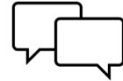


WELCOME! We Will begin shortly!!

All participants are muted upon entry.



Please use the Chat Box to submit questions and share announcements.



Please raise your Virtual Hand before unmuting to speak.



For additional information or questions contact
lhic@howardcountymd.gov.



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Local Health Improvement Coalition

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Howard County Local Health Improvement Coalition

Full Coalition Meeting

October 16, 2025

Howard County LHIC
Local Health Improvement Coalition



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GOAL & AGENDA

GOAL: Present Howard County Financial Empowerment Center, Community Assets Profile project, and provide HCLHIC and workgroup updates.

AGENDA:

- A. Welcome & Introductions
- B. Howard County Consumer Protection and HCHD Community Assets Profile (CAP) Project Presentations
- D. HCLHIC Workgroup Updates
- E. LHIC and JHHCMC Updates
- E. Member Announcements, Resource Sharing, and Networking
- F. Next Steps and Wrap-up

3

WELCOME & OPENING REMARKS

Welcome

New Members and Guests

Opening Remarks:

Howard County Health Department &
Johns Hopkins Howard County Medical Center

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Please use the Chat Box or Raise your Hand to ask questions

Presentation will be posted at www.hclhic.org

For additional information or questions contact
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Howard County Financial Empowerment Center (FEC)

Lesley MacDonald,
Outreach and Engagement Manager
Howard County Office of Consumer Protection

Howard County LHIC
Local Health Improvement Coalition

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Introducing the Howard County Financial Empowerment Center



www.howardcountymd.gov/consumer-protection

April 25, 2025

7

INTRODUCTION

A Financial Empowerment Center provides confidential one-on-one financial counseling as a free public service, helping residents improve financial stability and security by:

- Paying down debt
- Improving credit scores
- Saving for emergencies and the future
- Connecting to safe, low-cost financial products
- Legacy planning

OFFICE OF CONSUMER PROTECTION



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AGENDA

- Financial stability as a health issue
- Financial stability and economic mobility
- The FEC Model
- Next Steps



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FINANCIAL CAPABILITY AND HEALTH

Financial capability is a social determinate of health.*

- Capability = knowledge (financial literacy) + behavior (taking action)
- Improves access to basic needs (nutritious food, stable housing, healthcare) improving physical & mental health outcomes.
- Reduces stress: better sleep, self-esteem, relationships, productivity.

*Sun S, Chen YC. Is Financial Capability a Determinant of Health? Theory and Evidence. J Fam Econ Issues. 2022;43(4)

Example: Boston Medical Center

<https://www.bmc.org/mission/social-determinants-health/financial-wellness>

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NLC Economic Opportunity and Mobility Framework

Economic Stability

Basic needs are met, such as three healthy meals, housing, access to health insurance, and job opportunities.

- Anti hunger efforts, connection to social benefits, tax credits, job readiness and job search programs.

Economic Security

Stable, full-time, living wage employment with benefits; affordable housing; access to safe affordable financial services and non-predatory loans; savings to cover basic needs.

- Workforce development to advance employment, BankOn and Financial Counseling: coaching, credit building, debt reduction and savings strategies, safety from fraud.

Wealth Building

Opportunities to advance career through education and training, business development and entrepreneurship, long term savings, homeownership, saving for children's education.

- Children's savings accounts (CSA), homeownership programs and incentives, down payment assistance, small business support.

