September 16, 2024

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit, please send them via email to lhic@howardcountymd.gov.

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**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* The next Full HCLHIC meeting is October 17 from 9:00am to 11:00am.[**Link**](https://www.eventbrite.com/e/2024-hclhic-full-coalition-meetings-tickets-726290964827?aff=oddtdtcreator)**.**
* Howard County to celebrate National Falls Prevention Awareness Week starting September 23. [Link](https://www.hclhic.org/healthy/older-adult).
* Howard County will Celebrate Walktober in October. [**Link**](https://www.howardcountymd.gov/walktober)**.**
* STOP THE BLEED training to be administered to Howard County Public School health and P.E. teachers. [Link](https://www.youtube.com/watch?v=PBD02EUH4kw).
* Howard County celebrates Business Appreciation Week October 7 – 11. [**Link**](https://www.eventbrite.com/e/howard-county-business-appreciation-week-2024-registration-936580436297?aff=oddtdtcreator).
* Find free or reduced cost movement and exercise programs on the HCLHIC Physical Activity webpage. [Link](https://www.hclhic.org/healthy/physical-activity).
* Howard County to celebrate National Suicide Prevention Month in September.[**Link**](https://m.facebook.com/story.php/?story_fbid=872362837594561&id=100044625570397#:~:text=September%20marks%20National%20Suicide%20Prevention,impactful%20issue%20in%20our%20community.).
* Howard County Executive Calvin Ball Opens New Boys & Girls Club in Innovative Partnership with Howard Community College. [Link](https://www.youtube.com/watch?v=3a7w4zSlmYE&feature=youtu.be).

**FUNDING OPPORTUNITIES**

**Title: 2025 HBI Road Map Strategist RFA**

**Description:** Become part of a select group of change agents from across the nation working to address dementia using a public health approach. Hosted in collaboration with NACCHO, the year-long Road Map Strategists program provides 10 LHDs funding of up to $48,000 each - along with education, peer support and technical assistance - to develop expertise on dementia and implement strategies to address dementia in their communities. Applications are due September 26, 2024

**Applications Deadline:** September 26, 2024. [Apply](https://www.naccho.org/uploads/downloadable-resources/2025-HBI-Road-Map-Strategist-RFA.pdf)

**Title: Horizon Foundation Organizing and Advocacy Grant Opportunity**

**Description:** Grantees will be awarded up to $100,000. Grantees may receive funding for up to 2 years. Funding will support organizations to co-create solutions focused on three initial housing priorities: expanding renter protections, sustaining homeownership and strengthening systems to advance housing justice. Strategies/Activities could include tenant organizing, policy change, power building and community engagement. Grantees will be expected to collaborate with the Foundation and fellow grantees in a co-creation process that will begin January 2025.

**Applications Deadline:** October 8, 2024. [Apply](https://www.thehorizonfoundation.org/2024-advancing-community-advocacy-fellowship/)

**Title: Housing Service Provider Workgroup Grant Opportunity**

**Description:** Grantees will be awarded up to $10,000 to participate in a workgroup. that will identify prevention strategies to address housing insecurity, explore ways to strengthen service coordination and make policy recommendations to support systems change. Grantees will be expected to select 1 – 2 representatives to attend 6 bimonthly meetings from January – December 2025.

**Applications Deadline:** October 8, 2024. [Apply](https://www.thehorizonfoundation.org/2024-housing-justice-rfp/)

**Title: Women’s Health Research**

**Description:** In alignment with the White House Initiative on Women’s Health Research, the Office of Research on Women's Health has released a new NOSI to highlight interest in receiving research applications focused on diseases and health conditions that predominantly affect women (e.g., autoimmune diseases; depressive disorders, Alzheimer’s disease (AD) and Alzheimer’s disease-related dementias (ADRD), gender-based-violence), present and progress differently in women (e.g., cardiovascular disease; HIV; reproductive aging and its implications), or are female-specific (e.g., uterine fibroids; endometriosis; menopause).

**Applications Deadline:** Submission dates vary by awarding NIH Institute or Center Contacts. [Apply](https://grants.nih.gov/grants/guide/notice-files/NOT-OD-24-079.html)

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

**Title: Your Oral Health and Healthy Aging**

**Description**: Join in this informative and interactive webinar on Thursday, September 26, 12pm to 12:30, a United Concordia Dental oral wellness consultant will reveal the connection between oral health and healthy aging. Insightful dental care tips and practical home care strategies will be shared so that you'll always have a reason to smile!

