August 1, 2024

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit, please send them via email to lhic@howardcountymd.gov.

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**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* The next Full HCLHIC meeting is October 17 from 9:00am to 11:00am. [Link](https://www.eventbrite.com/e/2024-hclhic-full-coalition-meetings-tickets-726290964827?aff=oddtdtcreator).
* Howard County Executive Calvin Ball Seeks Community Members for Adult-Use Cannabis Advisory Panel. [Link](https://www.howardcountymd.gov/boards-commissions).
* Columbia named the best place to live in Maryland. [Link](https://www.youtube.com/watch?v=G-VZWJ70Wlk).
* The Rachell L. Gray Community Foundation is hosting “Youth Friyay’s” until August 9. Link
* Maryland Highway Safety Office releases road safety toolkit. [Link](https://zerodeathsmd.gov/digital-resources/).
* Howard County celebrates Business Appreciation Week October 7 – 11. [Link](https://www.eventbrite.com/e/howard-county-business-appreciation-week-2024-registration-936580436297?aff=oddtdtcreator).
* The Howard County Economic Development Authority is hosting an Women’s Catalyst Circle Workshop on August 15. [Link](https://www.eventbrite.com/e/womens-catalyst-circle-rise-and-resolve-tickets-939699244737?aff=oddtdtcreator).
* The Howard County Department of Recreation & Parks has released their Fall Activity Guide. [Link](https://www.howardcountymd.gov/recreation-parks/resource/2024-fall-activity-guide).

**FUNDING OPPORTUNITIES**

**Title: Women’s Health Research**

**Description:** In alignment with the White House Initiative on Women’s Health Research, the Office of Research on Women's Health has released a new NOSI to highlight interest in receiving research applications focused on diseases and health conditions that predominantly affect women (e.g., autoimmune diseases; depressive disorders, Alzheimer’s disease (AD) and Alzheimer’s disease-related dementias (ADRD), gender-based-violence), present and progress differently in women (e.g., cardiovascular disease; HIV; reproductive aging and its implications), or are female-specific (e.g., uterine fibroids; endometriosis; menopause).

**Applications Deadline:** Submission dates vary by awarding NIH Institute or Center Contacts. [Apply](https://grants.nih.gov/grants/guide/notice-files/NOT-OD-24-079.html)

**Title: Community-Based Maternal Behavioral Health Services Program**

**Description:** The purpose of this program is to improve access to evidence-based, timely, and culturally relevant maternal mental health and substance use (behavioral health) intervention and treatment by strengthening community referral pathways. Recipients will be expected to collaborate with pregnancy and postpartum healthcare organizations, refer individuals in need of behavioral health care to the appropriate entities, and provide short-term mental health and substance use services to individuals who cannot access care.

**Applications Deadline:** August 26, 2024. [Apply](https://www.samhsa.gov/grants/grant-announcements/sm-24-013)

**Title: Syndemic Approach to Preventing HIV and Substance Use Among Racial and Ethnic Minority Communities**

**Description:** The purpose of the SAP program is to advance equity in health outcomes for racial and ethnic minority communities, especially all Black female identities, including cisgender, transgender, nonbinary, and genderqueer/fluid individuals in the South who are experiencing disparities related to HIV/AIDS, viral hepatitis (VH), sexually transmitted infections (STIs), substance use and substance use disorders (SUDs), and/or mental health conditions.

**Applications Deadline:** Wednesday, August 28, 2024. [Apply](https://www.samhsa.gov/grants/grant-announcements/sp-24-004?utm_source=SAMHSA&utm_campaign=2aff266ed6-EMAIL_CAMPAIGN_2024_07_29_02_49&utm_medium=email&utm_term=0_-2aff266ed6-%5BLIST_EMAIL_ID%5D)

**Title: Cooperative Agreements for Certified Community Behavioral Health Clinic Planning Grants**

**Description:** The purpose of this program is to support states in developing and implementing certification systems for Certified Community Behavioral Health Clinics (CCBHCs), establish Prospective Payment Systems for Medicaid reimbursable behavioral health services, and prepare an application to participate in a four-year CCBHC Demonstration program.

