

Upcoming Partner Mental Health First Aid Classes & Suicide Intervention Programs

The Howard County Local Health Improvement Coalition (HCLHIC) is working to increase participation in evidence-based mental health and suicide prevention education and stigma reduction programs by 20% in order to reduce emergency department visits related to mental health conditions and decrease suicide rates in Howard County. HCLHIC partner organizations including: *Howard County General Hospital, Grassroots Crisis Intervention, Humanim and the Mental Health Association of Maryland* are collaborating to make these programs accessible to the community.

You can help by sharing these upcoming partner programs!

MENTAL HEALTH FIRST AID PROGRAMS			
Program Name & Link	Dates	Program Description	Location
Mental Health First Aid https://bit.ly/2vEf3Zb	7/18/18 and 7/19/18 9:00 – 1:00pm *Cost is \$119; full and partial scholarships available	MHFA provides training on a five-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and tools on how to connect them with the appropriate care.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229 mhfatraining@mhamd.org
Youth Mental Health First Aid https://bit.ly/2Hmsjml	8/8/18 and 8/9/18 1:00 – 5:00pm *Cost is \$119; full and partial scholarships available **Must be 18 and older to attend	YMHFA provides training for adults that work with youth ages 12-18 on a five-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and tools on how to connect youth ages 12-18 with the appropriate care.	Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093 443-901-1550 ext. 229
Mental Health First Aid https://bit.ly/2vq059h	9/07/18 8:30 – 4:30pm *FREE for Howard County residents and employees	MHFA provides training on a five-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and tools on how to connect them with the appropriate care. Registration for HCGH MHFA is online at www.hcgh.org .	Howard County General Hospital Wellness Center Medical Pavilion 10710 Charter Drive, Suite 100 Columbia, MD 21044 410-740-7601

<p>Youth Mental Health First Aid https://bit.ly/2qVhFFf</p>	<p>10/4/18 and 10/5/18 1:00 – 5:00pm</p> <p>*Cost is \$119; full and partial scholarships available</p> <p>**Must be 18 and older to attend</p>	<p>YMHFA provides training for adults that work with youth ages 12-18 on a five-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and tools on how to connect youth ages 12-18 with the appropriate care.</p>	<p>Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093</p> <p>443-901-1550 ext. 229 mhfatraining@mhamd.org</p>
<p>Youth Mental Health First Aid https://bit.ly/2FavPid</p>	<p>10/5/18 8:30 – 5:00pm</p> <p>*FREE for Howard County residents and employees</p> <p>**Must be 18 and older to attend</p>	<p>YMHFA provides training for adults that work with youth ages 12-18 on a five-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and tools on how to connect youth ages 12-18 with the appropriate care.</p> <p>Registration for HCGH MHFA is online at www.hcgh.org.</p>	<p>Howard County General Hospital Wellness Center Medical Pavilion 10710 Charter Drive, Suite 100 Columbia, MD 21044</p> <p>410-740-7602 jstanton6@jhmi.edu</p>
<p>Mental Health First Aid https://bit.ly/2HTACrp</p>	<p>10/11/18 8:30 – 5:00pm</p> <p>*FREE for Howard County residents and employees</p>	<p>MHFA provides training on a five-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and tools on how to connect them with the appropriate care.</p>	<p>Hosted by Grassroots Crisis Intervention Location TBD</p> <p>410-531-6006 amanda@grassrootscrisis.org</p>
<p>Mental Health First Aid https://bit.ly/2JkRzKy</p>	<p>11/1/18 and 11/2/18 9:00 – 1:00pm</p> <p>*Cost is \$119; full and partial scholarships available</p>	<p>MHFA provides training on a five-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and tools on how to connect them with the appropriate care.</p>	<p>Mental Health Association of Maryland 1301 York Road, Suite 505 Lutherville, MD 21093</p> <p>443-901-1550 ext. 229 mhfatraining@mhamd.org</p>
<p>Mental Health First Aid https://bit.ly/2EXYkQa</p>	<p>11/16/18 8:30 – 4:30pm</p> <p>*FREE for Howard County residents and employees</p>	<p>MHFA provides training on a five-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and tools on how to connect them with the appropriate care.</p> <p>Registration for HCGH MHFA is online at www.hcgh.org.</p>	<p>Howard County General Hospital Wellness Center Medical Pavilion 10710 Charter Drive, Suite 100 Columbia, MD 21044</p> <p>410-740-7601</p>

