



RESOURCE	CONTACT INFO	SERVICES PROVIDED
COVID-19 RESOURCES		
Howard County Health Department Coronavirus warmline	410-313-6284, 8am-8pm, 7 days a week	For questions specific to the COVID-19
211 Coronavirus line	Call 211, press 2, then press 8	24-hour information
CRISIS RESOURCES		
Howard County Emergency Communications	911 or 410-313-2200, 24 hours	Police, fire, ambulance
Grassroots Crisis Hotline	410-531-6677, 24 hours	Crisis counseling for mental illness, family stress, and general support; substance use services; resources for homelessness and housing crisis; small food pantry; referral source for resources
Mobile Crisis Team	410-531-6677, 9am-11pm, 7 days a week	Respond to incidents in the community for individuals experiencing suicidal or homicidal ideation, markedly increased mental illness symptoms, or sudden/traumatic loss
HopeWorks	410-997-2272, 24 hours	Hotline and connection to resources for those who have experienced intimate partner violence, sexual assault, and human trafficking
211, press 1	Call 211, press 1	Crisis counseling for mental illness and referral to treatment for substance misuse
National Suicide Prevention Lifeline	1-800-273-TALK, 24 hours	Hotline for those who need support for symptoms of mental illness and/or thoughts of suicide
Trevor Lifeline	1-866-488-7386	Crisis intervention and suicide prevention hotline for LGBTQ+ youth
GENERAL RESOURCES		
Maryland Access Point	1-844-MAP-LINK or 410-313-1234	Info, referral and assistance for community members who are 50+ and/or have disabilities, and their caregivers

Senior Call Check	1-866-50-CHECK (1-866-502-0560)	A daily call to check on senior residents who live alone
Howard County Public Schools	Hcpss.org	Up to date information about schools
Howard County CARE Line	410-313-CARE (2273)	Resource and referral source for families with children
Community Action Council	410-313-6440, https://www.cac-hc.org/cacs-reponse-to-the-coronavirus/	Energy and utility assistance; Mon, Tues, Thur, Fri- 8:30am-4:30pm; Wed-1pm-4:30, and online application options
Howard County Food Bank	410-313-6185	Distribution Hours: Mon-1pm-6pm; Tues & Thurs-1pm-4pm; Donation Hours: Mon-Fri-9am-3pm (CALL AHEAD)
Laurel Advocacy and Referral Services (LARS)	301-776-0442	For Laurel residents; emergency housing and utility resources; limited homeless services; food pantry (CALL AHEAD)
Smart Recovery	https://www.smartrecovery.org/	Online and in-person meetings for to resolve addictive issues
Maryland Health Connection	410-500-4710, https://www.marylandhealthconnection.gov/	8am-6pm; assistance enrolling in health insurance

Food distribution through Howard County Public Schools

Beginning Tuesday, March 17, we will be providing free “Grab-N-Go” nutritious meals to anyone age 18 and under at four school sites and five mobile sites. Meals will be available from 11:30 a.m.–1:30 p.m., weekdays, Tuesday, March 17 through Friday, March 27. Participants will be given a Grab-N-Go lunch for that day, as well as a Grab-N-Go breakfast for the following day.

School Sites:

- Howard High School, 8700 Old Annapolis Road, Ellicott City
- Oakland Mills Middle School, 9540 Kilimanjaro Road, Columbia
- Swansfield Elementary School, 5610 Cedar Lane, Columbia
- Cradlerock Elementary School/Lake Elkhorn Middle School, 6680 Cradlerock Way, Columbia

Mobile Sites:

- Laurel Woods Elementary School Parking Lot, 9250 North Laurel Road, Laurel
- Ducketts Lane Elementary School Parking Lot, 6501 Ducketts Lane, Elkridge
- Bushy Park Elementary School Parking Lot, 14601 Carrs Mill Road, Glenwood
- Monarch Mills Apartments, 7600 Monarch Mills Way, Columbia
- Forest Ridge Apartments, 5890 Stevens Forest Rd, Columbia

Food Distribution through 50+ and Senior Centers

Scheduled meal programs will be held at the Bain Center, the 50+ Center in Ellicott City, and the North Laurel 50+ Center