**Applications Deadline:** September 12, 2024. [Apply](https://www.samhsa.gov/grants/grant-announcements/sm-25-001?utm_source=SAMHSA&utm_campaign=2b1d68fd62-EMAIL_CAMPAIGN_2024_07_29_06_30&utm_medium=email&utm_term=0_-2b1d68fd62-%5BLIST_EMAIL_ID%5D)

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

**Title: HiTech STEAM Carnival**

**Description:** Bring your family to play games and interactives, like Pinball and Skeeball, built by HiTech students. Participate in Paint-and-Sip or Build-and-Sip, ride a miniature train, and watch the car race, robotics challenges, and win prizes. Stop by booths from local businesses and vendors, and don't miss the petting zoo!

**Date/Time:** Saturday, August 3, 2024, 10:00am – 2:00pm

Register using the [link](https://howardcounty.librarycalendar.com/event/hitech-steam-carnival-262746).

**Title: Baby basics (Part 1 and 2)**

**Description:** Hosted by Priority Partner. This two-part (1 hour each day) workshop teaches expecting and new parents about caregiving for a newborn(s) from birth to 6 months of age. Join this workshop to learn more about feeding and bathing, changing diapers, safe sleeping, tips for when to call the doctor, self-care and overall well-being.

Discover additional resources on lactation and car seat safety.

**Date/Time:** August 28 - 29, 2024, 12:00pm – 1:00pm

Register using the [link](https://www.ppmco.org/get-free-support/health-wellness-classes/baby-basics-part-1-and-2/).

**Title: Guiding the Journey: Preparing for Life after High School**

**Description:** During this training, families will: Understand their changing role; Get help unpacking the IEP Transition section; Develop a vision and transition action plan with your young person; Plan for life after high school; and so much more!

**Date/Time:** Applications due August 16, 2024

Get more information using the [link](https://ppmd.app.box.com/s/k0tv95georysa3m0td06wtzoj5k8adq8).

**Title: Back to School Bootcamp**

**Description:** New grade? New team? New school? No changes? No worries!!! Join The Parents Place of Maryland for this FREE workshop to help you prepare! What to Expect: Communication tips & tools; What questions to ask; How to prepare information about your child; Available resources and supports.

**Date/Time:** Wednesday,August 14, 2024 6:30pm – 8:00pm

Register using the [link](https://www.ppmd.org/event/back-to-school-bootcamp/2024-08-14/).

**Title: Survival Guide for the Elementary Years**

**Description:** As children ages 4 to 10 fluctuate between independence and dependence, it's frustrating for parents. Learn how to handle oppositional behaviors and improve homework habits.

**Date/Time:** Monday, August 21, 7:00pm - 8:00pm Location varies

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/141025?onlineSiteId=0&from_original_cui=true).

**Title: Parent’s Guide to Challenging Behaviors**

**Description:** The Pyramid Model is a comprehensive, research based approach that considers all the factors that impact a child, family and a child's behavior. Learn how to help decrease negative behaviors from happening and/ or what to do when they do occur. Ask questions and leave with skills and resources that you can use immediately to help you feel more confident in your parenting. For children ages two to eight.

**Date/Time:** Wednesday, August 7, 2024, 7:00pm – 8:00pm

Register using the [link](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/141027?onlineSiteId=0&from_original_cui=true).

**Title: HCLS New Baby & Me Hatchling Class Series**

**Description:** Hatchlings: New Baby and Me is an interactive four-week early literacy class series for parents/caregivers with newborns from birth - 6 months. Learn more about supporting your baby's development through fun songs and activities together. Please bring a baby blanket for floor / tummy time.

**Date/Time:** Every Thursday, August 8 – 29, 2024 10:30am – 11:30am

Register using the [link](https://howardcounty.librarycalendar.com/event/hatchlings-new-baby-and-me-newborn-6-months-adult-rg-235012).

