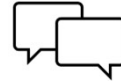


WELCOME! We Will begin shortly!!

All participants are muted upon entry.



Please use the Chat Box to submit questions and share announcements.



Please raise your Virtual Hand before unmuting to speak.



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Howard County Local Health Improvement Coalition

Full Coalition Meeting

July 17, 2025

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GOAL & AGENDA

GOAL: Present S.T.A.N.D organization, provide workgroup updates, and present the approved FY 26 – 28 Community Health Improvement Plan.

AGENDA:

- A. Welcome & Introductions
- B. S.T.A.N.D. Presentation
- D. HCLHIC Workgroup Updates
- E. FY 26-28 Community Health Improvement Plan (CHIP) and 2025 CHNA
- E. Member Announcements, Resource Sharing, and Networking
- F. Next Steps and Wrap-up

WELCOME & OPENING REMARKS

Welcome

New Members and Guests

Opening Remarks:

Howard County Health Department &
Johns Hopkins Howard County Medical Center

Please use the Chat Box or Raise your Hand to ask questions

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S.T.A.N.D.

Stepping Towards a New Destiny

Tigana S. Duncan
Executive Director

Howard County LHIC
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Presentation by:
 Tigana S. Duncan -
 Executive Director
 S.T.A.N.D.
 July 17, 2025



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Vision and Mission

Vision We are committed to strengthening, training, advancing, nurturing, and developing leaders who can continue a rippling effect of change for generations to come.

Mission Our mission is to empower individuals through transformative learning experiences and exceptional opportunities for educational and professional growth, ultimately enriching their lives.



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S.T.A.N.D. Vision/Mission

- **VISION:** Strengthening, training, advancing nurturing and developing leaders to impact generations to come.
- **MISSION:** Operate a stellar support program focused on academics and enforcing leadership, personal development and character-building for families.



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S.T.A.N.D. Staff

- STAND currently has 23 mentors who offer guidance and advice and support to mentees based on their knowledge and experience.
- Each mentor's role is to establish a positive, supportive, and professional relationship with your mentee.
- This can involve listening to their concerns, being empathetic, and creating a safe environment for open communication.
- They worked with their mentee to set clear goals, both short-term and long-term.



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S.T.A.N.D. Expertise

Our mentors are highly skilled and trained.

- ❖ cultural competency and diversity
- ❖ trauma-informed care
- ❖ crisis intervention
- ❖ behavioral management
- ❖ peer recovery support.



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4 Pillars of S.T.A.N.D. Mentoring

Entrepreneurships/ Business management

- We offer in depth training and seminars that focus on Financial Literacy and Business Management.
- Training topics include Passive Income strategies, Budgeting, Investments, and Credit 101.

Optimal Health

- During the transition from childhood to adulthood, adolescents establish patterns of behavior and make lifestyle choices that affect their physical health.
- We focus on empowering others to make smart decisions concerning their health.

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4 Pillars of S.T.A.N.D. Mentoring

• Life Skills

- STAND seeks to teach those who have the desire to better themselves.
- We focus on enhancing their skill base through training and soft skills development-necessary to be self-sufficient and thrive.

Trade and Innovations

- STAND Volunteers and Mentors will review proper interviewing techniques; how to complete job applications and resume preparation; telephone etiquette; and effective communication skills in the workplace.
- Additional courses will include: Discovering Your Gifts and Talents; Time Management; Self-Image, and Stress Management.

S.T.A.N.D. Program Performance Metrics

- STAND ensures **quality performance** to ensure our participants receive the best possible services, which meet their expectations and needs.
- All programs are designed with the same **strategic approach**, and we implement our program with a strategic plan with clear and defined roles, a timeline and accountability measurements.
- We conduct a **needs assessment** to find the areas of opportunity or the areas where problems lie.
- We conduct **action planning** to address needs by using a root cause analysis approach.
- We regularly evaluate our plan and make the adjustments pertinent to become more efficient, effective and adaptable in fulfilling our purpose. We both use both qualitative and quantitative techniques throughout our organization to drive process improvement.

