June 3, 2024

LHIC Coalition and Work Group Members - Please see below for upcoming webinars and resources. We encourage you to consider participating and to share these opportunities with your stakeholders and others in the community. If you have programs or opportunities that you would like to submit, please send them via email to [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov).

**LOCAL RESOURCES AND MEMBER ANNOUNCEMENTS**

* The next Full HCLHIC meeting is July 18 from 9:00am to 11:00am. [Link](https://www.eventbrite.com/e/2024-hclhic-full-coalition-meetings-tickets-726290964827?aff=oddtdtcreator).
* Howard County Health Department is hosting the Maryland Commission on Public Health’s Listening Session. [Link](http://bit.ly/MDCommPHSessionTix).
* HCLHIC’s Director was featured in Columbia Inspired Magazine. [Link](https://www.columbiainspiredmagazine.com/2024/05/19/491268/a-healthy-passion-for-community)
* The Howard County Family Support Center is now open. [Link](https://www.howardcountymd.gov/children-families/family-support-center?fbclid=IwZXh0bgNhZW0CMTAAAR3Pgg5ItDK1UHzJxHTWzcXvuBuwkOK6Vn9brVlPiSdllosHzuqWmnMFwf8_aem_Ab2Sm_16MbpQdDkROYc7sXXdBtQHASpU2GTzCoMhPEWRQnGl-h7TE4zDLAuSQbS5pGp11_IznTp6-gWMXCAiz1zm).
* Howard County's first Age-Friendly Fitness Lot at Centennial Park North on June 5. [Link](https://www.howardcountymd.gov/HoCoAFfitnesslot).
* HCPD is hosting an crossing guard hiring event. [Link](https://www.howardcountymd.gov/police/crossing-guard-hiring-event).
* World Sickle Cell Day is June 19. [**Link**](https://www.sicklecelldisease.org/get-involved/events/awareness-month-and-world-sickle-day/?utm_campaign=Newsletters&utm_medium=email&_hsenc=p2ANqtz-_F8ik38rgDwXTu3lSWhTgNLFOEpT9vx8HVyNycI6pyoIkXnALx2B4qg6WwJsk3w_lhVmKGXmBm3ephitrfOwW5Zma2xm9F3ZpYdZJ4p40zb8RQIHA&_hsmi=309641721&utm_content=309641721&utm_source=hs_email)**.**
* Join the HCPD for Coffee with a Cop on June 14. [Link](https://www.howardcountymd.gov/police/coffee-cop-37).
* Join members of the Howard Astronomical League (HAL) for a Public Star Party on June 15. [Link](https://www.howardcountymd.gov/recreation-parks/public-star-party-all-ages-7).
* The Columbia Association Teen & Middle School Advisory Committee Meeting is on June 5. [Link](https://columbiaassociation.org/explore-columbia/event-calendar/#event=77282913;instance=20240605180000?popup=1).
* Midnight Mini-Golf will be hosted at Columbia SportsPark is on June 15. [Link](https://columbiaassociation.org/explore-columbia/event-calendar/#event=77426460;instance=20240614210000?popup=1).

**FUNDING OPPORTUNITIES**

**Title: Model Continuums of Care Initiative (MCCI) to Advance Health Equity and End Health Disparities Among Women and Girls in Racial/Ethnic Minority and Other Underserved Communities**

**Description:** The purpose of this NOFO is to support the planning phase of the Model Continuums of Care Initiative (MCCI) to Advance Health Equity and End Health Disparities Among Women and Girls in Racial/Ethnic Minority Communities. MCCI is a multi-ICO dissemination and implementation science initiative to advance racial equity and end health disparities in racial/ethnic minority women and girls of reproductive age. This NOFO requires a Plan for Enhancing Diverse Perspectives (PEDP), which will be assessed as part of the scientific and technical peer review evaluation. Applications that fail to include a PEDP will be considered incomplete and will be withdrawn.