**Title: Coffee and Conversations (Birth – Kindergarten)**

**Description:** The Parent’s Place of Maryland is hosting Coffee and Conversations for families with children ages 0-5. Coffee and Conversations is a safe virtual space for

sharing ideas, sharing frustrations, getting resources, and making new friends. Coffee and Conversations (Birth – Kindergarten) sessions meets the first Tuesday of each month at 1:00pm.

**Date/Time:** Tuesday**,** September 3, 2024 1:00pm – 2:00pm

Register using the [link](https://www.ppmd.org/event/coffee-and-conversations-birth-kindergarten/2024-09-03/).

**HEALTHY LIVING**

**Title: Senior Day at the Fair**

**Description:** Join the Office of Aging and Independence (OAI) at the Howard County Fair August 6 for Senior Day at the Fair. Adults age 62+ get free all-day admission to the Fair and can enjoy free bingo in the 4-H building, hosted by OAI staff from 1 to 3 p.m.

**Date/Time:** Tuesday, August 6, 2024, 1:00pm - 3:00pm

Register using the[link](https://www.howardcountymd.gov/aging-independence).

**Title: Living Well with Diabetes Workshop**

**Description:** This 6-week, interactive workshop allows participants to learn self-management skills such as goal setting and stress management strategies; understand glucose monitoring, skin and foot care; learn techniques to cope with feelings of frustration, fatigue, pain and isolation; develop skills to communicate more effectively with family, friends and health professional; and learn about appropriate exercise and nutrition for people with diabetes.

**Date/Time:** Thursdays, August 8 – September 12, 2024, 5:00pm – 7:00pm

Register using the [link](https://livingwellwithdiabetes.events.hcgh.hopkinsmedicine.org/register/registration/select).

**Title: Eating the Healthy Way**

**Description:** Priority Partners is hosting Eating the Healthy Way Adult Weight Management classes. This class provides you with the tools you need to make healthy choices throughout the day, as well as on the go and more!

**Date/Time:** Tuesday, August 6, 2024, 12:00pm – 1:00pm

Get more information using the [link](https://www.ppmco.org/get-free-support/health-wellness-classes/eating-the-healthy-way/).

**Title: Thrive While Aging Solo**

**Description:** A Solo Ager is a person who, by choice or circumstance, functions without the support system traditionally provided by families. Anyone can become a solo ager following a life event like divorce or the death of a spouse. Join us to learn how building a strong social network can reduce the fear and negative aspects of aging alone. Free, call 410-313-7680 (voice/relay) to register.

**Date/Time:** Wednesday**,** August 21, 2024, 1:00pm – 2:00pm

Register by calling 410-313-7680

**Title: Howard County Fair**

**Description:** Enjoy a summer classic - take the whole family to the 2024 Howard County Fair. Enjoy livestock and horse shows, baby animals, a midway with rides and food booths, live entertainment, home arts and commercial exhibits, horse and tractor pulls, a talent show, and much more.

**Date/Time:** August 3 – 10, 2024

Register using the [link](https://howardcountyfairmd.com/).

**HEALTHY MINDS**

**Title: The ASK Model for Culturally Responsive Services August Session**

**Description**: The ASK Model is introduced through a series of activities where participants are asked to look internally at their own biases to increase cultural responsiveness in service delivery. This course teaches a selection of foundational ASK Model techniques to build cultural responsiveness and aid in culturally responsive mental and behavioral health services with adults and families.

**Date/Time:** Wednesday, August 7, 2024, 12:00pm – 1:00pm

Register using the [link](https://register.gotowebinar.com/register/3047373882238309974).

**Title: Transforming Mental Health Disability Research Through Lived Experience Leadership and Co-Production**

**Description**: This webinar will introduce a range of approaches to meaningfully integrate individuals with lived experiences of psychiatric disabilities into mental health research. Nev Jones, Ph.D., will discuss proven methods of integration and co-creation, including co-production, integration, and co-leadership, and highlight ways in which the NIMH research portfolio would benefit from greater emphasis on and high standards for meaningful inclusion.

**Date/Time:** Thursday, August 8, 2024, 1:00pm – 2:30pm

Register using the [link](https://www.eventbrite.com/e/disability-equity-and-mental-health-research-webinar-series-tickets-933421457707?aff=oddtdtcreator).