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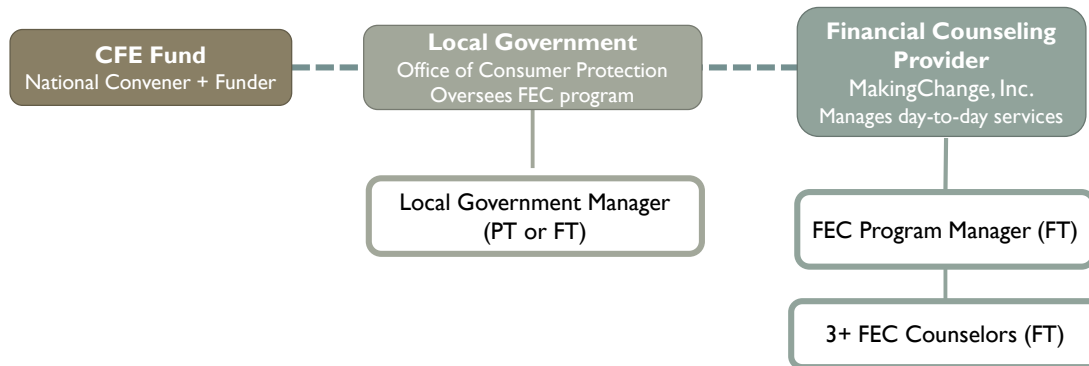


Financial Empowerment Centers

*A National Model by
Cities for Financial
Empowerment*

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FEC STRUCTURE



13

57 (37)
FEC PARTNERS (OPEN)

189,000+
CLIENTS SERVED

\$315+M
DEBT REDUCED

\$61+M
SAVINGS INCREASED



14

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CORE ELEMENTS OF THE FEC MODEL

The Financial Empowerment Center offers professional, one-on-one financial counseling as a free public service for all residents.



No Cost



One-on-One



Professional



Integrated



Data Driven



Government Led



Sustainable

15

CORE ELEMENTS OF THE FEC MODEL



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VARIED COMMUNITY PARTNERSHIPS



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17

WHO CAN BENEFIT?

Clients with some type of income and housing secured

Clients looking to pay off debt

Clients wanting to deal with credit issues/identity theft/fraud

Clients needing to better manage their overall finances

People who are not familiar with the way US financial systems work

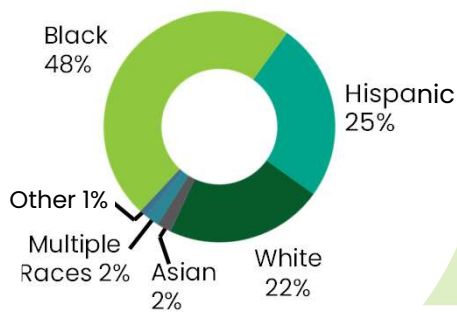
EVERYONE

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FECs by the Numbers

DEMOGRAPHICS



72%
are female

\$38,400
average income

50%
are renters

68%
are employed-
full or part time

63%
attended 2 or
more sessions

\$36,000
average debt
load

ACHIEVEMENTS

Med. for clients with an
achievement in these
service plans

\$1,400
in savings
increased

\$2,400
in debt
reduced

34 point
increase in
credit score

2
delinquent
accounts
closed

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TIMELINE

OFFICE OF CONSUMER PROTECTION



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NEXT STEPS

- Implementation Plan submitted to CFE July 2025
- Create partnership agreements
- Help us make the Howard County FEC a reality!
 - Partners
 - Funders

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THANK YOU

Tracy D. Rezvani, Administrator

410-313-6569 (voice/relay)

trezvani@howardcountymd.gov

Lesley MacDonald

lmacdonald@howardcountymd.gov

Facebook, Instagram, Twitter &
YouTube @HoCoCommunity

Howard County
Office of Consumer Protection

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Community Assets Profile

Howard County Health Department (HCHD)
8930 Stanford Blvd. Columbia, MD 21045

Howard County Local Health Improvement Coalition
October 16, 2025



www.hchealth.org @hocohealth

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Objectives

- Explain Community Asset Profiling (CAP)
- Demonstrate the role of Community Health Workers (CHWs)
- Describe the process and strategies used:
 - Assets-Based Community Development (ABCD)
 - Assets Mapping
 - Community Engagement



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Community Asset Profile (CAP)

- Strengths-based assessment that identifies and maps the positive resources within a community—shifting the focus away from deficits toward potential
- Recognize existing strengths
- Uncover opportunities to build upon current resources
- Gain deeper insight into how these assets are perceived in terms of availability and accessibility

[CDC, 2024](#)

Assets-Based Community Development (ABCD)