What do we MEASURE



Attendance - weekly

- ❖ Behavior – reported incidents with teachers and students
- ❖ Scholastic or Course performance (grades) GPA per quarter

Our goal for each mentee is to REDUCE:

- Number of absences
- Number of incidences with teachers and students
- Number of missed class assignments and increase grades
- Recidivism

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EXPERIENCES BEYOND THE NORM



16



EXPERIENCES BEYOND THE NORM



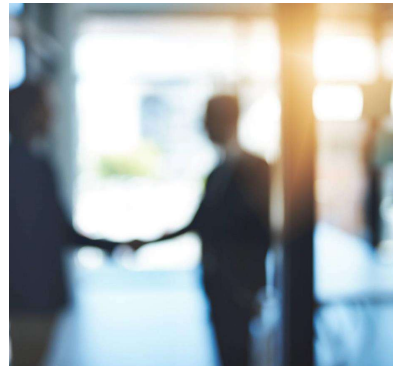
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EXPERIENCES BEYOND THE NORM



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Tigana S. Duncan - Executive Director

tduncan@standmentorship.org

www.standmentorship.org

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Workgroup Updates

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Workgroup Updates



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Howard County Local Health Improvement

Growing Healthy Families Workgroup

Co-chairs:

Samatha Cribbs, RN, MSN, CPST, Bureau of Family Health Services

Erica Taylor, M.S., Howard County Office of Children and Families

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Healthy Lifestyle Workgroup

Michelle Rosenfeld, Office on Aging and Independence, Co-chair

Carrie Ross, Community Action Council, Co-chair

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**Howard County Local Health Improvement
Healthy Minds and Suicide Prevention Coalition (HMSPC)
Workgroup**

Jessica Fisher, LCSW-C, Co-chair
Barbara Allen, Co-chair

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**Howard County Local Health Improvement
Community Health Worker
Learning Collaborative (CHWLC)**

María José Candanoza, MPH, CCHW, HCLHIC, Co-chair
Amanda Toohey, Johns Hopkins Howard County Medical Center, Co-chair

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BREAK – 5 MINUTES



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2026-2028 HCLHIC Strategic Plan/Community Health Improvement Plan Update

Maribet Rivera-Brute, MPH

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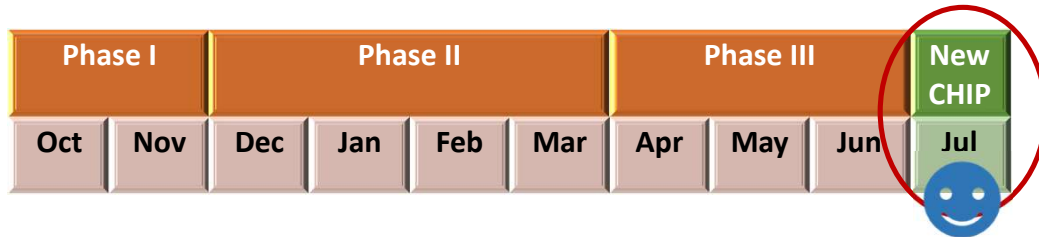
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FY 26 – 28 CHIP Process Timeline

- Using **Modified** Mobilizing for Action Through Planning and Partnerships (MAPP) 2.0 Framework



HCLHIC Mission and Vision

Mission: Howard County's Local Health Improvement Coalition works to achieve health equity and to identify and reduce health disparities for all in Howard County.

Vision: All community members in Howard County have an equitable opportunity to achieve health and wellness.

HCLHIC Priorities

 <small>HEALTHY BEGINNINGS</small>	Healthy Beginnings: Healthy lifestyle activities related to prevention and care to improve maternal, infant, and family health.
 <small>HEALTHY LIVING</small>	Healthy Living: Healthy lifestyle activities for disease prevention through improved access to healthy foods, health education, safe physical activity opportunities, and healthcare.
 <small>HEALTHY MINDS</small>	Healthy Minds: Healthy lifestyle activities for social engagement to support mental wellness and behavioral health.