**Applications Deadline:** Tuesday, June 18, 2024. [Apply](https://grants.nih.gov/grants/guide/rfa-files/RFA-AA-24-006.html)

**Title: NCI Small Grants Program for Cancer Research for Years 2023, 2024, and 2025 Description:** This funding opportunity announcement (FOA) supports small research projects on cancer that can be carried out in a short period of time with limited resources. The R03 grant mechanism supports different types of projects including pilot and feasibility studies; secondary analysis of existing data; small, self-contained research projects; development of research methodology; and development of new research technology. Applicants are encouraged to apply early to allow adequate time to make any corrections to errors found in the application during the submission process by the due date.

**Applications Deadline:** Thursday, June 20, 2024. [Apply](https://grants.nih.gov/grants/guide/pa-files/PAR-23-058.html)

**Title: Prevention and Intervention Approaches for Fetal Alcohol Spectrum Disorders Description:** This Notice of Funding Opportunity (NOFO) focuses on prevention and intervention strategies for fetal alcohol spectrum disorders (FASD) throughout the lifespan. The intent of this NOFO is to support research that advances (1) prevention approaches to reduce prenatal alcohol exposure and the incidence of FASD and (2) interventions for FASD. Highest priority will be given to applications with clinical trials. Applicants interested in planning clinical trials or adding to current projects may also consider NOFO.

**Applications Deadline:** Thursday, June 6, 2024. [Apply](https://grants.nih.gov/grants/guide/pa-files/PAR-24-068.html)

**Title: National Peer-Run Training and Technical Assistance Center for Addiction Recovery Support**

**Description:** The purpose of this program is to provide training and technical assistance (TTA) to domestic public and private non-profit entities that provide or support services intended for people who are experiencing challenges related to a substance use or co-occurring condition. Applicants must comply with E.O. 12372 if their state(s) participates. Review process recommendations from the State Single Point of Contact (SPOC) are due no later than 60 days after application deadline.

**Applications Deadline:** Monday, July 22, 2024. [Apply](https://www.samhsa.gov/grants/grant-announcements/ti-24-014?utm_source=SAMHSA&utm_campaign=596efa72e2-EMAIL_CAMPAIGN_2024_05_21_06_25&utm_medium=email&utm_term=0_-596efa72e2-%5BLIST_EMAIL_ID%5D)

**Title: Research Opportunities Centering the Health of Women Across the HIV Research Continuum**

**Description:** The Office of Research on Women’s Health and the Office of AIDS Research, along with 17 institute, center, and office partners, issued a Notice of Special Interest (NOSI) to highlight interest in receiving intersectional HIV research and training grant applications that explicitly center the health needs of cisgender women and girls and gender-diverse people. Applicants are strongly encouraged to discuss proposed submissions for this initiative with the scientific contact for the proposed institute or center prior to submission to ensure alignment with institute or center mission areas and priorities for this initiative.

**Applications Deadline:** Monday, June 20, 2024. [Apply](https://orwh.od.nih.gov/in-the-spotlight/all-articles/notice-of-special-interest-nosi-research-opportunities-centering-health-of-women-across-hiv-research)

**EVENTS, TRAININGS, WEBINARS, SELF-PACED COURSES AND SUPPORT PROGRAMS**

***Events below may not be hosted or provided by HCLHIC. If you have any questions about***

***these events, please contact the event organizers directly.***

**HEALTHY BEGINNINGS**

**Title: Howard County Family Wellness Day**

**Description:** Join the Howard County Health Department and other community wellness partners for Howard County Family Wellness Day on Sunday, June 9th at Centennial Park. Family Wellness Day is FREE to the public. Enjoy a one day showcase promoting physical activity, health screenings, fun activities for all ages.

**Date/Time:** Sunday, June 9, 2024, 8:00am – 2:00pm

Get more information using the [link](http://www.wepromotehealth.org/family-wellness-day.aspx).

**Title: Little Learners: Summer Science (3 – 5 years with adult)**

**Description:** Explore summer science themes through children's literature and hands-on activities at the Savage Branch Library. Children 3-5 years must be accompanied by adult. Tickets available 15 minutes before class.

**Date/Time:** Monday, June 10, 2024, 10:15am – 11:00am

Register using the [link](https://live-howardcounty.pantheonsite.io/event/little-learners-summer-science-3-5-years-adult-tk-231460).