- ABCD Methodology prioritizes:
 - Community-led efforts - over top-down programs
 - Capacity building – lasting change comes from within
 - Relationship building – to systematic change
 - Redistribution of power – not just distribution of resources

[University of Wisconsin-Madison, 2023](#)

Purpose and Goals

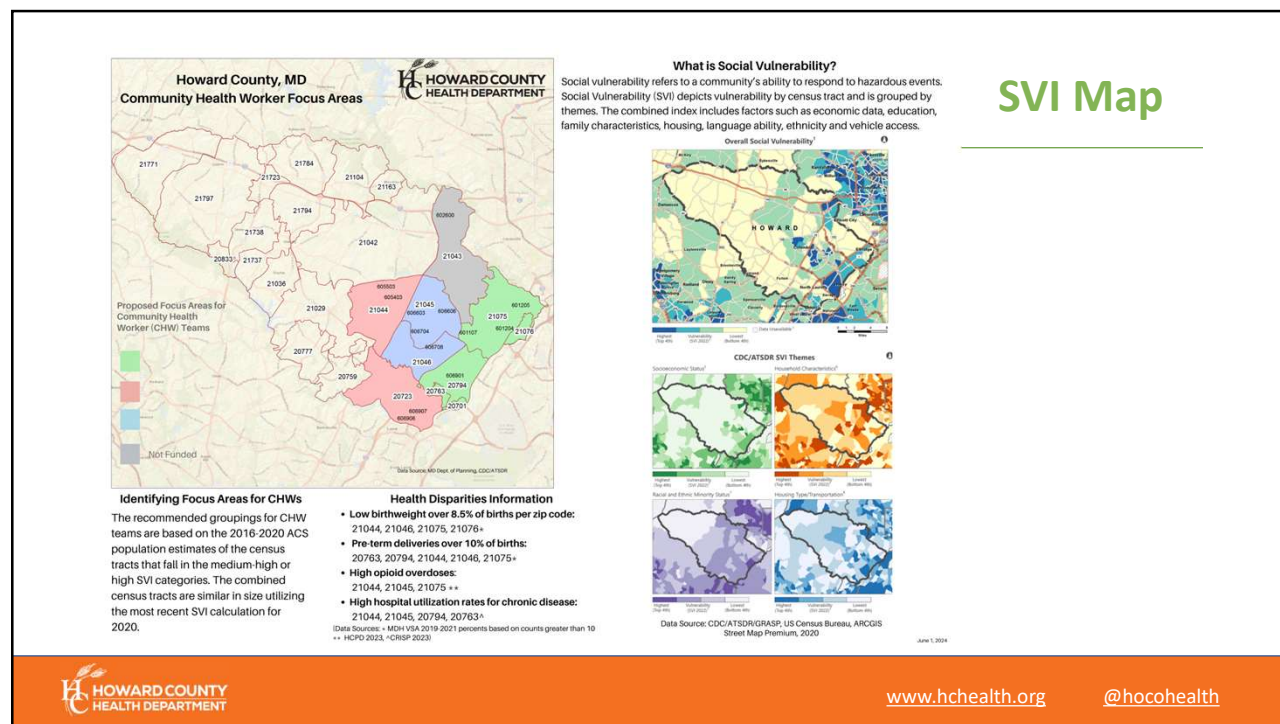
- Identify and map existing community resources
- Understand and highlight community strengths
- Identify areas with health disparities
- Inform planning and decision-making
- Amplify community voices and promote resident engagement
- Build trust between CHWs the HCHD and the community
- Facilitate collaboration and coordination

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Process (Step – by – Step Approach)

1. Planning and Preparation
2. Staff Training
3. Asset Identification
4. Community Engagement
5. Data Collection
6. Assets Review and Verification
7. Asset Mapping
8. Profile Development
9. Sharing and Action Planning

