



Howard County Local Health Improvement Coalition

Health Literacy Advisory Committee

May 10, 2024

10:00am to 11:00pm

Virtual via Zoom

Minutes

Members Present:

Erin Ashinghurst, Accessible Resource for Independence
Matthew Castner, Johns Hopkins Howard County Medical Center
Lisa M. DeHernandez, Howard County Health Department
Kelly Kryspin, Autism society of Maryland
Kristine Nellenbach, Kennedy Krieger Institute
Cris Oviedo, La Alianza Latina
Latrice Price, Infinite Legacy
Leah Richey, University of Maryland Horowitz Center for Health Literacy
Cris Oviedo, La Alianza Latina
Matt Wilson, Howard County Health Department

Staff Present:

Reena Rambharat, Howard County Local Health Improvement Coalition
Ashton Jordan, Howard County Local Health Improvement Coalition
Chynáe Vicks, Howard County Health Department

Topic/Agenda	Discussion	Action / Follow-up
Welcome and Introductions	Ms. Chynáe Vicks, Howard County Health Department, called the meeting to order at 10:00am.	Members were directed here to view the LHIC website: https://www.hclhic.org/
Announcements	Ms. Vicks provided the following announcements for the workgroup: <ul style="list-style-type: none">The next HCLHIC Quarterly hybrid meeting is on July 18, 2024 at 9amHopeWorks of Howard County is hosting their Thriving Together: Survivors' Mental Health Awareness & Wellbeing Group on May 18, 2024 at 4pmNo Menthol Sunday will be celebrated on May 19, 2024 Ms. Vicks invited workgroup members to share announcements: <ul style="list-style-type: none">Latrice Price, Infinite Legacy, shared that The Decision Project are hosting a focus group on organ	Members were directed here to register for the Full LHIC meeting on July 18, 2024: https://www.eventbrite.com/e/2024-hclhic-full-coalition-meetings-tickets-726290964827?aff=oddtcreator Members interested in registering for The Thriving Together workshop please register here: https://www.eventbrite.com/e/thriving-together-survivors-mental-health-awareness-well-being-group-



	<p>donation hesitancy June 18.</p> <ul style="list-style-type: none"> Kristine Nellenbach, Kennedy Krieger Institute, shared that the 2024 Annual Learning Series schedule is available online. 	<p>tickets-710347848537?aff=erelexpmlt</p> <p>Members interested more information on No Menthol Sunday can visit here: https://www.nomentholsunday.org/</p> <p>Members interested in registering for The Decision Project’s focus group please text this number: (443) 629 – 0765</p> <p>Members interested in viewing the course catalog for the 2024 Annual Learning Series please visit here: Course Catalog.</p>
<p>Disability Inclusion Grant Project Updates</p>	<p>Erin Ashinghurst, Accessible Resources for Independence (ARI), provided updates on the Disability Inclusion Grant project.</p> <p>Disability Inclusion Grant project updates included:</p> <ul style="list-style-type: none"> In February ARI began recruitment efforts for people with disabilities to participate in the April Living Well in the Community (LWC) Workshop and May Group Health Advocacy Event. LWC Workshop included four live, interactive wellness sessions with ten participants on topics: Orientation and Readiness for Change, Setting Personal Health Goals, Staying on Course with Healthy Habits (Eating Well and Movement), and Advocacy Opportunities. Participants received materials before the workshop. Each participant completed an exit survey, indicating that they each made and sustained at least one healthy lifestyle goal to improve their health because of this workshop. Most respondents said they connected with a new peer through LWC. Each respondent reported that they received information and resources on ways to maintain healthy living goals. Ten individuals confirmed interest in completing an Accessibility Assessment of the health department and participate in a follow-up conversation at the Howard County Health Department. 	<p>If you are or know a person with a disability in Central Howard County wanting to join the Accessibility Assessment, please reach out to Erin at eashinghurst@arinow.org or call 410-636-2274 to request an invitation.</p>