**Date/Time:** September 26, 2024, Thursday 12:00pm - 12:30pm

Register using the [link](https://highmarkhealth.zoom.us/meeting/register/tJAoc-CtrzotHtGEangENWYXXvqiT-QOXC1j?_x_zm_rtaid=B0CosaSvS6Cwzz4EZ4dM4w.1726511583595.eb96f81f3c80ba1319430526809d4a42&_x_zm_rhtaid=585#/registration).

**Title: SAILS inaugural Celebration Gala**

**Description**: Join SAILS as they come together to uplift, support, and remember on November 22, 2024, 6pm to 10pm. A heartfelt gathering dedicated to supporting families navigating the difficult journey of the loss of a baby.

**Date/Time:** November 22, 2024, 6:00pm – 10:00pm.

Register using the [link](https://allevents.in/silver%20spring/raising-the-sails-inaugural-gala/200026864900002).

**Title: Kindergarten Readiness Learning Festival**

**Description**: A campaign to support parents of African American infants, toddlers and preschoolers to help them prepare their children to be Kindergarten ready. Sign up for free baby items, enjoy fun family activities and more. Free, registration is requested for box lunch count.

**Date/Time:** Saturday September 28, 2024, 11:00am - 2:30pm.

Register using the [link](https://docs.google.com/forms/d/e/1FAIpQLScyvlFGdP7WfzF2t7G1pXgRFDlVViSQzpyCTRBqx78rUELqAw/viewform).

**Title: Early Intervention Services Birth - Five**

**Description**: Concerned about your child’s development? Howard County Early Intervention Services can help! The Howard County Public School System (HCPSS) will offer free developmental consultations for parents of children (birth to age 5) at the Elkridge library.

**Date/Time:** Tuesday September 17, 2024, 10:00am-12:30pm.

More information here.

**Title: Free Bikes 4 Kidz**

**Description**: Free Bikes 4 Kidz (FB4K) Maryland is a Howard County-based non-profit organization geared toward helping all kids ride into a happier, healthier, more independent childhood by providing bikes to those most in need. You can help by stopping by any Howard County fire station from 9:00 a.m. to 2:00 p.m. on Saturday, October 5th to donate any bike you no longer need.

**Date/Time:** Saturday October 5, 2024, 9:30am.

More information [here](https://fb4kmaryland.org/).

**Title: The Power of Partnering with Your Childcare Provider**

**Description**: A parent’s involvement in their child's development plays a crucial role in their personal growth and lifelong success. Join Howard County Office of Children and Families to explore the importance of building strong partnerships with your child's program and offer strategies to enhance communication, proactively navigate challenges and engage with teachers and providers.

**Date/Time:** Tuesday September 24, 2024, 7:00 virtual workshop.

Register using the [link](https://www.activekids.com/columbia-md/parenting-and-family/classes/the-power-of-partnering-with-your-childcare-provider-2024).

**HEALTHY LIVING**

**Title: 2024 Falls Prevention Activities**

**Description:** Falls among older adults continue to be a national public health concern. Falls Prevention Awareness Week is Sept. 23-27, 2024 and is a nationwide observance to raise awareness on preventing falls, reducing the risk of falls, and helping older adults live without fear of falling. Please visit the HCLHIC website to check out and share Falls Prevention events going on this month!

**Date/Time:** September 23 -27, 2024

More information [here](https://www.hclhic.org/healthy/older-adult).

**Title: BikeAround Downtown**

**Description**: Learn about health disparities by race in Howard County with the Horizon Foundation, then enjoy presentations and conversations with local organizations working for health equity. Hear about ways to get involved for change.

**Date/Time:** Saturday September 21, 2024, 9:00am

Register using the [link](https://runsignup.com/Race/MD/Columbia/BikeAroundDowntownColumbiaFall).

**Title: National Preparedness Month**

**Description:** September is National Preparedness Month, a time to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. OEM will also be hosting a “Preparing for the Unexpected” workshop in-person next Tuesday, September 17th at 6:30 p.m. at the County’s Harriet Tubman Cultural Center in Columbia and virtually on Thursday, September 26th at 6:30 p.m.

**Date/Time:** Thursday, September 26, 2024, 6:30pm - 7:30pm

Register using the[link](https://lp.constantcontactpages.com/ev/reg/m2ckx2c/lp/580c6aa4-78ea-4f1c-b0d8-4379607bcaaf?source_id=1206f43e-6f6a-43a2-8e38-9e9bbd0e7204&source_type=em&c=CMRGUUwtCmnNk5pJiSXX8oq-wdxw85d69wsizwHEkixCWw0qWExkEw==).

**Title: Inaugural AAPI Business Summit**

**Description:** Ignite your entrepreneurial spirit at Howard County’s first Asian American & Pacific Islander (AAPI) Business Summit hosted with our partners at the AAPI Commission, the County’s Office of Human Rights and Equity, and the Howard County Economic Development Authority!