**Title: Introductory/Refresher Virtual Screening, Brief Intervention and Referral Treatment Training**

**Description**: Strengthen the quality of your clinical care and prevent the unhealthy consequences of alcohol and drug use among your clients by implementing Screening, Brief Intervention and Referral to Treatment (SBIRT) services. Through our training and coaching, participants learn how to use evidence-based screening tools to determine alcohol and drug use risk levels, respond with a brief intervention and operationalize referral to treatment for adolescents and adults.

**Date/Time:** Thursday, August 22, 2024, 2:00pm – 3:00pm

Register using the [link](https://howardcountymd.sharepoint.com/sites/HealthDepartment-PCA-CommunityEngagement/Shared%20Documents/LHIC%20Files/LHIC%20WORKGROUPS/HCLHIC%20Workgroup%20Email/2024/July%2016%2C%202024/Member%20Resources%207-16-2024.docx).

**Title: Understanding Mental Health Disparities Within Rural LGBTQ+ Communities**

**Description**: This webinar will present the goals and procedures of the Rural Engagement and Approaches For LGBTQ+ Mental Health (REALM) study, which is developing a longitudinal cohort of diverse LGBTQ+ adults residing in rural and small metropolitan communities across the United States.

**Date/Time:** Thursday, August 22, 2024, 1:30pm – 3:00pm

Register using the [link](https://www.eventbrite.com/e/understanding-mental-health-disparities-within-rural-lgbtq-communities-tickets-942355830657?aff=erelpanelorg).

**Title: The Thriving Warrior: Supporting the Mental Health Needs of Individuals Living with Sickle Cell Disease – Webinar**

**Description:** NAMI Maryland’s 42nd Annual Conference will be held virtually on October 4th and 5th, 2024! This year’s conference will bring together experts, advocates, and individuals passionate about mental health. Together, we’ll delve into crucial topics, foster insightful conversations, and work towards improving the lives of those affected by mental illness.

**Date/Time:** October 4 – 5, 2024

Register using the [link](https://events.zoom.us/ev/AhZmHer3lhwxvC5eNWHkgxTNqb0Jcbp12Rh3LC7hQNjdmk1Clsz7~AiwDsYNH2OxUb3EZUv3nJt_LnKDX--2_g8vCvzA58w4Nc72iCvPaNb5ndA).

 **OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* Howard County Office of Children & Families is offering the Basic Insights program for parents. [**Link**](https://partners.mybliss.ai/basics-insights/HCOOCAF1692)**.**
* HCPSS is offering “What Your Child Will Learn” Guides. [**Link**](https://www.hcpss.org/academics/what-your-child-will-learn-guides/)**.**
* Department of Community Resources & Services is distributing free Chromebooks to income-eligible Howard County Residents. [**Link**](https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/141687?onlineSiteId=0&from_original_cui=true)**.**
* Howard County Pre-kindergarten (pre-k) programs are available. [Link](https://www.hcpss.org/schools/pre-k-programs/).
* Five Things About Youth and Delinquency article. [**Link**](https://nij.ojp.gov/topics/articles/five-things-about-youth-and-delinquency)**.**
* The Trevor Project offers a Coming Out Handbook for LGBTQ Youth. [**Link**](https://www.thetrevorproject.org/resources/guide/the-coming-out-handbook/?utm_source=MHAMD&utm_campaign=70ba74543b-EMAIL_CAMPAIGN_2024_05_07_05_06_COPY_01&utm_medium=email&utm_term=0_-3114d20c9d-%5BLIST_EMAIL_ID%5D)**.**
* Children, babies at higher risk for heat illness article. [**Link**](https://www.publicnewsservice.org/2024-07-12/health/ky-experts-children-babies-at-higher-risk-for-heat-illness/a91209-1)**.**