**Title: Summer Reading Adventures**

**Description:** Find the summer reading adventure that’s right for you and your family. The Howard County Library System have different experiences and activities for each age group. Visit one of our branches to select your Summer Reading program. Return completed gameboards between August 1 and 31 for a chance to win a prize.

**Date/Time:** Varies

Get more information using the [link](https://hclibrary.org/summer/).

**Title: Caregiver Wellness Workshops**

**Description:** Offered the fourth Thursday of every month from May 2024-June 2025, these workshops will delve into the challenges of parenthood and offer techniques to help parents navigate those challenges. Each session will run 6-7 p.m. and focus on a different topic. Register online for one or more sessions.

**Date/Time:** Every Fourth Thursday, 6:00pm – 7:00pm

[Email for more information.](mailto:kami_wagner@hcpss.org)

**Title: Free Prenatal Fitness Classes Presented by Fit4Baby**

**Description:** Join CareFirst Engagement Center for exciting and invigorating Free Prenatal Fitness Classes presented by Fit4Baby! These classes are designed for expectant mothers who want to stay active and maintain a healthy lifestyle during pregnancy. This is a FREE community event; CareFirst Insurance is not required!

**Date/Time:** Tuesdays, June - August, 2024, 6:30pm – 7:30pm

Register using the [link](https://www.eventbrite.com/e/howard-county-free-prenatal-fitness-classes-presented-by-fit4mom-tickets-880163070437).

**Title: Children’s Day Extravaganza**

**Description:** On Sunday, June 9th, bring your family to celebrate International Children's Day at the unique Green Farmacy Garden in Fulton, MD. We'll have offerings for kids of all ages to explore and connect with nature in facilitated and self-directed ways, including bug hunts, sing-alongs, readings and plant walks with local authors!

**Date/Time:** Sunday, June 9, 2024, 11:00am – 4:00pm

Register using the [link](https://www.eventbrite.com/e/childrens-day-extravaganza-tickets-903893488757?aff=odeimcmailchimp&mc_cid=6aed8b363b&mc_eid=1a2b12a8c5).

**Title: Celebrating Freedom: Juneteenth Crafts for Kids**

**Description:** Join other families for a fun and educational crafting session designed for children to celebrate and understand Juneteenth! Through hands-on activities, kids will learn about the history and significance of Juneteenth, the holiday that commemorates the end of slavery in the United States. Perfect for kids of all ages, this crafting session aims to inspire awareness and appreciation for freedom and equality.

**Date/Time:** Saturday, June 8, 2024, 2:00pm – 4:00pm

Register using the [link](https://howardcounty.librarycalendar.com/event/hold-marcus-nicks-249115).

**HEALTHY LIVING**

**Title: Latin Dance Fitness**

**Description:** Latin Dance Fitness classes are hosted every Monday at 6pm at the Wilde Lake Interfaith Center. Clase de Baile todos los lunes a las 6pm en Wilde Lake Interfaith Center en Columbia con Cris Oviedo y C.O. Communications. Creando comunidad atravez del baile.

**Date/Time:** Every Monday, 2024, 6:00pm – 7:00pm

Get more information using the[link](https://www.facebook.com/groups/581250392700070/posts/1631844147640684/?paipv=0&eav=Afb15kYHAp2Z6NrQ2zZuZlLbv-SUX9xLK8hTHlj-iPlJxIByKzREInbrPIXc0plqt_M&_rdr).

**Title: Tips for Being News Savvy Online (Senior Planet Program)**

**Description:** This lecture will explain the way technology has made it easier to create and spread misinformation. We’ll discuss tools to evaluate news sources and review helpful fact-checking sites. You’ll learn why it’s important to read and check your sources before sharing!

**Date/Time:** Monday, June 10, 2024, 11:00am – 12:00pm

Register using the [link](https://www.howardcountymd.gov/sites/default/files/2024-04/Senior%20Planet%20Calendar%20Q2_0.pdf).

**Title: Men’s Health Month Expo**

**Description** This event is to focus on Men's mental health as well as prostrate cancer. We will have workshops and classes that will discuss mens mental health, cancer education, substance abuse and much more! Please dress comfortably if you plan on taking a class.

**Date/Time:** Saturday**,** June 15, 2024, 10:00am – 2:00pm

Register using the [link](https://www.eventbrite.com/e/mens-health-month-expo-tickets-912175650927?aff=erelpanelorg).

