

Howard County Local Health Improvement Coalition (HCLHIC)

Healthy Lifestyle Workgroup Meeting

Howard County Health Department

June 23, 2025

1:00 pm – 2:00 pm

Virtual

Meeting Goals: Provide updates on Howard County food access and movement initiatives; discuss community container garden and walking group; review 2024 Walktober achievements and gather interest for 2025 Walktober and Fall Prevention Planning; and view the first Breaking Down Barriers video.

Meeting Agenda*Meeting will start promptly at 1:00 pm*

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| 1:00 pm – 1:15 pm | Welcome and Updates <ul style="list-style-type: none">• Food Council Updates<ul style="list-style-type: none">○ <i>Maribet Rivera-Brute, Howard County Local Health Improvement Coalition</i>• Food Bank Updates<ul style="list-style-type: none">○ <i>Carrie Ross, Co-Chair, Community Action Council</i>• Movement Updates<ul style="list-style-type: none">○ <i>Michelle Rosenfeld, Co-Chair, Office on Aging and Independence</i>• Other Partner Announcements |
| 1:15 pm – 1:25 pm | Community Container Garden and Walking Group Updates
<i>Maribet Rivera-Brute, Howard County Local Health Improvement Coalition</i> |
| 1:25 pm – 1:45 pm | Walktober 2024 Review/Interest in Walktober 2025 and Falls Prevention Planning Committee
<i>Ashton Jordan, Howard County Local Health Improvement Coalition</i> |
| 1:45 pm – 1:55 pm | <u>Healthy Lifestyle Breaking Down Barriers Presentation</u>
<i>Ashton Jordan, Howard County Local Health Improvement Coalition</i> |
| 1:55 pm – 2:00 pm | Next Steps and Adjourn |