Community Health Improvement Plan FY26-28

Action Plan with Updates

Date of Update: 7/11/25

(Note SHIP and CHNA alignment)

Priority: Healthy Beginnings

Healthy lifestyle activities related to prevention and care for maternal, infant, and family health.

Workgroup: Growing Health Families (GHF) Workgroup **Co-Chairs:** Samantha Cribbs, RN; Erica Taylor, MS

LHIC Staff: Stephanie Foster

Alignment: Aligns with Maryland SHIP Priority Area 3 Women's Health, Goal 1 Improve maternal health outcomes through improved maternal

care before, during and after pregnancy.

CHNA 2022: Healthy Beginnings.

Key Measures:

• *Infant Mortality:*

o Rate: 4.7 infant deaths per 1000 live births overall in 2022, 3-yr rate

O Disparity: 6.7 per 1000 live births in Blacks in 2022, 3-yr rate

SHIP target: 5.2 for Maryland overall by 2029

• Low Birthweight Births:

o Rate: 9.2% of live births overall in 2022

Disparity: 13.1 % of live births in Blacks in 2022
 SHIP target: 8.7% for Maryland overall by 2029

• Maternal Deaths:

o Rate: 36.2 pregnancy-related deaths per 100,000 live births overall in 2022, 5-yr rate

o Disparity: 60% of the 10 maternal deaths between 2010 and 2022 were Black women

o SHIP target: 17.2 or fewer pregnancy-related deaths per 100,000 live births overall for Maryland by 2029

Goal 1. Improve health outcomes for Black/African-American infants and mothers through improved maternal care before, during and after pregnancy.

Objective 1.1. By June 2028, increase	Measure:	Time Frame:	Lead Person:
awareness of educational and other	Baseline: 1 annual BMHW events	July 2025 – June 2028	Stephanie Foster

resources available to Black/African-	Target: 3 BMHW events (1 per year)	
American mothers and infants in		
Howard County.		

- Collaborate with members of the Growing Healthy Families Workgroup to coordinate a Black Maternal Health Week Event in April 2026, 2027, and 2028.
- Promote culturally sensitive and accessible education programs for Black mothers on prenatal and postnatal care, healthy nutrition, and recognizing warning signs of complications during pregnancy.
- Create culturally relevant and accessible materials and use community leaders to disseminate information about doulas and their value during pregnancy and childbirth.

Status Comment and Date of Review:

Objective 1.2. By June 2028, increase	Measure:	Time Frame:	Lead Person:
awareness of doula services as a	Baseline: 1 resource about Doulas, pre- and	July 2025 – June 2028	Stephanie Foster
potential alternative or in conjunction	postpartum		
with traditional hospital care.	Target: 2 resources about Doulas, pre- and		
	postpartum		

Action Steps

- Promote the use of doulas, the HCHD Perinatal Equity and Care for Everyone (P.E.A.C.E.) program, community health centers and resources in Howard County Community Schools.
- Collaborate with Community Health Centers to promote culturally appropriate high-quality care for Black/African-American mothers and infants.
- Create a video project with community members on the benefits of doulas. Increase awareness of resources in Howard County Community Schools.
- Disseminate culturally relevant and accessible information about the value of doulas.

Status Comment and Date of Review:

Goal 2. Enhance equitable access to healthcare by expanding awareness of affordable health coverage, community health services, and transportation assistance, while also improving opportunities for prenatal care and nutrition education for all women in Howard County.

Objective 2.1. By June 2028, collaborate	Measure:	Time Frame:	Lead Person:
with the Growing Healthy Families	Baseline: 0 awareness opportunity	July 2025 – June 2028	Stephanie Foster
workgroup members to increase	Target: 1 awareness opportunity		

awareness of affordable healthcare	Source:	
coverage, availability of community		
health centers, and information about		
transportation assistance to health care		
facilities.		