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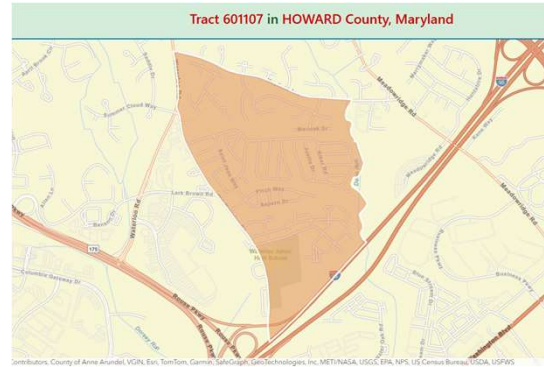
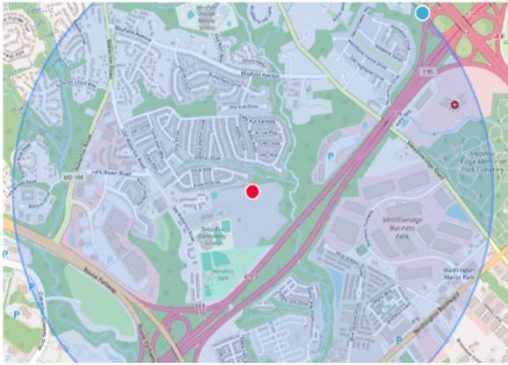
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Asset Categories	
Table 1	
Emergency Services Food Bank Police Red Cross First Aid Soup Kitchens	Social & Cultural Orgs Radio/TV stations Historic/Arts council groups Councils for cultural affairs Faith-based organizations Museums/galleries
Local & State Govt Housing programs Nonprofit Organizations State/City/Local government Chamber of Commerce Federal government agencies Public transportation City programs City Council	Education Colleges and universities Migrant Head Start/Education Programs Libraries Schools After-school programs State education agency
Healthcare Hospitals and clinics Mental health facilities Urgent care Elderly care facilities	Neighborhood Resources Community centers Parks & recreational facilities Neighborhood Associations Citizen groups/clubs

[National Center for Farmworker Health, Inc.](#)

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Map 21075 – CT 601107



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Assets Identified - Emergency Services



**Howard County Fire Department Station,
Waterloo (outside of CT)**

Maryland State Highway Patrol (outside of CT)



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Assets Identified - Local and State Government

Howard County Public Works, Fleet Management (outside of CT)



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Assets Identified - Healthcare

PM Pediatrics (outside of CT)



CVS Pharmacy and Minute Clinic



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Assets Identified - Education

Deep Run Elementary School and School-Based Wellness Center



Kiddie Academy of Elkridge



Mayfield Woods Middle School

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Assets Identified – Social and Cultural Services

St. Stephen AME Church (Outside of CT)



Waterbrook Church (outside of CT)

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Assets Identified – Social and Cultural Services

**Rachel Gray Foundation/Elkridge Christian Community Church –
Food Pantry (Outside of CT)**



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Assets Identified – Neighborhood Resources

**Playground at Deep Run
Mobile Homes Park**



Waterloo Park

**Frank's Produce &
Greenhouses**



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Impact on Community Partner Engagement

- Strengthened Relationships
- Shared Understanding of Community Strengths
- Increased Participation in Community Initiatives
- Enhanced Visibility and Recognition
- Sustainability of Community Health Efforts

What is a Photovoice?

- Photovoice is a participatory visual qualitative research method that combines photography and narrative storytelling
- Participants visually document and share insights on social, political, and health issues
- Used in public health to foster community-led development and advocacy

[John Hopkins Center for Health Equity \(n.d.\)](#)

Why Photovoice in this Project?

- Led by CHWs
- Natural Extension of Our Work
- Embedded in the CAP
- Community Engagement and Awareness
- bit.ly/CHWEIkrigde



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Safety Protocols

- Work in pairs or teams whenever possible
- Inform supervisors of your location and expected return time
- Wear HCHD attire and vest
- Carry a charged phone, ID badge, and emergency contact information
- Be aware of your surroundings and exit routes
- Be mindful of cultural norms and privacy
- Ensure safe and reliable transportation to and from the field, car magnets
- Be cautious in extreme weather or unfamiliar areas

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Key Strategies for Success

- Assets-based approach
- Community Participation and Engagement
- Collaborative Partnership
- Mixed-Method Data Collection - Apply 1-mile radius
- Mapping and Visualization – Geographic Information System (GIS) Map
- Photovoice – Narrative Storytelling
- Feedback and Validation
- Action-Oriented Reporting



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Thank you!

