Educational and Psychological Testing. <b>DUI/DWI Education and outpatient treatment groups continue via telehealth as well.</b></p>	<p>Aetna, United Healthcare, CareFirst/BCBS, Johns Hopkins Healthcare, Self-Pay. IOP covered by CareFirst/BCBS, Aetna, Johns Hopkins, UBH, Cigna, &amp; Medicaid</p>	<p>Yes - for individual therapy, IOP &amp; OP Groups, &amp; DBT</p>	<p>No</p>	<p>Yes - individual therapy, IOP &amp; OP groups, &amp; DBT</p>
<p><b>Creatively LLC</b></p>	<p>5560 Sterrett Place, Suite 103 Columbia, MD 21044 443-741-2294</p> <p><a href="http://www.creativelyllc.com">www.creativelyllc.com</a></p> <p><a href="mailto:Cindy@creativelyllc.com">Cindy@creativelyllc.com</a></p>	<p>Artist and licensed professional counselor that provides individual therapy, creative workshops, and groups. Specializing in working with artists and creative personalities. Outpatient services for adolescents and adults, using cognitive behavioral, mindfulness, person centered and creative approaches. Diagnoses treated include anxiety, mood disorders, psychotic disorders, addictions, adjustment disorders and more.</p>	<p>BCBS, FEP, CareFirst, Magellan, Self-pay</p>	<p>Yes</p>	<p>No</p>	<p>Yes</p>

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<b>Crossroads Psychological Associates</b>	10784 Hickory Ridge Rd. Columbia, MD 21044 410-964-0425 <a href="http://www.crossroadspych.net">www.crossroadspych.net</a>	Individual adolescent, child and adult therapy, adolescent group therapy, adult group therapy, middle school group therapy, social skills group, family/couples therapy, medication management, psychological testing.	Self-Pay & Out-of-Network	Yes	Able to offer limited number on a case-by-Case basis & based on family need	Yes
<b>Cynthia Kalodner</b>	10015 Old Columbia Road, Suite B215 Columbia, MD 21046 443-542-5855 <a href="mailto:crkalodner@gmail.com">crkalodner@gmail.com</a>	Specializes in anxiety and mood issues, using cognitive behavioral approaches with mindfulness and positive psychology. Individuals and couples, ages 16 and up.	CareFirst/BC BS, Johns Hopkins Healthcare	Unknown	No	Yes - only with continuing clients
<b>Deborah S. Cole, PsyD</b>	8840 Stanford Blvd, #4000, Columbia, MD 21045 410-381-7551 <a href="http://www.drdeborahcole.com">www.drdeborahcole.com</a> <a href="mailto:psychologyart@gmail.com">psychologyart@gmail.com</a>	Provides services for ages 4-65+. Focus on Depression, Anxiety, Panic, Sexual Addiction, Obsessive Compulsive Disorder (OCD), Trichotillomania (hair pulling), Hoarding, Skin-Picking, Tics and Tourette's, Trauma and Dissociation. Treats children, adolescents, adults, and couples. Eye Movement Desensitization and Reprocessing (EMDR) for evidence-based trauma treatment (Certified in EMDR). Intensive Short-Term Dynamic Psychotherapy (Certified in ISTDP) for working through long-term personality issues which can lead to self-sabotage, depression, chronic pain, isolation, and anxiety. Home visits possible for Hoarding and OCD, when appropriate. Certified in Hypnosis.	Self-Pay, Out-of-Network	Unknown	No	Yes