- Disseminate culturally appropriate and accessible community support programs, advocate for policy changes, and collaborate with local organizations to address social and environmental factors affecting health.
- Strengthen partnerships with community-based organizations to enhance access to and awareness of affordable healthcare, prenatal care, and maternal health support by sharing culturally appropriate and accessible resources for new mothers.
- Improve awareness of the culturally appropriate and accessible resources available in the county through CAREAPP.
- Develop dissemination efforts highlighting access to mental health screenings, offer culturally sensitive counseling services, and create support groups for mothers experiencing stress and anxiety (i.e., National Maternal Mental Health Hotline).
- Explore themes related to women's health issues including ways to improve access to care through collaborative focus groups.
- Expand partnerships with faith-based organizations to increase awareness of programs and events for prenatal care.

Status Comment and Date of Review:

Objective 2.2. By June 2028, collaborate	Measure:	Time Frame:	Lead Person:
with workgroup members to increase	Baseline: 0 partnership	July 2025 – June 2028	Stephanie Foster
opportunities to access affordable	Target: 1 partnership		
prenatal care and nutrition education			
for all women.			

Action Steps

- Collaborate with the Women, Infants, and Children (WIC) Program and similar organizations to promote culturally appropriate and accessible prenatal care and healthy eating, and nutrition resources for all women.
- Strengthen collaboration between healthcare providers, nutrition experts, and faith-based organizations to ensure seamless access to support services for maternal health.

Status Comment and Date of Review:

Goal 3. Engage community members in women and maternal health activities by increasing awareness of culturally appropriate and inclusive opportunities to improve access to healthcare.

Objective 3.1. By June 2028, enhance	Measure:	Time Frame:	Lead Person:
awareness, access to affordable	Baseline: 0 awareness opportunity	July 2025 – June 2028	Stephanie Foster
healthcare and well-being for all	Target: 1 awareness opportunity		

women in Howard County by creating		
tools to support women in the		
community.		

- Explore themes related to women's health issues through focus groups.
- Create and promote a culturally appropriate, accessible, and inclusive toolkit to guide advocacy efforts related to improved access to healthcare for women in Howard County.
- Collaborate with other HCLHIC workgroups to promote physical and mental health among women in Howard County.
- Promote culturally appropriate, accessible, and inclusive resources for mothers with multiple births (twins, triplets), fathers and grandparents.
- Foster collaborative partnerships with community-based organizations to promote culturally appropriate, accessible, and inclusive resources for women.

Objective 3.2. By June 2028, expand	Measure:	Time Frame:	Lead Person:
engagement opportunities to improve	Baseline: 0 engagement opportunities	July 2025 – June 2028	Stephanie Foster
physical and mental health and social	Target: 1 engagement opportunity		
engagement among all women in the			
community.			

Action Steps

- Incorporate mental and physical messaging during Black Maternal Health Week.
- Create engagement opportunities related to mental health for women in collaboration with Growing Healthy Families and Healthy Minds and Suicide Prevention workgroups.
- Foster collaborative partnerships with community-based organizations to promote culturally appropriate and accessible resources to improve health outcomes for pregnant women.
- Collaborate and promote culturally appropriate and accessible resources from providers offering alternative therapy (e.g. music and animal therapy).
- Collaborate with healthcare organizations, faith-based organizations, schools, and community-based organizations to promote culturally appropriate and accessible mental health resources for mothers experiencing stress and anxiety.

Status Comment and Date of Review:

Priority: Healthy Living

Healthy lifestyle activities for disease prevention through improved access to healthy foods, health education, safe physical activity opportunities, and healthcare.

Workgroup: Healthy Lifestyle Workgroup (Physical Activity + Chronic Disease Prevention + Access to Healthy Food)

Co-Chairs: Michelle Rosenfeld; Carrie Ross

LHIC Staff: Ashton Jordan, MSPH

Alignment: Aligns with Maryland SHIP Priority 1 Chronic Disease Goal 1: Enhance primary prevention of chronic disease

Priority 1 Goal 2 Enhance screening, treatment and care for chronic illness

CHNA 2022: Healthy Living.