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HCLHIC Workgroups

Growing Healthy Families (GHF) Workgroup

Healthy Lifestyle (HL) Workgroup

Healthy Minds & Suicide Prevention Coalition (HMSPC)

Community Health Worker Learning Collaborative (CHWLC)

- **Description:** CHWs promote health and wellness by empowering individuals to adopt healthy behaviors and bridging gaps in access to culturally appropriate healthcare and social services

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Healthy Beginnings: Goals and Strategies (1 of 6)



Goal 1: Improve health outcomes for Black/African-American infants and mothers

Objective 1.1: By June 2028, increase awareness of educational and other resources


- Black Maternal Health Week celebration
- Perinatal care educational programs for Black/African-American mothers

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Healthy Beginnings: Goals and Strategies (2 of 6)



Objective 1.2: By June 2028, increase awareness of doula services

- Promote doula use
- Collaborate with healthcare institutions
- Disseminate information on doula benefits.

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Healthy Beginnings: Goals and Strategies (3 of 6)



Goal 2: Enhance equitable access to healthcare


Objective 2.1: By June 2028, increase awareness of affordable healthcare coverage, community health centers, and transportation assistance

- Strengthen and expand partnerships
- Share inclusive resources
- Explore women's health issues

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Healthy Beginnings: Goals and Strategies (4 of 6)




Objective 2.2: By June 2028, increase access to prenatal care and nutrition education for all women

- WIC Program and similar organizations
- Strengthen ties with healthcare providers, nutrition experts, and faith-based organizations

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Healthy Beginnings: Goals and Strategies (5 of 6)



Goal 3: Engage community members in women and maternal health activities.

Objective 3.1: By June 2028, enhance healthcare awareness and access and well-being

- Focus groups
- Toolkit for advocacy efforts
- Promote resources for mothers, fathers, and grandparents


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Healthy Beginnings: Goals and Strategies (6 of 6)



Objective 3.2: By June 2028, engagement to improve physical and mental health and social engagement

- Mental and physical health messaging
- Collaboration with Growing Healthy Families and Healthy Minds and Suicide Prevention workgroups
- Promotion of resources offering alternative therapy
- Collaboration with healthcare organizations, faith-based organizations, schools, and community-based organizations

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Healthy Living: Goals and Strategies (1 of 8)



Goal 1:
Advance healthy lifestyle behaviors.

Objective 1.1: By June 2028, implement and evaluate healthy lifestyle messages for priority populations


- Social media messaging
- Engage CHWs
- Collaboration on pedestrian safety and healthy lifestyle messaging

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Healthy Living: Goals and Strategies (2 of 8)




Objective 1.2: By June 2028, create and promote health education materials for chronic disease prevention and nutrition-focused wellness

- Collaborate with businesses and local healthcare organizations
- Promote nutrition education workshops
- Food Assistance and Nutrition Education Program Guide and related materials

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 HEALTHY
LIVING

Healthy Living: Goals and Strategies (3 of 8)

Objective 1.3: By June 2028, enhance community awareness of health education


- Partner with healthcare organizations, faith-based organizations, schools, and local businesses
- Promote CAREAPP

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 HEALTHY
LIVING

Healthy Living: Goals and Strategies (4 of 8)

Objective 1.4: By June 2028, enhance youth physical activity and pedestrian safety.


- Promotion and engagement of walking/physical activities
- Collaborate with schools and community organizations

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Healthy Living: Goals and Strategies (5 of 8)

Goal 2: Increase awareness of nutritious food

Objective 2.1: By June 2028, increase access to culturally appropriate, accessible, affordable, nutritious food

- Food Connections Map
- Food Pantry and Hot Meals brochures
- Community and container gardening efforts

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Healthy Living: Goals and Strategies (6 of 8)

Objective 2.2: By June 2028, promote food resources through partnerships


- Educational materials
- Food Security and CAREAPP Needs Assessment and referrals
- Collaborate with local communities, faith-based organizations, and school

