Howard County LHIC

Local Health Improvement Coalition

Upcoming Partner Mental Health First Aid & Suicide Intervention Program Instructor Courses

The Howard County Local Health Improvement Coalition (HCLHIC) is working to increase participation in evidence-based mental health and suicide prevention education and stigma reduction programs by 20% in order to reduce emergency department visits related to mental health conditions and decrease suicide rates in Howard County. HCLHIC partner organizations including: *Howard County General Hospital, Grassroots Crisis Intervention, Humanim and the Mental Health Association of Maryland* are collaborating to make these programs accessible to the community.

You can help by sharing these upcoming partner programs!

MENTAL HEALTH FIRST AID & SUICIDE INTERVENTION INSTRUCTOR PROGRAMS			
Program Name & Link	Dates	Program Description	Location
safeTalk Training for Trainers <u>https://bit.ly/2MsdZjd</u>	10/10/18 -10/11/18 8:30 – 5:00pm * Participants must have attended the 2-day ASIST workshop within the last 24 months	safeTALK T4T is a two-day course that prepares local resource persons to be trainers of the safeTALK workshop. Register here: <u>https://www.livingworks.net/training-and-trainers/find-a-training-workshop/view/14429</u>	Spring Grove Hospital Center 55 Wade Avenue Vocational Rehabilitation Building Catonsville, MD 21228 410-402-8576 janel.cubbage@maryland.gov
Youth Mental Health First Aid YOUTH INSTRUCTOR CERTIFICATION COURSE <u>https://bit.ly/2Hmj9ur</u>	10/15/18 -10/19/18 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the youth course — and you don't have to be a mental health clinician.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 mhfatraining@mhamd.org
Youth Mental Health First Aid YOUTH INSTRUCTOR CERTIFICATION COURSE <u>https://bit.ly/2w6Lsp3</u>	11/05/18 -11/09/18 9:30 – 5:00pm *Priority will be given to MD-AWARE school districts for this training.	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the youth course — and you don't have to be a mental health clinician.	
Mental Health First Aid ADULT INSTRUCTOR CERTIFICATION COURSE <u>https://bit.ly/2qVrlqv</u>	12/3/18 - 12/7/18 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the core course— and you don't have to be a mental health clinician.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 mhfatraining@mhamd.org

Newly trained? Are you interested in collaborating to host a Mental Health First Aid or QPR Training? The HCLHIC can help connect you to other trained facilitators and community organizations that can help! Contact: <u>lhic@howardcountymd.gov</u> or call (410) 313-6204