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<b>Delphi Behavioral Health Group</b>	817 South Camp Meade Road, Linthicum Heights, MD 21090 <a href="http://www.mhdetox.com">www.mhdetox.com</a>	nationwide network of substance abuse treatment facilities that aim to raise the standard of addiction treatment in the U.S. Delphi is dedicated to providing the full continuum of care across the nation. <b>Affiliated with Maryland House Detox.</b>	Aetna, UBH, CareFirst, BCBS, Self-pay, Medicaid, Sliding Scale Fee	Unknown	No. Only detox services at this time	Yes
<b>Focused Solutions</b>	5550 Sterrett Place, Suite 200. Columbia, MD 21044 410-884-6031 <a href="http://www.focusedsolutions.net">www.focusedsolutions.net</a>	Outpatient counseling services to children, adolescents, and adults.	Self-pay, Aetna, UBH, Medicare, Carefirst, Cigna, Johns Hopkins, Medicaid, Tricare, BCBS	Yes	No	Yes - individuals, couples, families, adolescents, & adults
<b>Grassroots Crisis Intervention Center</b>	6700 Freetown Road, Columbia, MD 21044 410-531-6677 410-531-6006 <a href="http://www.grassrootscrisis.org">www.grassrootscrisis.org</a>	Provides telephone counseling, free walk-in counseling, emergency shelter for homeless, 24-hour suicide hotline, Mobile Crisis Team 7 days/week, and a Runaway Teen Program that provides crisis intervention for runaway youth and their families. Immediate access is available to Language Line for telephone translation into most languages. * We can provide telephonic services at this time & are looking into the possibility of telehealth solutions. Clients are welcome to call in at any time.	Free	Unknown	Yes - Phone & MCT	Yes
<b>Gladstone Psychiatry &amp; Wellness</b>	9841 Broken Land Parkway, Suite 211 Columbia, MD 21046 443-708-5856 <a href="http://www.gladstonepsych.com">www.gladstonepsych.com</a>	Specializes in Addictions, Adult Psychiatry, Child & Adolescent Psychiatry, Anxiety, ADD/ADHD, Bipolar Disorder, Depression, OCD, Panic Disorder. Services individuals ages 6+ for medication management. Buprenorphine, Vivitrol, Medication Monitoring. Groups for young adolescents (11-13), adolescents (13-17), & adults. (18+) for DBT.	Blue Cross/Blue Shield, CareFirst, Aetna, and Cigna	Yes, ages 6+		Yes - Telemedicine services for DBT & Medication Management

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<p><b>Halcyon Clinical Services, LLC</b></p>	<p>6304 Woodside Court, Suite 110G, Columbia, MD 21046 410-855-4631 <a href="http://halcyonclinicalservices.com">halcyonclinicalservices.com</a></p>	<p>Outpatient mental health services to children, adults, and families. Experts are trained in Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy (CBT), and Motivational Interviewing (MI). Additionally, we coordinate with primary care physicians regarding behavioral health needs.</p>	<p>Commercial insurance &amp; medical assistance</p>	<p>Yes</p>	<p>No</p>	<p>Yes - psychiatric assessment, brief therapy, &amp; support to clients</p>
<p><b>Healing Songs Therapy</b></p>	<p>Danny Miller, LCPC - 3565 Ellicott Mills Drive, Suite 208. Ellicott City, MD 21043 240-583-0351 <a href="http://www.healingsongstherapy.com">www.healingsongstherapy.com</a> <a href="mailto:songs2give@gmail.com">songs2give@gmail.com</a></p>	<p>Cognitive Behavioral Therapy (CBT), Eye movement desensitization &amp; reprocessing (EDMR), schema therapy, prolonged exposure therapy, Exposure and Response Prevention (ERP), and dialectical behavior therapy for adults, couples, and young people. Specialties include acute stress caused by traumatic events, chronic distress caused by long-term abuse or neglect, complex grief, anxiety disorders, adolescent/young adult issues, and patterns of unhelpful behavior leading to profound distress and relational difficulties. <b>** Can provide solution-focused brief therapy (SFBT) with one client at 5-8 sessions. SFBT is useful for common stressors of life to high-impact life events, but is not recommended for very intense issues. I would be willing to lead a group for SFBT as well for a group of six - focused on managing stress/anxiety/worry</b></p>	<p>Self-pay &amp; Out-of-Network insurance discount available for those who qualify</p>	<p>Yes</p>	<p>Yes</p>	<p>Yes</p>



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<p><b>Hilda's Place</b></p>	<p>2480 Roxbury Mills Road, #10        Cooksville, MD 21723        410-489-3737        Emergency Phone: 443-204-6201  <a href="http://www.hildasplace.com">www.hildasplace.com</a></p>	<p>Intensive Outpatient, Outpatient, DUI/DWI education, acupuncture and meditation, grief counseling, anger management, youth services, family support services, NA and AA. Transportation Available Language: Spanish and Burmese Interpreters. Medication Assisted Treatment (MAT): Vivitrol &amp; Buprenorphine only</p>	<p>Medicaid, Medicare</p>	<p>Yes</p>	<p>Unknown</p>	<p>Yes - Telehealth &amp; in-person services available at this time</p>
<p><b>IME Behavioral Health, LLC</b></p>	<p>8840 Stanford Blvd., Suite 1600        Columbia, MD 21045        240-512-0141</p>	<p>Specializations include trauma, depression, anxiety, substance use, OCD, bipolar illness, relationship problems, eating disorders &amp; weight management, cross-cultural issues, children &amp; adolescents, &amp; aging.</p>	<p>BCBS, Johns Hopkins EHP, Medicare</p>	<p>Yes</p>	<p>Offering free same-day supportive therapy for frontline workers at HCGH</p>	<p>Yes</p>
<p><b>Jermamy &amp; Associates, P.A.</b></p>	<p>8815 Centre Park Drive, Suite 220        Columbia, MD 21042         1829 Reisterstown Rd, Suite 350,        Pikesville, MD 21208         443-272-1541</p>	<p>Evaluate symptoms, medical issues, &amp; life habits prior to discussing treatment options. SERVICES include: Medication management of mental health issues, Weigh less strategies, and Outpatient medication assisted treatment (MAT) of substance use disorders. We offer Buprenorphine for Opioid dependence. We also offer medications to reduce cravings for Alcohol, Cocaine and Benzodiazepine Dependence. Dr. Jermamy is certified by the state of Maryland to recommend Medical Cannabis as outlined by the MMCC.</p>	<p>Medicaid, Medicare, BCBS, Self-Pay</p>	<p>Yes</p>	<p>Unknown</p>	<p>Yes</p>