**Healthy Living**

* Columbia Named the best place to live in Maryland. [**Link**](https://www.youtube.com/watch?si=4LNKsGRneC7igjYW&v=G-VZWJ70Wlk&feature=youtu.be)**.**
* Maryland Highway Safety Office releases road safety toolkit. [Link](https://zerodeathsmd.gov/digital-resources/).
* The Howard County Economic Development Authority is offering a free Business Finance Basics workshop. [**Link**](https://www.eventbrite.com/e/business-finance-basics-tickets-938970765837?aff=oddtdtcreator)**.**
* Registration for the 2024 Safe Routes to School National Conference is open. [**Link**](https://web.cvent.com/event/25fffaa0-4df9-41de-b00f-021558eea253/websitePage%3Ade3c8a65-4734-48fe-9e3b-0c0ed28efe12).
* Recreation & Parks 2024 Fall Activity Guide is available online. [**Link**](https://www.howardcountymd.gov/recreation-parks/resource/2024-fall-activity-guide).
* Registration for the American Public Health Association Annual Meeting & Expo is open. [Link](https://www.apha.org/Events-and-Meetings/Annual/?utm_source=Informz&utm_medium=email&utm_campaign=APHA%20Website&_zs=cfnSe&_zl=d0m94).
* Howard County Police Department hosting National Night Out August 6. [**Link**](https://www.howardcountymd.gov/police/get-involved)**.**
* The Change in Columbia Speaker Series will resume on August 6. [**Link**](https://columbiaassociation.org/explore-columbia/event-calendar/#event=77627405;instance=20240806180000?popup=1)**.**
* Newly updated site helps family caregivers, older adults and clinicians address pain management. [**Link**](https://www.johnahartford.org/dissemination-center/view/geriatricpain-org-updated-resources-for-caregivers?utm_source=The+John+A.+Hartford+Foundation+Email+List&utm_campaign=60904d5c3c-rss-3-9_COPY_01&utm_medium=email&utm_term=0_c762038350-60904d5c3c-119174702)**.**

**Healthy Minds**

* International Overdose Awareness Day is on August 31. [Link](https://www.eventbrite.com/e/international-overdose-awareness-day-of-howard-county-tickets-941484995967).
* As Preteen Suicides Increased, Most Youths Went Undiagnosed for Mental Health Issues article. [**Link**](https://www.medpagetoday.com/psychiatry/generalpsychiatry/111306?xid=nl_mpt_morningbreak2024-07-31&mh=f80893805c96b03be10da3d9b0486440&utm_source=Sailthru&utm_medium=email&utm_campaign=MorningBreak_073124&utm_term=NL_Gen_Int_Daily_News_Update_active).
* Association of Community Services is hosting a virtual office hour on August 7. [Link](https://us02web.zoom.us/meeting/register/tZIud-irrDMtE9zjDeSrywkiJhHZedwWPrqg#/registration).
* Everstand (formerly the Board of Child Care) is able to offer Youth Mental Health First Aid training. **Link****.**
* Best Practices for Effective Adolescent Substance Use Disorder Services resource guide available online. [**Link**](https://www.thenationalcouncil.org/resources/best-practices-adolescent-substance-use-disorder-services/?mkt_tok=NzczLU1KRi0zNzkAAAGUo0rfKCiIO1VDtstFcT2s03bJK874t3AAe-3APvYMKyfLMXNVADA_P851SN3JseMWSiCl-V6HRN5Xrm6l_p6QOju9afarrXvMM8BeL7IYG77u)**.**
* NAMI Howard County has a Veteran Support Group that meets every Monday. [**Link**](https://namihowardcountymd.org/support-and-education/veteran-support-group/).
* Embracing Equity and Cultural Humility to Improve Care for Youth with Trauma resource guide available online. [Link](https://www.thenationalcouncil.org/resources/youth-care-equity/?mkt_tok=NzczLU1KRi0zNzkAAAGUo0rfKPo3Pw1ZsJDl4m7tqNB3G5snoCgZ16ja-OrUNBx3Y5LXA32YG0dU99we9um-afyWYWzvfzCJ1_bD7wjOwoQSvzadveY5hQa0bLivPSXk).
* The Maryland Coalition of Families BHS Caregiver Survey is available online. [Link](https://redcap-phpa.health.maryland.gov/surveys/?s=MJK3DPYJAD9Y9KLW).