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 HEALTHY
LIVING

Healthy Living: Goals and Strategies (7 of 8)

Goal 3: Increase awareness of fall risk

Objective 3.1: By June 2028, promote falls prevention resources and activities

- Resources on Falls Prevention Week and year-round
- Collaboration with to promote movement and strength training

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 HEALTHY
LIVING

Healthy Living: Goals and Strategies (8 of 8)

Objective 3.2: By June 2028, increase knowledge about fall risk factors


- Walking groups in neighborhoods
- Short videos to increase physical activity
- Promote falls prevention programs

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Healthy Minds: Goals and Strategies (1 of 6)

Goal 1: Promote safe home practices and reduce stigma

Objective 1.1: By June 2028, create and promote materials to make homes safer to prevent suicide


- Safeguard your Home brochure
- Online toolkit for suicide prevention strategies
- Collaboration with community centers, healthcare organizations, community-based organizations, and local businesses

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Healthy Minds: Goals and Strategies (2 of 6)

Objective 1.2: By June 2028, increase community engagement to support mental health among priority populations

- Culturally competent mental health providers in Black/African American communities
- Collaborate with schools to disseminate resources
- Support social engagement opportunities and resources on substance use and mental health disorders

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Healthy Minds: Goals and Strategies (3 of 6)



Goal 2: Develop community violence intervention programs, promoting safe firearm storage and ownership practices, and collaborating with law enforcement agencies

Objective 2.1: By June 2028, support community-based initiatives to reduce firearm-related deaths

- Educate on firearm safety and violence prevention
- Promote safe firearm storage practices and access
- Community-based violence intervention campaigns

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Healthy Minds: Goals and Strategies (4 of 6)



Objective 2.2: By June 2028, expand partnerships to address the unique mental health needs

- Collaboration with law enforcement agencies
- Identify and collaborate with Black/African-American-led community-based organizations
- Collaborate with schools

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Healthy Minds: Goals and Strategies (5 of 6)



Goal 3: Promote mental health and behavioral resources through partnerships in priority populations


Objective 3.1: By June 2028, promote mental health resources through partnerships with organizations and social groups

- Mental health resources through outreach events and collaboration
- Substance use and mental health resources
- Promotion of peer mentorship for adults and youth
- Mental health training resources for healthcare providers

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Healthy Minds: Goals and Strategies (6 of 6)



Objective 3.2: By June 2028, collaboration to provide resources for community members to find behavioral health

- Increase awareness of health resources
- Promote educational materials and behavioral health resources to reduce stigma
- Engage youth in mental health discussions

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CHWLC: Goals and Strategies (1 of 5)

Goal 1: Create a centralized CHW network

Objective 1.1: By June 2028, connect CHWs to share resources

- Quarterly CHW Learning Collaborative
- Outreach efforts and engagement
- CHW certification
- Promotion of funding opportunities

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CHWLC: Goals and Strategies (2 of 5)

Objective 1.2: By June 2028, maintain and expand the CHWLC Workgroup membership

- Partnership with local universities, healthcare providers, community-based organizations, and faith-based organizations to promote CHWLC

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CHWLC: Goals and Strategies (3 of 5)

Goal 2: Elevate CHWs as trusted advocates in healthcare and social services

Objective 2.1: By June 2028, develop best practices and expectations for CHWs

- CHWs to bridge the gap between healthcare and social services
- Develop a CHWs Continuing Education Unit (CEU) professional development opportunities
- Partnerships for CHW training opportunities

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CHWLC: Goals and Strategies (4 of 5)

Objective 2.2: By June 2028, establish a sustainable network of CHWs.