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<b>Kolmac Clinic</b>	10632 Little Patuxent Parkway #410 Columbia, MD 21044 443-276-0556	Substance use treatment: Outpatient, Intensive Outpatient, detoxification, Buprenorphine, Vivitrol Adults 18+	Self-pay, commercial insurance	Yes	No	Yes
<b>Life Renewal Services</b>	10805 Hickory Ridge Road, Suite 103 Columbia, MD 21044 410-387-2763 <a href="http://www.liferenewalservices.net">www.liferenewalservices.net</a>	Early Intervention, Outpatient (OP), Intensive Outpatient (IOP), individual and group counseling for adults and minors. PRP services available. For Medication Assisted Treatment (MAT): Suboxone/Buprenorphine & vivitrol. NOT METHADONE	Medical Assistance, Medicare	Yes - Mental health therapy, medication management, PRP, & IOP	No	Yes - mental health therapy & medication management, PRP
<b>Linda Friskey, LLC</b>	9650 Santiago Road, Suite 3 Columbia, MD 21045 410-799-2982	Offers outpatient psychotherapy for most ages. Treats individuals, couples, & families. Specializes in eating disorders, the intersection of physical & psychological problems, PTSD, LGBTQ+, 12-steps, gambling & acute stress disorder.	Medicaid, Medicare, fee for service, Aetna	Yes – 1 <sup>st</sup> visit for new client in office would sit 6ft away	No	Yes
<b>MAT Clinics</b>	601 7th Street, Suite 304, Laurel, MD 20707 410-220-0720 <a href="http://www.matclinics.com">www.matclinics.com</a>	Counseling for individuals with substance use disorders or co-occurring disorders (substance use & mental health). Medication Assisted Treatment (MAT): All Buprenorphine products-Suboxone, Zubsolv, generic buprenorphine-naloxone, Bunavail, & buprenorphine only. Offers monthly injections of Sublocade and Vivitrol. ** Willing to help out during the crisis but would strongly prefer that the new client would be close to becoming eligible for Medicaid or Medicare.	Medicare, CareFirst, BCBS, Medicaid	Yes	Yes	Yes

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<p><b>Milestones Counseling &amp; Consulting Services</b></p>	<p>10632 Little Patuxent Parkway Century Plaza 2000 Building Suite 330 Columbia, Maryland 21044 443-574-4295 <a href="http://milestonesccs.com">milestonesccs.com</a></p>	<p>Counseling for social skills, problem solving skills and helps promote a better understanding of self. Works with children and adolescents, and young adults who experience challenges in in everyday life including school, work, recreational, home and work settings. Consults with families of special needs students regarding IEP's, 504s, and behavioral interventions. We provide individual therapy, family therapy, group therapy, &amp; consulting services. Areas of expertise include: ADHD, anger management, anxiety, autism, behavioral issues, bipolar disorder, coping skills, depression, school/learning issues, mood disorders, parent-child conflict, and family systems. Treatment modalities include: Cognitive Behavioral Therapy (CBT), Family Systems, Solution Focused Brief Therapy (SFBT), Trauma Focused, Play Therapy, &amp; Motivational Interviewing.</p>	<p>BCBS, CareFirst, Magellan, Cigna, Out of Network</p>	<p>Yes</p>	<p>Yes – Some Pro Bono Slots available</p>	<p>Yes</p>
<p><b>MPB Group, Inc</b></p>	<p>6440 Dobbin Road, Suite D. Columbia, MD 21045 410-730-2385  14205 Park Center Dr Unit 201 &amp; 202, Laurel, MD 20707 301.317.5800 <a href="http://www.mpbhealth.com">www.mpbhealth.com</a>  <a href="mailto:program_director@mpbgroupinc.com">program_director@mpbgroupinc.com</a></p>	<p>Individual, family &amp; group therapy, psychological &amp; psychiatric evaluations, medication management to children, adolescents, and adults. Offers outpatient services as well as integrated (substance abuse) treatment services.  Medication Assisted Treatment (MAT): Buprenorphine  <b>Clinical issues:</b> sexual abuse/physical abuse/neglect, attachment/bonding issues, trauma (PTSD), grief/loss &amp; bereavement, substance abuse, anxiety/panic disorders, regulatory difficulties (ADHD, OCD), mood disorders (depression, anxiety), behavioral issues (oppositional defiant), play/therapy &amp; parenting.</p>	<p>CareFirst/BCBS, Medical Assistance, Self-pay</p>	<p>Yes</p>	<p>No</p>	<p>Yes</p>