Key Measures:

Overweight and Obesity:

o Prevalence: 59.8% of adults are overweight or obese in 2022

O Disparity: 68.3% of Black adults are overweight or obese in 2022

Obesity in High School Students

o Prevalence: 9.7% of high school students were obese overall in 2022

Disparity: 12.4% of Black and 21.7% of Hispanic high school students were obese in 2022

Physical Activity

o Prevalence: 44% of high school students report physical activity at least five days a week in 2022

Food Insecurity

o Prevalence: 9.7% reported food insecurity overall in 2022

o Disparity: 18% of Black and 12% of Hispanic people reported food insecurity in 2022

SHIP target: 8.3% reporting food insecurity by 2029

Diabetes

Prevalence: 12% overall in 2024; Gestational diabetes at 11% in 2021
 Disparity: Hospital readmission rates 19% overall, 22% in Blacks in 2023

• Hypertension:

Prevalence: 28% overall in 2021Disparity: 34.5% in Blacks in 2021

o SHIP target: 18.9% overall in Maryland by 2029

• Fall-related deaths:

o Rate: 10.2 per 100,000 in 2022, 3-yr rate, increased from 9.3 in prior period

Goal 1. Advance healthy lifestyle behaviors through culturally responsive, inclusive, and accessible communication strategies that promote nutrition education, physical activity, safe pedestrian environments, and equitable access to health services, with a focused commitment to reaching and uplifting the most vulnerable community members.

	Objective 1.1. By June 2028, collaborate	Measure:	Time Frame:	Lead Person:
	with the HCHD and partners to	Baseline: 0 dissemination efforts	July 2025 – June 2028	Ashton Jordan

implement and evaluate healthy	Target: 5 dissemination efforts	
lifestyle messages for priority		
populations to improve health		
outcomes.		

- Plan, implement, and evaluate population-specific culturally appropriate, accessible and inclusive healthy lifestyle social media messaging.
 - June 2026 April 2026: Plan healthy lifestyle social media dissemination efforts.
 - April 2026 August 2027: Launch healthy lifestyle social media dissemination efforts.
 - Track social media engagement for digital dissemination efforts.
 - Track click through rates for digital dissemination efforts (Howard County/HCHD website metrics).
 - Promote healthy positive behavior graphics through social media, newsletters, HCHD and partner communications, as well as through CHWs.
 - May 2026 August 2027: Utilize Community Health Workers (CHWs) to work on specific zip codes areas with tailored messaging.
 - Collaboration with Howard County Transportation to disseminate culturally sensitive and accessible messages about safe walking along streets.
 - Collaboration with Howard County Transportation utilizing CHWs to enhance their High Injury Network.
 - August 2027– June 2028: Evaluate Healthy Lifestyle Dissemination Efforts
- o Advocate for changes to the built environment as needed to increase opportunities for safe walking along streets.
- o Engage faith-based organizations to integrate health messaging into community programs or outreach events.
- o Create short, engaging videos, and infographics on nutrition, preventive care, and available health services.

Status Comment and Date of Review:

Objective 1.2. By June 2028, establish	Measure:	Time Frame:	Lead Person:
strategic partnerships with local	Baseline: 0 partnerships	July 2025 – June 2028	Ashton Jordan
healthcare providers, faith-based	Target: 3 partnerships		
organizations and businesses to			
collaboratively develop and distribute			
health education materials to promote			
chronic disease prevention and			
nutrition-focused wellness.			

Action Steps:

• Collaborate with businesses and local healthcare organizations to display culturally appropriate, accessible, and inclusive health information in their organizations.

- Promote interactive nutrition education workshops in collaboration with healthcare and community-based organizations to encourage healthy eating.
- Update and disseminate Food Assistance and Nutrition Education Program Guide on a bi-annual basis.

Status Comment and Date of Review:

Objective 1.3. By June 2028, enhance
community awareness of health
education opportunities by improving
access to tailored health information
and essential health services through
strategic outreach and engagement
initiatives.

Measure:
Baseline: 0 education
opportunity/partnership
Target: 1 education
opportunity/partnership

Time Frame: July 2025 – June 2028 Lead Person: Ashton Jordan

Action Steps

- Collaborate with community partners and members to raise awareness and encourage use of health services.
- Partner with faith-based organizations, schools, and local businesses to disseminate health information where community members gather.
- Partner with healthcare organizations to distribute culturally sensitive, accessible, and inclusive educational materials in waiting rooms.
- Include QR codes and plain language in health education materials to improve accessibility.
- Promote the use of CAREAPP to increase nutrition education, chronic disease prevention and other health education resources.