- Highlight the impact and benefit of CHWs in the community
- Create Community Asset Profiles
- Collaborate with community partners and utilize CAREAPP

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CHWLC: Goals and Strategies (5 of 5)

Objective 2.3: By June 2028, integrate CHWs into existing Howard County Health Department (HCHD) programs

- Identify priority areas
- Establish cross-sector partnerships

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FY 26 – 28 CHIP

- Updated and approved by-laws on the [website](#)
- Alignment with:
 - Hospital CHNA
 - MDH SHIP
 - Office of Aging and Independence (OAI)
 - Other organizations
- **Year 1** - FY 26: July 2025 – June 2026
- **Year 2** - FY 27: July 2026 – June 2027; *Mid-Point: December 2026*
- **Year 3** - FY 28: July 2027 – June 2028; *End-Point: June 2028*

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Johns Hopkins Howard County Medical Center

2025 Community Health Needs Assessment (CHNA)

Update

Chris Miller, LCSW-C

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Howard County Medical Center
2025 Community Health Needs Assessment
and Implementation Strategy



<https://www.hopkinsmedicine.org/-/media/johns-hopkins-howard-county/documents/jhhcmc-chna--2025.pdf>

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Member Announcements, Resource Sharing and Networking

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Healthy Hearts

Blood Pressure Self-Monitoring Program*

Do you have high blood pressure?

Sign-up today to receive a FREE blood pressure monitor, and:

- Training on how to measure and track your blood pressure at home. 
- Guidance and support from a trained lifestyle coach. 
- Education on healthy food choices to help manage high blood pressure. 



To sign-up or learn more:
Scan the QR code,
Visit bit.ly/HoCoHHA or
Call 410-313-6254.

*This is the Centers for Disease Control and Prevention (CDC) Healthy Heart Ambassador Blood Pressure Self-Monitoring Program

<https://tinyurl.com/y2dz43tz>

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LHIC Digital Content Tools

- Newsletter content
- E-banners:
 - Find food and nutrition resources
 - Find mental health resources
- <https://www.hclhic.org/membership/newsletter-tools>



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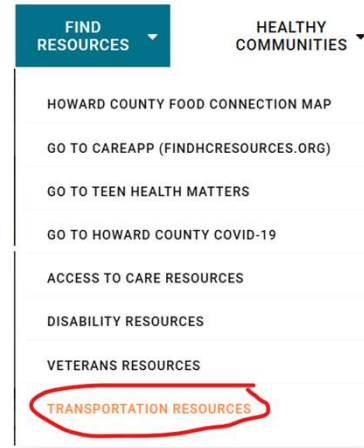
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LHIC - Transportation Resources

- Transportation Resources tab added to website
- <https://www.hclhic.org/resources/transportation-resources>



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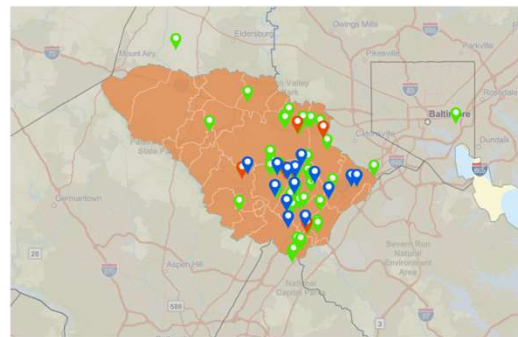
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Howard County Food Connections Map

- Howard County Food Connections Map has been updated.
- Please share!




<https://www.hclhic.org/foodmap>

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ARE YOU A DOULA LOOKING FOR A VILLAGE?


Are you a certified doula looking to grow your business while making a meaningful impact in the Howard County community?

If so, please consider joining us to learn more about our newly created Doula Partnership Program!


Receive Support through:

- Medicaid credentialing and billing training
- Promotion & Marketing through HCHD Network
- Ongoing Client Referrals
- Continuing Education & Training

Scan for Interest Form



<https://www.howardcountymd.gov/peace-project#doula-partnership-program-for-doulas>



Media Release

Media Contact:
Matt Wilson
Communications Manager
W: 410.313.6233
matt.wilson@howardcountymd.gov

FOR IMMEDIATE RELEASE
July 16, 2025

Innovative Partnership Entices Area Doulas to Support Howard County Families

Columbia, MD – The Howard County Health Department recently launched a groundbreaking initiative—the **Doula Partnership Program**—aimed at improving maternal and infant health by bridging public health services with private-sector expertise. This first-of-its-kind program brings together trained, certified doulas and the Health Department to offer comprehensive pregnancy, birth, and postpartum support to families across the income spectrum, from Medicaid-eligible individuals to privately insured, middle-income households.