María José Candanoza, MPH, CCHW
mblanco@howardcountymd.gov



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BREAK – 10 MINUTES



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Workgroup Updates

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Workgroup Updates



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Howard County Local Health Improvement

Growing Healthy Families Workgroup

Co-Chairs:

Samatha Cribbs, RN, MSN, CPST, Bureau of Family Health Services

Erica Taylor, M.S., Howard County Office of Children and Families

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Healthy Lifestyle Workgroup

Co-chairs:

Michelle Rosenfeld, Office on Aging and Independence

Carrie Ross, Community Action Council

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**Howard County Local Health Improvement
Healthy Minds and Suicide Prevention Coalition (HMSPC)
Workgroup**

Co-chairs:

Jessica Fisher, LCSW-C, Bureau of Behavioral Health
Barbara Allen, James Place

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**Howard County Local Health Improvement
Community Health Worker
Learning Collaborative (CHWLC)**

Co-chairs:

María José Candanoza, MPH, CCHW, HCLHIC
Amanda Toohey, Johns Hopkins Howard County Medical Center

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Howard County Local Health Improvement Coalition

2026-2028 HCLHIC Updates

Maribet Rivera-Brute, MPH

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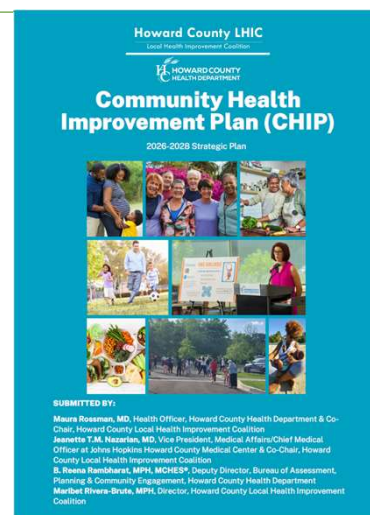
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FY26-28 Strategic Plan Summary Report

- A copy of the FY26-28 Strategic Plan Summary Report is available to download!
<https://www.hclhic.org/community/action-plans/267>
- To request a printed copy, please send an email to lhic@howardcountymd.gov



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Member Announcements, Resource Sharing and Networking

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2026 Full LHIC Quarterly Meetings

- The schedule for the 2026 Full LHIC meeting is available now!
- To register, please visit
<https://www.eventbrite.com/e/1428672962289?aff=oddtcreator>



Multiple dates

2026 HCLHIC Full Coalition Meetings

By Howard County Local Health Improvement Coalition Follow

Join the Howard County Local Health Improvement Coalition (HCLHIC) 2026 Quarterly Full Coalition Meetings

Free

Multiple dates

Check availability

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Local Health Improvement Coalition

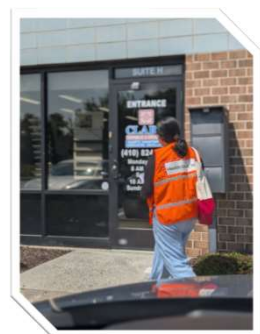
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2025 APHA CHW Group of the Year Award
Harold and Grace Sewell Memorial Trust Fund



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Howard County Food Council

HOME

ABOUT US

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COMMUNITY ENGAGEMENT

FIND RESOURCES

HEALTHY COMMUNITIES

EVENTS

WELCOME TO HOWARD COUNTY LOCAL HEALTH IMPROVEMENT COALITION

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FOOD COUNCIL

HOWARD COUNTY FOOD COUNCIL

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ABOUT THE HOWARD COUNTY FOOD COUNCIL

REPORTS

RESOURCES

MEETING DOCUMENTS

ABOUT THE HOWARD COUNTY FOOD COUNCIL

The Howard County Food Council is led by the Howard County Health Department and the University of Maryland, Extension. Howard County, MD was established in 2013 to address widespread issues of food and nutrition insecurity in Howard County through policy initiatives and to coordinate existing resources and programs to improve efficiency and prevent waste.