Status Comment and Date of Review:

Objective 1.4. By June 2028, enhance
physical activity and pedestrian safety
among youth in Howard County by
integrating health education initiatives
with community-supported programs.

Measure: Baseline: 0 education opportunity/partnership Target: 1 education opportunity/partnership Time Frame: July 2025 – June 2028 Lead Person: Ashton Jordan

Action Steps

- Collaborate with Howard County Department of Transportation to promote "walk to work" or "walking school bus" activities and share culturally appropriate, accessible, and inclusive resources to encourage safe pedestrian movement and physical activity.
- Collaborate with schools and community organizations to create health education opportunities for youth to encourage physical activity.

Status Comment and Date of Review:

Goal 2. Continue raising awareness of culturally appropriate, accessible, affordable, and nutritious food to decrease food and nutrition			
insecurity among Howard County residents.			
Objective 2.1. By June 2028, increase Measure: Time Frame: Lead Person			
awareness of and access to culturally	Baseline: 0 dissemination opportunity	July 2025 – June 2028	Ashton Jordan
appropriate, accessible, affordable, and	Target: 2 dissemination opportunities		
nutritious food for Howard County			
residents across the lifespan.			

- Provide awareness of food and meal sites provided by community partners through the Food Connections Map.
- Update and disseminate Food Pantry and Hot Meals brochures on a bi-annual basis.
- Continue creating food pantry spotlight videos to highlight the work of HCLHIC's community partners as an effort to reduce food insecurity.
- Continue supporting container gardens at senior residential communities through the involvement of HCLHIC's community partners.
- Support community partners' efforts to improve school menu options.

Status Comment and Date of Review:

Objective 2.2. By June 2028, partner	Measure:	Time Frame:	Lead Person:
with local communities, schools,	Baseline: 0 partnership	July 2025 – June 2028	Ashton Jordan
healthcare organizations, and faith-	Target: 3 partnerships		
based organizations to promote food			
resources.			

Action Steps

- Promote culturally appropriate, accessible and inclusive educational materials on healthy eating and food access tailored to diverse populations and languages.
- Identify individuals at risk for food insecurity through the CAREAPP Needs Assessment and refer them to culturally appropriate and accessible food resources.
- Collaborate with faith-based organizations to increase awareness of food distribution sites and promote culturally appropriate food resources at places of worship.
- Collaborate with local communities, faith-based organizations, and schools to provide nutritional education.

Status Comment and Date of Review:

Goal 3. Increase awareness of fall risk and opportunities to promote culturally appropriate and accessible resources to decrease falls among community members.

Objective 3.1. By June 2028, collaborate	Measure:	Time Frame:	Lead Person:
with community-based organizations	Baseline: 0 fall prevention initiative	June 2026 – June 2028	Ashton Jordan
and residential communities to	Target: 1 fall prevention initiative		
promote culturally appropriate and			
accessible falls prevention resources			
and activities.			

- Collaborate with organizations to promote culturally appropriate, accessible, and inclusive resources to reduce falls risk during Falls Prevention Week and year-round.
- Collaborate with organizations such as the Howard County Office on Aging and Independence, Howard County Fire and Rescue and JHHCMC to promote movement and strength training among community members year-round.

Status Comment and Date of Review:

Objective 3.2. By June 2028, create	Measure:	Time Frame:	Lead Person:
educational opportunities to increase	Baseline: 0 educational opportunity	June 2026 – June 2028	Ashton Jordan
knowledge about fall risk factors and	Target: 1 educational opportunity		
preventative measures.			

Action Steps

- Create and promote walking groups in neighborhoods, especially in senior communities, to encourage people to be more active and connect with others.
- Create short videos promoting movement to increase physical activity among community members across the lifespan.
- Disseminate free and low-cost physical activity and falls prevention programs using CAREAPP.
- Partner with community-based organizations, healthcare providers and subject matter experts to promote educational events to increase awareness of risks in the home to prevent falls.

Status Comment and Date of Review:

Priority: Healthy Minds

Health promotion for social engagement to support mental wellness and behavioral health.