A doula is an individual trained to provide emotional, physical, and informational support during pregnancy, birth, and the postpartum period. This professional works with a client's medical team to ensure that all needs are met during the birthing experience. The department's P.E.A.C.E. Project refers eligible families to a doula and covers all or a large portion of the cost of doula services.

"By investing in this innovative model of care, the Howard County Health Department is advancing its commitment to health equity and ensuring that families have access to the resources and support they need for a healthier start," said **Dr. Maura Rossman, Howard County Health Officer**. "The Doula Partnership Program supports birthing individuals throughout pregnancy, childbirth and the postpartum period to ensure everyone has the opportunity for the best outcome."

"Doulas play a critical role in delivering maternal and infant healthcare. From providing physical, emotional, and resource support, they are an invaluable help for Howard County moms and families during pregnancy, childbirth, and postpartum," said **Howard County Executive Calvin Ball**. "Since taking office in 2018, my team has spearheaded significant investments and initiatives focused on maternal health to improve access to care and reduce health disparities. I applaud Dr. Rossman and her team for increasing doula access and for the positive impact doulas are making with families and babies."


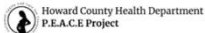
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DOULA TRAINING INTEREST MEETING


Interested in becoming a doula?

In partnership with Sweet Bee Services, join us to learn about training and mentorship opportunities — including a scholarship to support and serve families in Howard County!

Wednesday, July 23 6:30 - 7:30pm
Savage Branch - DaVinci Room
9525 Durness Lane, Laurel, MD 20723



Scan to register!




<https://tinyurl.com/3yfi5kji>

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Join us on July 31, 5:30-6:30 p.m. at Blandair Park for our 2nd annual Dads in the Park! Located in the North Area of the park. The specific address is 5750 Oakland Mills Road, Columbia, MD 21045.

Come out and enjoy an exciting afternoon as we celebrate fathers and their little ones. This family-friendly event features lawn games, delicious snacks, frozen treats and so much more for children ages birth to five.

Questions? Contact Ovan Shortt, 410-313-1453 or oshortt@howardcountymd.gov
To request this document in an alternative format, or accommodations to participate call 410-313-1940 (voice/relay), in advance.




<https://tinyurl.com/4s8phaax>



Join us for a family-friendly afternoon run with dads and their little ones at Centennial Park South, August 21, 5:30-7:00 p.m.

Whether you're jogging with your child in a stroller or running side-by-side, this event is all about movement, bonding and enjoying the outdoors together. Run, jog or walk at your own pace. Water and healthy snacks will be provided. Bring your water bottle, running shoes, stroller if needed, and get ready for an energetic day with your kiddos ages birth to five.

Questions? Contact Ovan Shortt, 410-313-1453 or oshortt@howardcountymd.gov
To request this document in an alternative format, or accommodations to participate call 410-313-1940 (voice/relay), in advance.

<https://tinyurl.com/2fech2mv>

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<https://www.howardcountymd.gov/peace-project>



<https://www.surveymonkey.com/r/DV6SVMM>

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Walktober 2025

- The Howard County Local Health Improvement Coalition (HCLHIC) is excited to lead the 2025 Walktober initiatives!
- Complete the interest form if you'd like to host an event and for us to promote it.