Food Council Administrator: Vikrami Koushik, MS, RD, CSP

REPORTS

2024: [Community Health Assessment Report](#)

2023: [Howard County Food & Nutrition Security Needs Assessment](#)

2022: [Howard County Community Food & Nutrition Security Needs Assessment](#)

RESOURCES

[Howard County Food Connection Map](#) - an interactive tool to help you find low-cost, accessible food and nutrition resources

[Food & Nutrition Resources](#) - Food Pantries & Food Banks, Nutrition Assistance, and Food Security Resources

MEETING DOCUMENTS

Quarterly meeting documents (agenda and minutes) will be posted when available.

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LHIC Digital Content Tools

- Newsletter content
- E-banners:
 - Find food and nutrition resources
 - Find mental health resources
- <https://www.hclhic.org/membership/newsletter-tools>

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	 Healthy Heart Ambassador (HHA) Program  Help Your Community Stay Healthy by Hosting an HHA Group! During the four month program, participants will: • Attend eight group sessions (every other week, 90 minutes each). • Learn how to measure and track their blood pressure at home. • Receive support from a trained coach, providing tips about healthy eating and living. • Get a FREE Omron digital blood pressure monitor. Each group will have 10-12 participants who must meet certain eligibility requirements based on age and health history. If your organization is interested in hosting an HHA group, please contact Shannon Harris at sharris@howardcountymd.gov.	
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 DIAPER GIVEAWAY DAYS! 10:30AM-12:30PM *WHILE SUPPLIES LAST* <i>Walk-up only</i> <i>No registration required</i> October 21st Howard County Health Department 8930 Stanford Blvd, Columbia, Maryland 21045	Click on the link below to learn more: https://www.howardcountymd.gov/health/diaper-giveaway-1	 IDÍAS DE SORTEOS DE PAÑALES! 10:30-12:30 *HASTA AGOTAR STOCK* <i>Solo se atenderá sin cita previa. No es necesario realizar un registro.</i> 21 de Octubre Departamento de Salud del Condado de Howard 8930 Stanford Blvd, Columbia, Maryland 21045
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HOWARD COUNTY HEALTH DEPARTMENT

Women's Health Focus Groups

Your voice matters!

Howard County Health Department is listening! Tell us what you think about women's health so we can improve community services. Topics we'll cover:

- Getting ready for baby (pregnancy, birth, and infant care)
- Finding reliable health info
- Mental health support for women

Who should attend?
Howard County residents who are:

- Women 18 years and older
- Expectant parents
- Caregivers of color
- People caring for children ages 0-3

Multiple sessions will be offered

- **Wed., Nov. 5, 2025, 12:30-2:00 pm,**
Family Support Center of Howard County
(FREE lunch and childcare will be provided)
- **Wed., Dec. 3, 2025, 6:00-7:30 pm**
(virtual only via Zoom)
- **Sat., Jan. 10, 2026, 10:00-11:30 am**
Harriet Tubman Cultural Center

For more information and to register, scan the QR Code or visit bit.ly/HoCoWomensHealth

For questions, email lhic@howardcountymd.gov, or call 410.313.6204

Click on the link below to register:

<https://www.eventbrite.com/e/1743833355509?aff=oddtcreator>



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Medication Disposal

Convenient Drive-Thru Event

Saturday October 25 • 10 a.m.-2 p.m.

Safely dispose of:

- Prescription medication
- Over-the-counter medication
- Vitamins
- Pet medication
- Vapes without batteries
- Inhalers
- And more!



Medication Lockbox Giveaway!

100 FREE medication lockboxes to be given away!

\$44 value. First come, first served. Good per vehicle.

HCDrugFree
Empowering the Community

HCDrugFree.org
admin@hcdrugfree.org

Wilde Lake Village Center Parking Lot
5305 Village Center Drive, Columbia 21044

Proud to partner with the Drug Enforcement Administration, Howard County Police, Howard County Public School System and PTAs/PTSA's, Howard County Government and Health Department.