Workgroup: Healthy Minds and Suicide Prevention Coalition (HMSPC)

Co-Chairs: Barbara Allen; Jessica Fisher, LCSW-C

LHIC Staff: Stephanie Foster

Alignment: Aligns with Maryland SHIP Priority 4 Goal 1: Reduce firearm-related suicides, homicides, and injuries

SHIP Priority 5 Goal 1: Expand access to, and utilization of, behavioral health services

SHIP Priority 5 Goal 2: Reduce disparities in mental health outcomes

CHNA 2022: Healthy Minds.

Key Measures:

- Depression, Hopelessness:
 - Rate: 16.5% of adults reported a depression diagnosis in 2022, increased from 14.2% in 2016
 - O Disparity: 32% of youth overall reported hopelessness in 2022, compared with 44% in females, 41% in Hispanics, and 34% in Blacks.
 - SHIP target: Reduce percentage of students feeling hopeless from 42% overall in Maryland
- Suicide:
 - o Rate: 16% of youth considered suicide in 2022, increased from 14% in 2013
 - Disparities: 21% females, 19% Hispanics, 16% Black youth considered suicide in 2022. Of the 28 youth (10-19 yr old) suicides between 2013-2022, 46% were non-Hispanic white, 36% non-Hispanic Black. Suicide readmission rates for Blacks (18%) were higher than overall (13%) in 2024, but all other mental health admissions are much lower for Blacks (6%) than overall (21%), 2023.
- Firearm assault deaths:
 - o Rate: Yearly average of 6 (2015-2018) increased to 14 (2019-2022)
 - O Disparity: 92% male, 83% Black in 2022

Goal 1. Promote safe home practices such as safe storage of medications, firearms, and other harmful materials, and reduce stigma of mental health support through education and community engagement.

Objective 1.1. By June 2028, collaborate	Measure:	Time Frame:	Lead Persons:
with workgroup members to create and	Baseline: 0 collaboration	June 2026 – December 2028	Stephanie Foster
promote culturally appropriate,	Target: 3 collaborations		Jessica Fisher
accessible and inclusive materials to			Barbara Allen
make homes safer to prevent suicide.			

- Promote the Safeguard your Home brochure to increase awareness of strategies to make homes safer.
- Create and promote an online toolkit to increase awareness of suicide prevention strategies with checklists, action steps and infographics.
- Collaborate with community centers, healthcare organizations, community-based organizations and local businesses to disseminate educational materials among community members.

Objective 1.2 By June 2028, increase community engagement to support mental health among priority populations through Measure: Measure: Measure: Jime Frame: June 2025 – December 2028 Stephanie Foster Jessica Fisher Barbara Allen

programs. Action Steps

- Review HCLHIC website Healthy Minds pages and make updates as needed quarterly
- Increase awareness of culturally competent mental health providers in Black/African-American communities
- Promote the HCLHIC website, Howard County Behavioral Health resources and Mental Health and Suicide Prevention Programs and other local and national behavioral health resources widely
- Launch awareness initiatives within the Howard County Public School System to de-stigmatize mental health issues and encourage young people to seek help.
- Promote culturally appropriate, accessible, and inclusive social engagement opportunities and resources for those with substance use and mental health disorders.
- Create a community outreach initiative (involving BBH and HMSPC Workgroup members) to promote Safe Storage Locks, Boxes and Safeguard Your Home Brochure.

Status Comment and Date of Review:

local partnerships and peer support

Goal 2. Develop initiatives highlighting community violence intervention programs, promoting safe firearm storage and ownership practices, and collaborating with law enforcement agencies to address illegal firearms and reduce gun violence.

Objective 2.1. By June 2028, support	Measure:	Time Frame:	Lead Persons:
community-based initiatives to reduce	Baseline: 0 initiative	July 2025 – June 2028	Stephanie Foster
firearm-related deaths among priority	Target: 1 initiative		Jessica Fisher
populations in Howard County.			Barbara Allen

- Collaborate with workgroup members on outreach programs to educate the community on firearm safety and violence prevention.
- Promote safe firearm storage practices and access to free gun storage devices/options.
- Collaborate with the school system on community-based violence intervention campaigns that provide alternatives to violence for atrisk individuals.