<https://forms.gle/HQgw1sPaG5KNDPpg8>

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<https://www.howardcountymd.gov/health/women-infants-children-wic>

<https://tinyurl.com/3uze2k9k>

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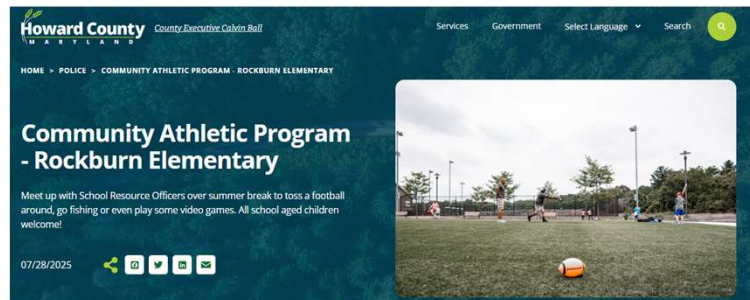
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<https://namihowardcountymd.org/event/sunday-suppers/2025-07-20/>



<https://www.howardcountymd.gov/police/community-athletic-program-rockburn-elementary>

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PREVENTION

If you, or someone you know, is struggling with suicidal thoughts, it's important to make your home, or the home of another person, safer. Studies show that limiting access to possible methods of suicide, like medications or firearms, can help prevent it.

According to the 2024 Howard County Health Assessment Survey, 1 in 3 residents reported feeling down, depressed or hopeless. These feelings can sometimes lead to thoughts of suicide, but there are steps you can take to help, if you or someone you know is struggling. Simple actions can make a difference.

Support & Resources

Get Help Now
911 - Call 911 if there is an immediate risk for safety or a medical emergency.
988 Suicide & Crisis Lifeline
Call/Text/Chat to 988 - 24/7 confidential support
• Press 1 for Veterans and Service Members
• Press 2 for Spanish (español)

Resources
Howard County Health Department Behavioral Health Resources 410-313-6202
Additional Resources
Grassroots Crisis Intervention - 988
NAMI - Howard County
Teen Health Matters - Mental Health & Suicide Prevention
CARAFAP Suicide Prevention Resources - hclhicresources.org

SAFEGUARD YOUR HOME

A guide to help prevent suicide.

WHAT YOU CAN DO

Give Support
If someone is thinking about suicide, take it seriously, take it seriously.
• Have a conversation.
• Speak privately with them.
• Listen closely and without judgment; show you care.
• Ask directly if they are thinking about suicide. (This will not put the idea of suicide in their head.)
If you are struggling, talk to a friend/loved one or call 988 to speak with a trained counselor.

Harmful Materials
Remove or lock electrical cords and ropes. Safely dispose of extra gas, and freeze and bleach and other chemicals.

Give Support
Ask and listen. Ask how someone is doing and listen to what they tell you without judgment.

Harmful Materials
Hanging is a common way that people die by suicide. It can be hard to prevent because many everyday items like ropes, cords and sheets can be used for this purpose. However, it is important to understand that these are possible methods of suicide and to remove and lock up these materials when possible.

Medications
Store all medications in a lock box or locked cabinet. Take special care to lock up prescriptions, over-the-counter (OTC) pain pills and sleeping pills. Talk to your doctor or pharmacist about getting blister packs or a limited supply of medications. Safely get rid of unwanted medications.

Firearms
To ensure secure storage:
• Keep guns locked, unloaded and separate from locked ammunition.
• Use cable locks, lock boxes or safes and store keys securely.
If someone in your home is struggling with mental health challenges or a crisis:
• Temporarily remove firearms from the home.
• Ask a trusted person to store them or call a local shooting range, gun shop or law enforcement agency listed on the Maryland Safe Storage Map. Scan the QR code for more information.

Medications
Lock or dispose of medications.

Firearms
Remove or lock. Storing offsite is safest. Locking securely is next best.

<https://www.hclhic.org/healthy/suicide-prevention>

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FREE GUN LOCKS


AT SELECT HOWARD COUNTY LIBRARY BRANCHES


Safe Storage Saves Lives

⦿ Increase gun safety




⦿ Reduce accidental injuries


⦿ Save lives





Scan the QR code or visit [bit.ly/HoCoGunLock](https://www.howardcountymd.gov/health/free-gun-locks) for more information or to locate the nearest participating library branch. When picking up a gun lock, residents are asked not to bring any firearms to the library.