**Title: Free Technology Classes (Senior Planet Program)**

**Description:** Howard County Office on Aging and Independence is partnering with Senior Planet from AARP to help older adults use technology.Classes are hosted in Howard County and are intended for adults 50 and over. Join the Howard County community for programs online and in person on popular topics and learn how you can stay connected!

**Date/Time:** Varies

Register using the [link](https://www.howardcountymd.gov/aging/digital-inclusion).

**Title: Living Well Building Better Caregivers Workshop**

**Description:** The community-based workshop is highly participatory, where mutual support and success build your confidence in your ability to manage caregiving tasks and maintain a fulfilling life. The class meets virtually every week at the same day and time.

**Date/Time:** Thursdays, June 13 – July 25, 2024, 6:00pm – 8:30pm

Register using the [link](https://lp.constantcontactpages.com/ev/reg/4hckjk7/lp/6c1bc81f-12ac-4637-a0c8-e556540c3805).

**Title: Public Listening Session**

**Description:** Join the health department in-person OR virtually to offer your thoughts and ideas about public health agencies, their services and how they could function. We want to hear from you! You must register to participate in the Listening Session in-person or virtually. If you wish to attend virtually, you will be provided a link via email after you register.

**Date/Time:** Thursday, June 13 5:00pm – 6:30pm

Register using the [link](https://www.eventbrite.com/e/hchd-hosts-the-maryland-commission-on-public-healths-listening-session-tickets-907848839317).

**Title: Eating the Healthy Way**

**Description:** This class provides you with the tools you need to make healthy choices throughout the day, as well as on the go. Discuss ways to incorporate physical activity into a busy day, along with specific ideas for breakfast, lunch and dinner. Learn practical ways to shop and plan meals ahead while staying within a budget.

**Date/Time:** Tuesday, June 4, 2024, 12:00pm – 1:00pm

Register using the [link](https://www.ppmco.org/get-free-support/health-wellness-classes/eating-the-healthy-way/).

**Title: Breathe Easier: Managing Asthma**

**Description:** This class provides you with the tools you need to manage asthma condition. Discover how to take control of your asthma using self-management techniques. Learn the basics of asthma, asthma triggers, medications, how to treat an asthma attack and stress management. Create an Asthma Action Plan.

**Date/Time:** Thursday, June 6, 2024, 12:00pm – 1:00pm

Register using the [link](https://www.ppmco.org/get-free-support/health-wellness-classes/breathe-easier-managing-asthma/).

**Title: Walking with East Columbia Branch and 50+ Center**

**Description:** Walking is a great way to get some activity into your routine. Lets get up and walk together. Come and walk around East Columbia Library. Please wear comfortable shoes and bring a water bottle. Each session is approximately 30 minutes and will meet on Fridays.

**Date/Time:** Monday, June 10, 2024, 9:30am – 10:30am

Register using the [link](https://howardcounty.librarycalendar.com/event/walking-east-columbia-branch-and-50-center-178836).

**Title: 2nd Annual Juneteenth Celebration**

**Description:** Education. Inspiration. Hope. Bring your picnic and blanket for a fun-filled, family-friendly evening of activities, music, education, and inspiration as we revisit the many groundbreaking contributions the Black/African-American Community has made to our society. Organized in partnership with Leona's Sewing Studio.

**Date/Time:** Wednesday, June 19, 2024, 5:00pm – 9:00pm

Register using the [link](https://www.carrollbaldwinhall.org/juneteenth-celebration?utm_campaign=d3b3df9f-0e2a-4921-af6a-f547e144e0a0&utm_source=so&utm_medium=mail&cid=2b0a1814-59cc-4dfd-8ddb-0e5b1279be2e).

**HEALTHY MINDS**

**Title: Good Vibes & Voices Concert and Event**

**Description**: Double time it over to Rockburn Branch park for a night of FREE music, entertainment, healing conversations, lawn games, food, and fun! Learn about local resources for service members, veterans, and their families. Featuring classic rock cover band Midnite Run!

**Date/Time:** Thursday, June 6, 2024, 6:00pm – 8:00pm

Get more information using the [link](https://www.howardcountymd.gov/goodvibes).