Status Comment and Date of Review:

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Objective 2.2. By June 2028, expand	Measure:	Time Frame:	Lead Persons:
partnerships with local organizations,	Baseline: 0 partnership	July 2025 – June 2028	Stephanie Foster
schools, and law enforcement agencies	Target: 2 partnerships		Jessica Fisher
to provide support and address the			Barbara Allen
unique mental health needs of priority			
populations in Howard County.			
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Action Steps

- Collaborate with Howard County Police and other law enforcement agencies to increase resource accessibility and promote prevention initiatives through joint efforts.
- Identify and collaborate with Black/African-American-led community-based organizations already working on mental health initiatives.
- Collaborate with schools to create a virtual event for parents and students to increase awareness of mental health early intervention.

Status Comment and Date of Review:

Goal 3. Promote culturally appropriate and accessible mental health and behavioral resources through partnerships with local organizations and businesses serving priority populations.

Objective 3.1. By June 2028, collaborate	Measure:	Time Frame:	Lead Persons:
with organizations and social groups	Baseline: 0 partnership/collaboration	July 2026 – June 2028	Stephanie Foster
hosting mentorship programs to	Target: 1 partnership/collaboration		Jessica Fisher
promote culturally appropriate,	with one educational opportunity		Barbara Allen
accessible and inclusive mental health			
resources.			

Action Steps

• Promote culturally appropriate, accessible, and inclusive mental health resources through outreach events and collaboration with partner agencies including schools, community-based organizations, and faith-based organizations.

- Promote culturally appropriate, accessible and inclusive Substance Use and mental health resources widely via CAREAPP, HCLHIC website, and workgroup members.
- Expand awareness and access to culturally appropriate, accessible and inclusive mental health and social support resources, with an emphasis on peer mentorship for adults and youth.
- Disseminate culturally responsive mental health training resources from community partners and national organizations to enhance healthcare providers' knowledge to offer culturally appropriate and equitable mental health care.

Status Comment and Date of Review:

Objective 3.2. By June 2028, collaborate	Measure:	Time Frame	Lead Persons:
with organizations and social groups	Baseline: 0 partnership/collaboration	July 2026 – June 2028	Stephanie Foster
providing resources for community	Target: 1 partnership/collaboration		Jessica Fisher
members seeking help to improve	with one education opportunity		Barbara Allen
behavioral health priority populations.			

Action Steps

- Increase awareness of culturally appropriate, accessible and inclusive behavioral health resources among patients in healthcare setting.
- Promote educational materials and culturally appropriate, accessible and inclusive behavioral health resources to reduce stigma around assessing services.
- Collaborate with schools, libraries, community centers and faith-based organizations to promote opportunities for youth to engage in open discussions around mental health.

Status Comment and Date of Review:

Across all priorities

Workgroup: Community Health Worker Learning Collaborative (CHWLC)

Co-Chairs: Amanda Toohey, Johns Hopkins Howard County Medical Center; María José Candanoza, MPH, CCHW, Howard County Health

Department

LHIC Staff: Ashton Jordan, MSPH

Alignment: Aligns with all of the SHIP Priorities

Goal 1. Create a centralized Community Health Worker (CHW) network across all organizations in Howard County to enhance collaboration, improve culturally appropriate, accessible, and inclusive resource sharing, and expand access to community-based health initiatives.

Objective 1.1. By June 2028, By June	Measure:	Time Frame:	Lead Personss:
2028, lead efforts to connect CHWs	Baseline: 10 CHWs	June 2025 – June 2028	

across the county to share resources	Target:		María José
and funding opportunities.	15 certified CHWs in Howard County		Candanoza
	5 certified CHWs working at HCHD		Ashton Jordan
	8 of CHWs registered as LHIC members		
	4 quarterly CHW Learning Collaborative		
	scheduled meetings		
Action Steps			
 Host quarterly CHW Learning Colla 	borative meetings to foster networking, share b	est practices and enhance professior	nal development
among CHWs across Howard Coun	ty.		
Expand outreach efforts and actively engage CHWs across Howard County by building strong outreach networks, fostering professional			
development opportunities and cre	eating sustainable pathways for collaboration.		
Increase awareness and accessibility of CHW certification by developing targeted outreach efforts, highlighting professional growth			
opportunities and showcasing the impact of CHWs on community health.			
opportunities and showcasing the	impact of crivvs on community meanin.		