SUICIDE INTERVENTION PROGRAMS

Program Name & Link	Dates	Program Description	Location
<p>Webinar: Suicide Prevention in the Era of Social Media</p> <p>https://bit.ly/2rNXn94</p>	<p>6/14/18 11:00 am</p> <p>*FREE but registration is required</p>	<p>This webinar will explore the steps social media platforms are taking to identify users that may be at risk of suicide and connecting them with lifesaving resources.</p> <p>Please note this is an online event. Once attendees register, they will receive the webinar link in their confirmation email.</p> <p>Register here: https://www.eventbrite.com/o/marylands-suicide-prevention-and-early-intervention-network-17075762441</p>	<p>Hosted by Maryland's Suicide Prevention and Early Intervention Network</p>
<p>Beacon Health Options Regional Forum- Suicide Prevention and Intervention in Children and Adolescents</p> <p>https://bit.ly/2Lcucoe</p>	<p>6/27/18 8:00 – 12:00pm</p> <p>*3 CEU hours will be issued for this training.</p>	<p>This Regional Forum will focus on “Suicide Prevention and Intervention in Children and Adolescents”. This training will be presented by Mary Cwik, PhD from The Johns Hopkins School of Medicine and Public Health.</p>	<p>Howard Community College, Gateway Campus, Charles I. Ecker Business Training Center 6751 Columbia Gateway Drive, 1st Flr., Conf. Rm 5 Columbia, MD 21046</p>
<p>Safe Space Training by Grassroots</p> <p>https://bit.ly/2JDLdqq</p>	<p>7/13/18 9:00- 5:00 pm</p> <p>* FREE for Howard County residents and employees. CEUs are available</p>	<p>The Safe Space training has been designed by Grassroots as a suicide prevention and intervention model that focuses on the LGBTQ+ population and their increased risk for suicide.</p>	<p>Nonprofit Center 9770 Patuxent Woods Drive Columbia, MD 21046</p>
<p>Suicide Prevention is Everyone’s Business: The Role that We Play as Providers</p> <p>https://bit.ly/2JeV6Om</p>	<p>7/24/18 9:00 - 12:15pm</p> <p>*Cost: \$45</p>	<p>This suicide intervention workshop will provide an overview of suicide in public health and discuss the role providers and educators play in prevention.</p>	<p>Maryland Center for Developmental Disabilities at Kennedy Krieger Institute 7000 Tudsbury Road MCDD Training Room Baltimore, MD 21244</p>
<p>Webinar: Engaging Youth and Young Adults in Suicide Prevention</p> <p>https://bit.ly/2rNXn94</p>	<p>8/9/18 11:00 am</p> <p>*FREE but registration is required</p>	<p>This webinar will explore effective ways to engage youth and young adults in suicide prevention.</p> <p>Please note this is an online event. Once attendees register, they will receive the webinar link in their confirmation email.</p>	<p>Hosted by Maryland's Suicide Prevention and Early Intervention Network</p>

		Register here: https://www.eventbrite.com/o/marylands-suicide-prevention-and-early-intervention-network-17075762441	
9th Annual Suicide Prevention Symposium https://bit.ly/2FakbUJ	9/14/18 11:00 – 4:00pm *\$30; will include Social Worker CEU's & lunch	This annual conference offers professional education on suicide, the 2nd leading cause of death for young people, by increasing awareness of suicide as a public health issue, sharing new knowledge in the field of suicide prevention, and offering networking opportunities with mental health practitioners in attendance.	Association of Community Services of Howard County 9770 Patuxent Woods Drive Columbia, MD 21046 410-531-6006 amanda@grassrootscrisis.org
(QPR) QUESTION-PERSUADE-REFER https://bit.ly/2J7JuZP	10/2/18 6:30 – 8:30pm *FREE for Howard County residents and employees	QPR is a basic suicide prevention gatekeeper training designed for individuals who do not have training/experience in suicide intervention	Howard County General Hospital Wellness Center Medical Pavilion 10710 Charter Drive, Suite 100 Columbia, MD 21044 410-740-7601
Webinar: Suicide Prevention to Support Veterans and Military Connected Families https://bit.ly/2lp2aIK	10/18/18 11:00 am *FREE but registration is required	This webinar will explore strategies for suicide prevention to support veterans and military connected families. Please note this is an online event. Once attendees register, they will receive the webinar link in their confirmation email. Register here: https://www.eventbrite.com/o/marylands-suicide-prevention-and-early-intervention-network-17075762441	Hosted by Maryland's Suicide Prevention and Early Intervention Network
Webinar: Suicide Prevention in the Holiday Season https://bit.ly/2lrydDK	12/13/18 11:00 am *FREE but registration is required	This webinar will explore suicide prevention in the holiday season. Please note this is an online event. Once attendees register, they will receive the webinar link in their confirmation email. Register here: https://www.eventbrite.com/o/marylands-suicide-prevention-and-early-intervention-network-17075762441	Hosted by Maryland's Suicide Prevention and Early Intervention Network

**Are you interested in hosting a Mental Health First Aid or QPR Training
for your business, faith community, fraternity/sorority or other community group?
The HCLHIC can help connect you to trained facilitators and community organizations that can help!
Contact: lhic@howardcountymd.gov or call (410) 313-6204**