**Title: Maryland Conference on Problem Gambling**

**Description**: This annual statewide learning forum brings together national and local experts in the field of problem gambling, as well as Maryland State and local policy makers, community leaders, behavioral health providers, and other community health professionals. The Conference will be live and in-person at Turf Valley Resort.

**Date/Time:** Friday, June 14, 2024, 8:30am – 4:00pm

Register using the [link](https://www.eventleaf.com/e/ProblemGamblingConference2024).

**Title: Behavioral Health Resource Fair**

**Description:** The Howard County Health Department is hosting a Behavioral Health Resources Fair on June 7—and you’re invited! Join us between 3 p.m. and 7 p.m. to enjoy fun fitness classes, rock painting, and other fun activities. You can even take naloxone training courses while there.

**Date/Time:** Friday, June 7, 2024, 3:00pm – 7:00pm

Explore trainings using the [link](mailto:kknights@howardcountymd.gov).

**Title: 2024 Annual Women’s Conference**

**Description:** The Maryland Department of Health's Behavioral Health Administration 2024 Annual Women's Conference, Health, Equity and Recovery (HER) is scheduled to take place on Thursday, June 27. CEU/COA certificates will be electronically emailed once you complete and submit the electronic evaluation form.

**Date/Time:** Thursday, June 27, 2024, 9:00am – 3:00pm

Explore trainings using the [link](https://www.edgereg.net/er/Registration/StepRegInfo.jsp?ActivityID=42802&StepNumber=1&v=MzQwMTgyMzgtYzBmOC00ZDNmLTg2NzgtMTI4NDg1ODY2OGMw).

**Title: Managing Stress and Anxiety**

**Description:** This class provides you with the tools you need to manage stress and anxiety.Increase your knowledge about stress and anxiety and how they affect your health. Identify your individual stressors, learn techniques to reduce stress and anxiety and practice mindfulness.

**Date/Time:** Wednesday, June 5, 2024, 12:30pm – 1:30pm

Register using the [link](https://www.ppmco.org/get-free-support/health-wellness-classes/managing-stress-and-anxiety/).

**Title: Firearm Safety Counseling for Youth Injury And Suicide Prevention: Clinical Strategies For Primary Care**

**Description**: Please join Maryland Behavioral Health Integration in Pediatric Primary Care (BHIPP) for a BHIPP Mental Health Crisis Training focused on Firearm Safety Counseling for Youth Injury and Suicide Prevention: Clinical Strategies for Primary Care. Free CME/CEU credit available for participation.

**Date/Time:** Wednesday, June 12, 2024, 12:00pm – 1:00pm

Register using the [link](https://jhjhm.zoom.us/webinar/register/WN_wSzZY051QaCn957hEu0zrA#/registration).