Status Comment and Date of Review:

Objective 1.2. By June 2028, maintain	Measure:	Time Frame:	Lead Persons:
and expand the CHWLC Workgroup	Baseline: 0 partnership	September 2024 – June 2028	María José
membership to enhance workforce	Target: 3 partnerships		Candanoza
retention, foster professional			Ashton Jordan
development and ensure the long-term			
sustainability of CHW programs across			
the county.			

Action Steps

• Partner with local universities, healthcare providers, community-based organizations, and faith-based organizations to promote CHWLC through outreach events, digital communication channels and signage on site.

Status Comment and Date of Review:

Goal 2. Elevate CHWs as trusted advocates in healthcare and social services by strengthening public awareness, expanding professional development and fostering partnerships that improve access and equity in community health.

Objective 2.1. By June 2028, develop	Measure:	Time Frame:	Lead Persons:
best practices and expectations for	Baseline:	June 2026 – June 2028	

0 training identified/provided		María José
		Candanoza
Target:		Amanda Toohey
3 training identified/provided		Ashton Jordan
	Target:	Target:

- Highlight the unique ability of CHWs to bridge the gap between healthcare and social services by increasing awareness, strengthening collaboration and demonstrating their impact in improving health outcomes and social equity.
- Develop a CHWs Continuing Education Unit (CEU) professional development opportunity based on Howard County specific needs.
- Proactively seek and establish partnerships with diverse organizations to enhance CHW training opportunities, ensuring access to specialized knowledge, professional development and workforce sustainability.

Status Comment and Date of Review:

Objective 2.2. By June 2028, establish a	
sustainable network connecting CHWs	В
with community organizations, schools,	0
local leaders and businesses by	1
portraying the positive impact of CHWs	
in the community, developing	Т
structured referral mechanisms,	3
fostering ongoing partnerships and	1
increasing awareness of CHW	
contributions to healthcare and social	
services.	

Measure:
Baseline:
0 presentations to community partners
1 referral mechanism

Target:
3 presentations to community partners
1 referral mechanism

	Time	Frame:	
lune	2026	– lune	2028

María José Candanoza Amanda Toohey Ashton Jordan

Lead Persons:

Action Steps

- Highlight the impact and benefit of CHWs in the community.
- Create Community Asset Profiles for specific Census Tracts in Howard County.
- Collaborate with community partners and utilize CAREAPP to facilitate and monitor resident engagement in health education and social resources.

Status Comment and Date of Review:

Objective 2.3. By June 2028, integrate	Measure:	Time Frame:	Lead Persons:
CHWs into existing Howard County	Baseline: 0 cross-sector partnership	June 2026 - June 2028	María José
Health Department (HCHD) programs	Target: 3 cross-sector partnerships		Candanoza
by developing structured workflows			
that enhance coordination, streamline			
service delivery and strengthen CHW			
engagement in healthcare and social			
services.			

- Identify priority areas to promote health education opportunities by leveraging Community Assets Profile data.
- Establish cross-sector partnerships with healthcare organizations, community-based organizations, businesses and social service agencies to promote culturally appropriate, accessible and inclusive health education resources.

Status Comment and Date of Review:

MPA = Mid-Point Assessment

ACS = American Community Survey (U.S. Census)

BRFSS = Maryland Behavioral Risk Factor Surveillance System

CHNA = Community Health Needs Assessment (Johns Hopkins Howard County Medical Center, 2022; 2025 in process)

GHF = Growing Healthy Families workgroup

HCHAS = Howard County Health Assessment Survey

MHSP = Healthy Minds and Suicide Prevention workgroup

MVA = Maryland Vital Statistics Administration

SHIP = Maryland State Health Improvement Plan (Building A Healthier Maryland, 2024)

YRBS = Youth Risk Behavior Survey