<https://www.howardcountymd.gov/police/national-night-out-1>

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HoCo Kids: FREE Life Skills Classes

HC DrugFree is providing another series of FUN and interactive skills-based classes designed to promote positive health and personal development for students in grades 6 to 9 (or slightly younger or older). The curriculum is designed to strengthen student abilities in the following areas:

- Self-Image & Self-Improvement
- Social Skills
- Resolving Conflicts
- Coping with Uncomfortable Feelings
- Personal Self-Management Skills
- Evaluating Advertising & Entertainment
- Drug Resistance Skills
- And MUCH MORE!!!

Meeting via Zoom on the following days:
July 21, 22, 23, 24, 28, 29, 30, 31
10:00 - 11:30 a.m.

Learn more: [HCDrugFree.org/currentevents](https://www.HCDrugFree.org/currentevents)



443-325-0040

LifeSkills@hcdrugfree.org

www.HCDrugFree.org

Funding provided by the Howard County Health Department, MDH, and SAMHSA



HoCo Teens: Join Our Instructional Team

HC DrugFree is providing another series of FUN and interactive skills-based classes designed to promote positive health and personal development for students in grades 6 to 9. **High school participants (grades 9-12) earn Community Service Hours** by assisting our college instructors throughout the course. You can act as a mentor and role model, while continuing to practice your own personal development skills. **Register now** using the QR code or link below!

The curriculum is designed to strengthen student abilities in the following areas:

- Self-Image & Self-Improvement
- Social Skills
- Resolving Conflicts
- Coping with Uncomfortable Feelings
- Personal Self-Management Skills
- Evaluating Advertising & Entertainment
- Drug Resistance Skills
- And MUCH MORE!!!

Meeting via Zoom on Monday thru Thursday:
July 21, 22, 23, 24, 28, 29, 30, 31 at 10-11:30 a.m.

Learn more: [HCDrugFree.org/currentevents](https://www.HCDrugFree.org/currentevents)



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**HopeWorks of Howard County's
YOUTH
LEADERSHIP
PROJECT**

The HopeWorks' Youth Leadership Project is a service-learning program dedicated to empowering teens to challenge systems of oppression and prevent relationship violence in their community. This project creates a space for students to grow in understanding themselves and the world. Facilitating self-care and social justice projects, youth leaders engage in frank discussions, raise their social consciousness, and participate in creative projects and activism.

This project provides an affirming and safe space for all students.

Open to teens, age 13 to 18, participants explore many topics related to violence prevention including healthy relationships, media literacy and the safe use of technology, social constructions of femininity, healthy masculinity, self-management and self-care, environmental justice, body policing, bystander intervention, healthy sexuality, cultural relativity, bullying, gender dynamics, and understanding intersectionality and root causes of oppression.


WHAT'S PLANNED?

- Explore self-care and social justice in our monthly meetings (September-June)
- Learn to plan and conduct workshops
- Create Zines highlighting youth voices
- Learn about becoming an advocate for change
- Volunteer with HopeWorks
- Earn Community Services Hours

INTERESTED? Want to learn more?
 Contact: Community Educator: Youth Initiatives, LaRelle John
 ljohn@hopeworksofhc.org

This information is neither sponsored nor endorsed by HCPSS or the school.

HopeWorks - (410)-997-0304 - 9770 Patuxent Woods Drive Suite 300 Columbia, MD 21046
 hopeworksofhc.org



<https://hopeworksofhc.org/ylp/>

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Stay updated!

Scan to access the events listed on our [calendar!](#)



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MEMBER ANNOUNCEMENTS

Please share any updates by typing them into the Chat Box.
You may also unmute your microphone to speak.

Thank you!

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NEXT STEPS & WRAP UP

2025 Quarterly Hybrid Full Coalition Meetings:

[Register](#)

- October 16, 2025, at 9:00 - 11:00 AM

Presentation will be posted at www.hclhic.org

For additional information or questions contact lhic@howardcountymd.gov

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Thank you!

LHIC Team

LHIC@howardcountymd.gov

Howard County LHIC

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Promote. Preserve. Protect.

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