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Movement Workgroup Meeting

Virtual Meeting
(Via Zoom)
May 23, 2024
1:00pm – 2:00pm

<u>Meeting Goal</u>: Plan, create and promote falls prevention and Walktoberinitiatives to improve the health of the Howard County community

Meeting Agenda Meeting will start promptly at 1:00pm

1:00 – 1:15 **Welcome**

- Introductions
- Member Announcements / Updates
- Recap of Meeting Minutes from March 19, 2024

1:15 – 1:35 Falls Prevention Update

- Plan Review
- Falls Prevention Week Plan (September 23 27, 2024)
 - Webinar and Potential Activities
 - Others

1:35 – 1:55 **Walktober 2024 Planning**

- 2023 Walktober Recap
- Plans for 2024 calendar and promotion
- Giveaways
- Others

1:55 – 2:00 **Next Steps & Wrap-Up**

Next Movement Meeting June 13, 2024, at 1pm to 2pm

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