**OTHER RESOURCES/RESEARCH/ARTICLES/UPDATES**

**Healthy Beginnings**

* The Task Force on Maternal Mental Health’s Report to Congress. [**Link**](https://www.samhsa.gov/sites/default/files/mmh-report.pdf?utm_campaign=Newsletters&utm_medium=email&_hsenc=p2ANqtz-_nSmkWO5iltUeByNoJzeh37Y72KxcH_I-jWGcAw7V6nBC9Z-ZhlS446b8Lwm-RTVl63Gq2yVVkJzoBgiC8sYqrPJ7BCbgGzVSphCKicYhM-BvN8U0&_hsmi=309641721&utm_content=309641721&utm_source=hs_email)**.**
* All-new, state-of-the art Family Justice Center opens in Ottawa County article. [**Link**](https://www.wzzm13.com/article/news/local/ottawa-county-family-justice-center/69-68137d93-a7b2-4f2a-830c-d6c285ef3496).
* Approaches to Collaborative Partnerships in the Child Welfare Community Collaborations Initiatives press release. [**Link**](https://www.acf.hhs.gov/opre/report/approaches-collaborative-partnerships-child-welfare-community-collaborations)**.**
* Parents Forum Seeks to Make Parenting Education Universal press release. [**Link**](https://www.8newsnow.com/business/press-releases/ein-presswire/715976163/parents-forum-seeks-to-make-parenting-education-universal/)**.**
* Partnering with Dads to Enhance Pediatric Care article. [**Link**](https://www.chcs.org/resource/partnering-with-dads-to-enhance-pediatric-care/?utm_source=CHCS+Email+Updates&utm_campaign=fdcb481ff8-CHCS-Monthly-News_May_05%2F30%2F24&utm_medium=email&utm_term=0_-fdcb481ff8-%5BLIST_EMAIL_ID%5D)**.**
* Collaborating to Prevent Foster Care Placement and Support Family Well-Being. [**Link**](https://www.chcs.org/resource/collaborating-to-prevent-foster-care-placement-and-support-family-well-being/?utm_source=CHCS+Email+Updates&utm_campaign=fdcb481ff8-CHCS-Monthly-News_May_05%2F30%2F24&utm_medium=email&utm_term=0_-fdcb481ff8-%5BLIST_EMAIL_ID%5D)**.**
* One in Nine Kids have ADHD article. [**Link**](https://www.medpagetoday.com/psychiatry/generalpsychiatry/110364?xid=nl_mpt_DHE_2024-05-29&eun=g2262431d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=Daily%20Headlines%20Evening%202024-05-29&utm_term=NL_Daily_DHE_dual-gmail-definition)**.**

**Healthy Living**

* Racial Disparities in Cognitive Outcomes Tied to Early Life Experiences article. [**Link**](https://www.medpagetoday.com/neurology/generalneurology/110371?xid=nl_mpt_DHE_2024-05-29&eun=g2262431d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=Daily%20Headlines%20Evening%202024-05-29&utm_term=NL_Daily_DHE_dual-gmail-definition).
* Treatment Emerges for Autoimmune Polyendocrine Syndrome article. [**Link**](https://www.medpagetoday.com/rheumatology/generalrheumatology/110363?xid=nl_mpt_DHE_2024-05-29&eun=g2262431d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=Daily%20Headlines%20Evening%202024-05-29&utm_term=NL_Daily_DHE_dual-gmail-definition)**.**
* 3rd Annual Juneteenth Celebration and Community Day will be June 15. [**Link**](https://mcusercontent.com/c465639aa2edcd5cefe841b21/images/6fd8bfee-850d-caa6-0f98-26003d267ba5.png)**.**
* HPV Testing Outperforms Pap Smear for Detecting Cervical Cancer Precursor Lesions article. [**Link**](https://www.medpagetoday.com/hematologyoncology/cervicalcancer/110403?xid=nl_mpt_DHE_2024-05-31&eun=g2262431d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=Daily%20Headlines%20Evening%202024-05-31&utm_term=NL_Daily_DHE_dual-gmail-definition)**.**
* Howard County Community Resources and Services has posted the Climate Community Engagement Survey. [**Link**](https://bit.ly/HoCoCARPsurvey)**.**
* Fifth Edition of the Health of Women of U3 Populations Data Book Is now available. [**Link**](https://orwh.od.nih.gov/in-the-spotlight/all-articles/fifth-edition-of-health-of-women-of-u3-populations-data-book-is-now-available)**.**
* NIH Fact Sheets on Women’s Health Research Highlights Key Women’s Health Issues article. [**Link**](https://orwh.od.nih.gov/in-the-spotlight/all-articles/new-resource-nih-fact-sheets-on-womens-health-research-highlights-key-womens-health-issues)**.**
* World Elder Abuse Awareness Day will be recognized on June 15. [**Link**](https://www.johnahartford.org/dissemination-center/view/world-elder-abuse-awareness-day-join-us-in-building-stronger-supports-for-older-adults?utm_source=The+John+A.+Hartford+Foundation+Email+List&utm_campaign=87456c243a-rss-3-9_COPY_01&utm_medium=email&utm_term=0_c762038350-87456c243a-119174702)**.**
* Splash Pads and Floatation Tanks guides for Local health Departments. [**Link**](https://www.naccho.org/programs/environmental-health/hazards/water/model-aquatic-health-code-mahc-network?utm_source=MagnetMail&utm_medium=email&utm_term=dgalan%40naccho%2Eorg&utm_content=MAHC%20Report%20email%202024&utm_campaign=New%20Report%20Captures%20Pueblo%20County%27s%20MAHC%20Adoption%20and%20Implementation%20Journey#resources)**.**
* U.S. National Water Safety Action Plan article. [**Link**](https://www.watersafetyusa.org/uploads/7/0/6/0/70608285/usnwsap_v7.pdf)**.**

