

## Upcoming Partner Mental Health First Aid & Suicide Intervention Program Instructor Courses

The Howard County Local Health Improvement Coalition (HCLHIC) is working to increase participation in evidence-based mental health and suicide prevention education and stigma reduction programs by 20% in order to reduce emergency department visits related to mental health conditions and decrease suicide rates in Howard County. HCLHIC partner organizations including: Howard County General Hospital, Grassroots Crisis Intervention, Humanim and the Mental Health Association of Maryland are collaborating to make these programs accessible to the community.

## You can help by sharing these upcoming partner programs!

MENTAL HEALTH FIRST AID & SUICIDE INTERVENTION INSTRUCTOR PROGRAMS					
Program Name & Link	Dates	Program Description	Location		
Mental Health First Aid ADULT INSTRUCTOR CERTIFICATION COURSE  https://bit.ly/2qVrlqv	12/3/18 - 12/7/18 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the core course— and you don't have to be a mental health clinician.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 mhfatraining@mhamd.org		
Youth Mental Health First Aid YOUTH INSTRUCTOR CERTIFICATION COURSE  https://bit.ly/2PaKlvb	02/11/19 -02/15/19 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the youth course — and you don't have to be a mental health clinician.			
Mental Health First Aid ADULT INSTRUCTOR CERTIFICATION COURSE https://bit.ly/2AGf6D1	3/4/19 - 3/8/19 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the core course— and you don't have to be a mental health clinician.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 mhfatraining@mhamd.org		
Mental Health First Aid ADULT INSTRUCTOR	5/13/19 - 5/17/19 9:30 – 5:00pm	Bring Mental Health First Aid to your organization or community by certifying as an instructor. Using a train-the-trainer model, the five-day instructor training course fully prepares you to teach the	•		

CERTIFICATION COURSE	core course— and you don't have to be a mental health clinician.	Lutherville, MD 21093
		443-901-1550 ext. 229
https://bit.ly/2FO55cM		mhfatraining@mhamd.org

Newly trained? Are you interested in collaborating to host a Mental Health First Aid or QPR Training?

The HCLHIC can help connect you to other trained facilitators and community organizations that can help!

Contact: <a href="mailto:lhic@howardcountymd.gov">lhic@howardcountymd.gov</a> or call (410) 313-6204