**Date/Time:** Tuesday**,** September 24, 2024, 5:00pm – 8:00pm

Register using the [link](https://www.eventbrite.com/e/asian-american-pacific-islander-business-summit-tickets-990977318837).

**Title: Health and Wellness Fair**

**Description:** Mark your calendars and join HCEDA on Wednesday, September 25th for its free Health and Wellness Fair. Hosted in collaboration with Princess Akeema Holistic Care and Revive Trinity, this vibrant celebration of health and wellness showcases small and local businesses passionate about promoting a healthy lifestyle and fostering a sense of community.

**Date/Time:** Wednesday**,** September 25, 2024, 9:00am – 2:00pm

Register using the[link](https://www.eventbrite.com/e/health-wellness-fair-tickets-934508137997?aff=oddtdtcreator).

**Title: Maryland Access Point 101**

**Description**: The Maryland Department of Aging's Maryland Access Point (MAP) is a gateway to long term services and support in Maryland. Hear from a MAP specialist about how to access private and public long-term care support such as financial aid, senior community centers and clubs, nutritious meals, pharmacy assistance, housing, volunteer opportunities, and more. All MAP services are free. Mark your Calendar and join in on Monday September 30, 11:45am to 12:30pm.

**Date/Time:** Monday September 30, 11:45am to 12:30pm

Register using the [link](https://meet.google.com/kwi-tpsp-qhw?authuser=0&hs=122&pli=1).

**Title: Health Equity in Emergency Preparedness and Response**

**Description:** Join CDC’s Office of Health Equity (OHE) and our partners to learn about the importance of health equity in emergency response and preparedness. OHE and CDC’s Office of Readiness and Response will present on its emergency response work, including the establishment of the Chief Health Equity Officer (CHEO) unit in CDC emergency responses.

**Date/Time:** Wednesday**,** October 23, 2024, 3:00pm – 4:30pm

Register using the[link](https://cdc.zoomgov.com/webinar/register/WN_zprBdx3hT2ynn3USQFdsKg#/registration).

**Title: Every Step Counts Autism Walk & 5k Run**

**Description:** Each year, the Autism Society of Maryland's Every Step Counts Autism Walk & 5K Run brings together those touched by Autism and members of the broader community in a supportive, energizing, fun environment. Join us! Together we are #AutismStrongMD. The goal is to raise $120,000 toward programs and services for the local Autism community that is more than 8,000 strong

**Date/Time:** Saturday, October 5, 2024, 10:00am - 12:00pm

Register using the[link](https://www.grants.gov/search-results-detail/343551?rsus=200-500-5205a769-2727-4d03-8d04-46d9e3fbd206).

**HEALTHY MINDS**

**Title: Howard County Out of the Darkness Walk**

**Description**: Join on September 21, 2024 9am for the annual Howard County Out of the Darkness Walk to raise awareness for mental health and suicide prevention. Funds raised will benefit the American Foundation for Suicide Prevention and its Maryland Chapter.

**Date/Time:** Saturday September 21, 2024, 9am.

Register using the [link](https://supporting.afsp.org/index.cfm?fuseaction=donorDrive.event&eventID=10381).

**Title: Social Isolation and Loneliness**

**Description**: This webinar features a discussion on how isolation and loneliness are public health issues, the different forms and significance of social connections in buffering experiences of loneliness, and evidence-based interventions, both in communities and within health departments. The webinar focuses on New Jersey's approach to coordinating public health partners to address isolation and loneliness as a public health issue.

**Date/Time:** September 26, 2024 12pm to 1:00pm.

Register using the [link](https://phmc-org.zoom.us/webinar/register/WN_ZrXQzyPBR1yMwXuxFoelPQ#/registration).

**Title: Mindful Mosaics: Mindfulness Painting**

**Description**: join Mindful Mosaic first event, Mindfulness Painting, a student-led initiative in Howard County dedicated to spreading awareness about mental health in teens. The event will be held in the Belmont Room on October 19, 2024 1pm – 2pm.

**Date/Time:** October 19, 2024 1pm – 2pm.

Register using the [link](https://howardcounty.librarycalendar.com/event/mindful-painting-262735).

**Title: NAMI Maryland’s 42nd Annual Conference**

**Description:** NAMI Maryland’s 42nd Annual Conference will be held virtually on October 4th and 5th, 2024! This year’s conference will bring together experts, advocates, and individuals passionate about mental health. Together, we’ll delve into crucial topics, foster insightful conversations, and work towards improving the lives of those affected by mental illness.