<p>Open Discussion: HLAC Transition</p>	<p>Ms. Vicks discussed the transition HLAC will be undertaken in 2024. HLAC as a workgroup will sunset and their will be a new Limited English Proficiency (LEP) Advisory Committee.</p> <p>Lisa DeHernandez, Howard County Health Department, provided some more details regarding the LEP Advisory Committee.</p> <ul style="list-style-type: none"> • While this group will be internal to the Health Department the LEP Advisory Committee will partner with outside organizations to help guide future LEP initiatives and efforts. • This committee will work to ensure services, outreach, programs, and forms are accessible for all. <p>Ashton Jordan and Reena Rambharat, Howard County Local Health Improvement Coalition (HCLHIC), shared that there are five (5) other workgroups that make up the HCLHIC and all 5 are available to be joined. HCLHIC workgroups include:</p> <ul style="list-style-type: none"> • Chronic Disease Prevention and Management Group <ul style="list-style-type: none"> ○ The Chronic Disease Prevention and Management Group focuses on the prevention and management of illnesses related to chronic diseases such as cancer, tobacco, and diabetes. • Food Security Committee <ul style="list-style-type: none"> ○ The Food Security Committee’s goal is to reduce food insecurity and advance efforts towards nutrition security for Howard County residents. • Movement Group <ul style="list-style-type: none"> ○ The Movement Group focuses on exercise and movement throughout the year including the State of Maryland’s Walktober initiatives in October. • Growing Healthy Families <ul style="list-style-type: none"> ○ The Growing Healthy Families Workgroup's focus is to improve birth outcomes for people of color in Howard County to advance efforts toward reducing health disparities. • Healthy Minds & Suicide Prevention Coalition <ul style="list-style-type: none"> ○ The Healthy Minds and Suicide Prevention Coalition works to encourage residents to have conversations about mental health and to promote help-seeking behaviors. 	<p>Members interested in more information on the HCLHIC workgroups can visit here: https://www.hclhic.org/about/our-team</p> <p>Members interested in more information about the Community Health Survey can visit here: https://www.howardcountymd.gov/health/reports-data</p> <p>Members interested in more information on the Latin Dance Fitness classes can visit here: https://www.facebook.com/groups/581250392700070/posts/1631844147640684/?paipv=0&eav=AfZh3FKKJQO6wH_jmw5nFJA1zZKKTVO1Wzqo_hXKZciWHHodnQ-BgfxSpu2oY44hzU10&_rdr</p>
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	<p>Ms. Rambharat mentioned that next July they will be starting the process for the next iteration of the Community Health Improvement Plan (CHIP). She shared that there is a community survey going around that is gathering information from Howard County residents that will be incremental to the CHIP process.</p> <p>Cristina Oviedo, La Alianza Latina, iterated to the group to continue to use Howard County Latino as a way to share information with the Hispanic population of Howard County. Ms. Oviedo mentioned that St. John Church host events related to health and aging for Spanish speakers. Further there are Latin Dance Fitness classes every Monday that Cris hosts in the plaza at Wilde Lake Interfaith Center.</p> <p>Ms. Vicks gave an overview of the Community Health Worker (CHW) Learning Collaborative that will be new workgroup under HCLHIC. CHWs in the county as well as HCLHIC partners will be invited to this group. The CHW Learning Collaborative will have 3 goals:</p> <ul style="list-style-type: none"> • Develop coordination of CHW networks across all organizations in Howard County • Promote CHWs as trusted bridges to community access to health and social services • Develop systems of support that will promote growth and sustainability for the community health worker workforce <p>Ms. Rambharat mentioned that you do not have to be a CHW to be a part of this workgroup. Mr. Jordan iterated that the Healthy Howard County campaign materials will continue to be promoted by the CHWs working for the Howard County Health Department.</p>	
<p>Next Steps & Wrap-up</p>	<p>Ms. Vicks adjourned the meeting at 11:40 AM.</p>	<p>Members interested in tabling at one of our future health department events, please contact: ajordan@howardcountymd.gov</p> <p>Members interested in the LHIC promoting their upcoming event(s) please contact: ajordan@howardcountymd.gov</p>

Howard County LHIC

Local Health Improvement Coalition



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Respectfully submitted by
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