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<p><b>MSA Child &amp; Adolescent Center</b></p>	<p>10005 Old Columbia Road, Suite L260. Columbia, MD 21046 866-853-4397 (toll free) or 443-259-0400 <a href="http://www.msachild.com">www.msachild.com</a></p>	<p>MSA is a comprehensive community-based outpatient treatment center servicing patient age 3-21. Services include Psychiatric Intensive Outpatient Program for adolescents and the only children's Intensive Outpatient Program in Maryland. In addition, MSA provides traditional outpatient mental health care including psychiatric evaluations and medication management by board certified child/adolescent psychiatrists along with individual, family and group therapy by licensed therapist.</p>	<p>Aetna, United Healthcare, CareFirst, BCBS, Johns Hopkins Healthcare, Medicaid</p>	<p>Unknown</p>	<p>No</p>	<p>Yes</p>
<p><b>New Vision Counseling, LLC</b></p>	<p>7360 Grace Drive, Columbia, MD 21044 410-200-9825 <a href="http://www.newvision-counseling.net">www.newvision-counseling.net</a> <a href="mailto:patd.newvision@gmail.com">patd.newvision@gmail.com</a></p>	<p>Private practice providing therapeutic services to adolescents, adults, couples, and families. Specializes in treating addiction, ADHD, anxiety, bipolar disorder, chronic pain, codependency, depression, substance abuse, women's issues, and issues related to LGBTQ+. Provides services for ages 14-62</p>	<p>Medicaid, Self-pay, Out of Network. Sliding fee scale available</p>	<p>Yes</p>	<p>Yes – Pro Bono services for 2 individuals, 1 couple, or 1 family</p>	<p>Yes</p>
<p><b>Peggy Montgomery, Psychologist</b></p>	<p>5755 Cedar Lane, Columbia, MD 21044 (HCGH) 443-621-0583 <a href="mailto:pmontgomery@iclo.com">pmontgomery@iclo.com</a> <a href="mailto:mamaosl@yahoo.com">mamaosl@yahoo.com</a></p>	<p>Psychotherapy practice specializing in trauma and addiction for couples, families and adolescents. CBT, dialectical behavioral therapy, mindfulness and emotional freedom technique to provide individualized care to clients. Culturally sensitive serving clients of various ethnicities and the LGBTQ community.</p>	<p>(HCGH) Aetna, Medicare, UBH, Carefirst, BCBS, Cigna, Johns Hopkins Healthcare, Medicaid, Sliding Scale Fee, Self-Pay</p>	<p>Unknown</p>	<p>Yes - I would be willing to offer free phone services - 1 session per client</p>	<p>Only doing phone sessions in private practice</p>