**Date/Time:** October 4 – 5, 2024

Register using the [link](https://www.acshoco.org/events/acs-events/).

 **OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* The Maryland Family Network will host a Responsive Training Sympodium on September 23. [Link](https://www.marylandfamilynetwork.org/events/responsive-training-sympodium)
* HCPSS is offering “What Your Child Will Learn” Guides. [**Link**](https://www.hcpss.org/academics/what-your-child-will-learn-guides/)**.**
* What Parents Say about Changing Mandated Reporting. [Link](https://www.childwelfare.gov/stay-connected/events/september-2024-strengthening-families-webinar-what-parents-say-about-changing/)
* School knowledge of infectious diseases in schools article. [Link](https://pubmed.ncbi.nlm.nih.gov/39109148/).
* Rising suicide rates among preteens points to urgent need for interventions article. [**Link**](https://www.deseret.com/family/2024/07/31/preteen-suicide-rate-increase-young-girls-minorities/?utm_medium=email&utm_source=govdelivery)**.**
* AI-Powered Device Estimated Gestational Age as Accurately as Sonographers article. [**Link**](https://www.medpagetoday.com/obgyn/pregnancy/111358?xid=nl_mpt_DHE_2024-08-02&mh=f80893805c96b03be10da3d9b0486440&utm_source=Sailthru&utm_medium=email&utm_campaign=Daily%20Headlines%20Evening%202024-08-02&utm_term=NL_Daily_DHE_dual-gmail-definition).
* Targeted Agent Promising for Life-threatening Fetal Condition article. [**Link**](https://www.medpagetoday.com/pediatrics/generalpediatrics/111412?xid=nl_mpt_DHE_2024-08-07&mh=f80893805c96b03be10da3d9b0486440&utm_source=Sailthru&utm_medium=email&utm_campaign=Daily%20Headlines%20Evening%202024-08-07&utm_term=NL_Daily_DHE_dual-gmail-definition)**.**

**Healthy Living**

* Healthy People 2030: Empowering Diabetes Prevention, Treatment, and Management webinar on September 25 at 11:00am. [**Link**](https://norc.zoom.us/webinar/register/WN_BBayktQySMu6_TLtHCJaTg?source=govdelivery&utm_medium=email&utm_source=govdelivery#/registration)**.**
* The Boys and Girls Club of Metropolitan Baltimore is recruiting for the The Club in Howard Community College. [Link](https://www.youtube.com/watch?v=3a7w4zSlmYE&feature=youtu.be).
* Registration for the 2024 Safe Routes to School National Conference is open. [**Link**](https://web.cvent.com/event/25fffaa0-4df9-41de-b00f-021558eea253/websitePage%3Ade3c8a65-4734-48fe-9e3b-0c0ed28efe12).
* Recreation & Parks 2024 Fall Activity Guide is available online. [**Link**](https://www.howardcountymd.gov/recreation-parks/resource/2024-fall-activity-guide).
* Registration for the American Public Health Association Annual Meeting & Expo is open. [Link](https://www.apha.org/Events-and-Meetings/Annual/?utm_source=Informz&utm_medium=email&utm_campaign=APHA%20Website&_zs=cfnSe&_zl=d0m94).
* Rachell L. Gray Community Foundation will continue their Fresh Produce initiative on October 28. [**Link**](https://www.rlgcommunityfoundationhelp.org/event-details/monthlyfresh-produce-12).

**Healthy Minds**

* Finding Joy in Your Work with Daily Practice for Love and Happiness Webinar on September 9. [link](https://register.gotowebinar.com/rt/8475161412367764063).
* Live A Happy Life with Growing Happiness in the Mind Meditation Webinar on September 16. [link](https://register.gotowebinar.com/rt/8475161412367764063)
* Happy Habits with Breaking Bad Habits Meditation Webinar on September 23. [link](https://register.gotowebinar.com/rt/8475161412367764063)
* Upgrade Your Mindset with Positive Thinking Meditation Webinar on September 30. [link](https://register.gotowebinar.com/rt/8475161412367764063)
* Kaiser Permanente is hosting A Mindful Approach to Caregiving webinar on September 26. [Link](https://event.on24.com/wcc/r/4639807/176BD634F4A67E254AA1D6E0191B7AB4)
* Register for the Integrative Medicine for Mental Health 2024 Conference. [Link](https://www.immh.org/event/fb0a2399-b900-4974-808d-585e2a35c5e2/websitePage%3Ac63f4749-fa71-48d3-badb-2da1895fed90)
* Register for the 2024 Mental Health Services Conference. [Link](https://mdpsych.org/meetings/2024-mental-health-services-conference/)