**Healthy Minds**

* NIH Announces Winners of 2023-2024 High School Mental Health Essay Contest. [**Link**](https://www.nimh.nih.gov/news/science-news/2024/nih-announces-winners-of-2023-2024-high-school-mental-health-essay-contest).
* Commissioners support Mental Health Base Funding increase article. [**Link**](https://www.lockhaven.com/news/local-news/2024/05/commissioners-support-mental-health-base-funding-increase/).
* Supporting LGBTQ+ Communities with an Intersectional Lens webinar will be on June 20. [**Link**](https://thenationalcouncil-org.zoom.us/webinar/register/WN_Gq5rCEK9Rba2YqN81sF3pg?mkt_tok=NzczLU1KRi0zNzkAAAGTXlGNiXRbFtmzfEs-9PTEr90oWpFhje9ji5SZWpKDnkN8NxgM_xcoBsET0zBGpD1kpqSIc_e3s0GgXxhdtCz7yOTePAdGcjxzTAkEIuu1WmcA#/registration)**.**
* Suicide Risk Higher for Women With Premenstrual Disorders article. [**Link**](https://www.medpagetoday.com/obgyn/generalobgyn/110356?xid=nl_mpt_morningbreak2024-05-29&eun=g2262431d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=MorningBreak_052924&utm_term=NL_Gen_Int_Daily_News_Update_active)**.**
* Congress has passed the National Plan to End Parkinson’s Act article. [**Link**](https://view.michaeljfox-email.org/?qs=245bf431aa60126250df2887145cd1483de0a97bcbbfabd603f1de7b48a52b7bea5c8f73bb8dd0fc3b8de2dc2484d552074e00433cad638e33c749c85631b4a4d724b11d5039c3c3310f69b4f3a54baa51c790609b03d1fa)
* Supporting LGBTQ+ Communities with an Intersectional Lens webinar will be on June 20. [**Link**](https://thenationalcouncil-org.zoom.us/webinar/register/WN_Gq5rCEK9Rba2YqN81sF3pg?mkt_tok=NzczLU1KRi0zNzkAAAGTXlGNiXRbFtmzfEs-9PTEr90oWpFhje9ji5SZWpKDnkN8NxgM_xcoBsET0zBGpD1kpqSIc_e3s0GgXxhdtCz7yOTePAdGcjxzTAkEIuu1WmcA#/registration)**.**
* Introduction to Psychedelics for the Treatment of Substance Use Disorder webinar will be on June 13. [**Link**](https://thenationalcouncil.swoogo.com/Psychedelics-for-the-Treatment-of-SUD?mkt_tok=NzczLU1KRi0zNzkAAAGTXlGNiabwUbQNvZt4DZKe_m3j2WlYYm_LqhJUC90oDYOJSpiTkrwMjzEhZBrk0-lLKMIaRTCIHj4SmMDXktqRnzdWBBC0qUM4Wm2hbFTOU7u5)**.**
* SAMHSA has released their 2024 Mental Health Awareness Month Toolkit online. [**Link**](https://www.samhsa.gov/mental-health-awareness-month/toolkit?utm_source=SAMHSA&utm_campaign=60da5deb67-EMAIL_CAMPAIGN_2024_05_13_07_16&utm_medium=email&utm_term=0_-60da5deb67-%5BLIST_EMAIL_ID%5D).
* Pediatricians Have Important Role in Talking About Substance Use article. [**Link**](https://www.medpagetoday.com/special-reports/features/110186?xid=nl_mpt_investigative2024-05-27&eun=g2262431d0r&utm_source=Sailthru&utm_medium=email&utm_campaign=InvestigativeMD_022724&utm_term=NL_Gen_Int_InvestigateMD_Active).
* NAMI Howard County has a Veteran Support Group that meets every Monday. [**Link**](https://namihowardcountymd.org/support-and-education/veteran-support-group/).