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<b>Psychiatry Specialties Clinics</b>	3570 St. Johns Lane, Suite 207. Ellicott City, MD 21042 410-988-8092 <a href="http://www.psychmaryland.com">www.psychmaryland.com</a>	Provides treatment for all mental health and substance use concerns for youth ages 14+, adults, and older adults. Psychotherapy and medication management services available. Treats addiction, dual diagnosis, medical co-morbidities, psychiatric illness, relationship issues, trauma & stress, & provides consultations & assessments.	Aetna, Medicare, UBH, Carefirst, BCBS, Cigna. Sliding Scale Fee, Self-Pay	Unknown	No	Yes
<b>Dr. Robert Burdette</b>	10505 Patuxent Ridge Way, Laurel, MD 20723 301-466-0480 <a href="http://www.papilliocounseling.weebly.com">www.papilliocounseling.weebly.com</a> <a href="mailto:beargarden2@verizon.net">beargarden2@verizon.net</a>	Family and marriage relationships, human sexuality issues, spiritual formation/growth, pastoral care.	Sliding scale fee, self-pay, Pro-bono	Unknown	Case-by-case basis	No
<b>Safe Journey House</b>	4607 69th Avenue, Hyattsville, MD 20784 <a href="http://www.safejourneyhouse1.com">www.safejourneyhouse1.com</a>	Provides short-term therapeutic residential treatment to address immediate crisis and prevent future crises from occurring. Inpatient admission prevention and inpatient admission alternative programs available.	Medicaid & Uninsured spans	Unknown	No	No
<b>Sheppard Pratt WayStation, Inc.</b>	9030 MD-108 suite a, Columbia, MD 21045 410-740-1901 <a href="mailto:info@sheppardpratt.org">info@sheppardpratt.org</a>	<b>Now providing urgent online therapy &amp; telemedicine</b> for children, adolescents, young adults, adults, & older adults. Licensed clinicians are available <b>Monday - Friday, 10:00 a.m. – 9:00 p.m.</b> , and <b>Saturdays, 1:00 p.m. – 4:00 p.m.</b> to assess your needs & connect you with care. <b>410-938-5302</b> <a href="http://www.sheppardpratt.org/care-finder/virtual-crisis-walk-in-clinic">www.sheppardpratt.org/care-finder/virtual-crisis-walk-in-clinic</a>  The Crisis Walk-In Clinic on Sheppard Pratt <b>Towson's</b> campus remains open & is accepting in-person visits.	Medicaid, Medicare, Private Insurance, Self-Pay	Yes	Unknown	Yes - <a href="http://www.sheppardpratt.org/care-finder/virtual-crisis-walk-in-clinic/">www.sheppardpratt.org/care-finder/virtual-crisis-walk-in-clinic/</a>

**Maura J. Rossman, M.D., Health Officer**

<b>Sibus Treatment Services</b>	6170 Hunt Club Rd Elkridge, MD 21075 (443) 820-3234 <a href="mailto:info@sibus-mat.com">info@sibus-mat.com</a> <a href="http://www.sibus-mat.com">www.sibus-mat.com</a>	Opioid Maintenance Therapy, methadone and buprenorphine, Adult males, females, and pregnant females  Medication Assisted Treatment (MAT): Methadone & Buprenorphine	Medicaid & Self-pay	Yes	No	Yes – telehealth & in-person services
<b>Silverman Treatment Solutions</b>	M 100 8930 Stanford Boulevard, Columbia, MD 21045 443- 285-0807 <a href="http://www.silvermantreatment.com">www.silvermantreatment.com</a>	Opioid Maintenance Therapy, Early Intervention, Outpatient, Intensive Outpatient, Ambulatory Detox, Methadone and Buprenorphine. Adult males and females & pregnant females. Medication Assisted Treatment (MAT): Vivitrol, Methadone, Buprenorphine	Medical Assistance, Self-Pay	Yes	No	Yes – telehealth & in-person
<b>Stellar Marks, LLC</b>	10440 Shaker Drive, Suite 105, Columbia, MD 21046 443-878-3544 <a href="http://www.samanthamarks.com">www.samanthamarks.com</a> <a href="mailto:dr.sam.marks@gmail.com">dr.sam.marks@gmail.com</a>	Specializes in ADHD, Autism Spectrum Disorder. Works with teenagers and young adults with all issues, including “Failure to Launch”. Performance psychology with athletes, musicians, and other performers. * ProBono Counseling Project, - couple of spots for college students. I’d provide 6 individual telehealth sessions(video) to help college students get through their semesters online.	Self-pay	Yes	Yes	Yes - HIPPA Compliant Telehealth
<b>THRIVE Emerge</b>	6310 Stevens Forest Road, Suite 100. Columbia, MD 21046 410-740-3240 <a href="http://www.psychmaryland.com">www.psychmaryland.com</a> <a href="mailto:psc@psychmaryland.com">psc@psychmaryland.com</a>	Therapists, Psychiatrists and Executive Function Coaches provide services for Children, Adolescents, Couples, Parents and Adults. Specialty programs in ADHD, Young Adults Struggling to Launch, Work Life mental health, Social Skills groups and Executive Function coaching.	Sliding Scale Fee, Self-Pay, instituted a reduced-rate policy	Unknown	No	Yes - new evaluations for medication management & talk therapy (group, family, individual)