FREE CLASS FOR PARENTS AND GRANDPARENTS



Guiding Good Choices®

Taking HoCo Families to the Next Level

Guiding Good Choices® is an evidence-based, interactive prevention program that helps you build a stronger bond with your child, while also providing skills proven to reduce the risk of children engaging in substance use or other risky behaviors. Learn how to:

- Prevent Drug Use in Your Family
- Develop Healthy Beliefs and Clear Standards
- Avoid Trouble and Respond to Peer Pressure
- Manage Conflict and Express Feelings Constructively
- Strengthen Family Bonds
- And More!

This series of five Zoom classes is for **parents, guardians, and grandparents** of 9-14 year olds, but will consider slightly older or younger children on a case by case basis. Adult or child must be a Howard County resident.

Class Dates: Tuesdays/Thursdays:
November 11, 13, 18, 20 and December 2
(Participants are encouraged to attend all 5 sessions.)

Time: Noon - 1:30 p.m.

Register: <https://tinyurl.com/GGC-Fall2025>

Learn more: hcdrugfree.org/currentevents

HCDrugFree
Empowering the Community



<https://tinyurl.com/GGC-Fall2025>

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SNAP and Diabetes Prevention Resources



<https://www.hclhic.org/healthy/chronic-disease>

Request materials here:

<https://forms.gle/ygE88oE357DPje4k6>

Autumn Community Day



https://www.eventbrite.com/e/autumn-community-day-tickets-1627000856359?aff=CEINI&mc_cid=f3485ebb15&mc_eid=a24ec4b561

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Walktober 2025



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Free Latin Dance Fitness



<https://sicolumbia.org/latin-dance-fitness/>

Bain 50+ Center's 4th annual Walktober event



Thursday, October 30, 11 AM

https://anc.apm.activecommunities.com/howardcounty/activity/search/detail/155784?onlineSiteId=0&from_original_cui=true

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Tobacco & Cannabis Announcements

- **HCHD Tobacco and Cannabis website created**
Information, printable resources, and videos for parents and youth
- **HCHD Cancer & Tobacco Coalition Meeting**
Tuesday, October 28th at 3pm through Teams
Email Sun Nicolas, snicolas@howardcountymd.gov
- **Requests for Tobacco & Cannabis Prevention presentations and materials**
Complete the [Community Health Education Request Form](#) found on the HCHD homepage
- **PAVe's next 2025 Clear the Vapor Conversations event**
[Parents at the Heart of Change: Advocacy That Endures](#)
Wednesday, November 5th at 6:00pm through Zoom



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GRASSROOTS
CRISIS INTERVENTION

**THERE IS HOPE FOR
SUBSTANCE USE.
GET HELP NOW!**

24 HOURS

FREE COMPASSIONATE CARE

- ✓ Stabilization and intervention
- ✓ Connection to treatment
- ✓ Nurses on site 24/7
- ✓ Transportation provided
- ✓ Screening, withdrawal management, counseling and more
- ✓ No referrals, appointments or insurance needed

CONTACT US 24/7
410-531-6677

8990 Old Annapolis Rd., Suite A,
Columbia, MD 21045

<https://grassrootscrisis.org/>

FIREARM SAFETY

**FREE Handgun
Lockbox & Cable Lock
Drive-Thru Giveaway**

**Sunday, Oct. 26
11am - 2pm**

Howard County Health Department
8930 Stanford Blvd.,
Columbia, MD 21045

Important Information

- ✓ Howard County residents only
- ✓ Limit 1 lockbox per household
- ✓ Pre-registration for a lockbox is required
- ✓ Cable gun locks available without registering

**Scan the QR code or visit
bit.ly/HCLockboxGiveaway**

Questions: Email jefisher@howardcountymd.gov

**From 2019-2023, more than 1 in 3
(36%) suicides in Howard County
were by firearms.**

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FREE GUN LOCKS

AT SELECT HOWARD COUNTY LIBRARY BRANCHES

Safe Storage Saves Lives

- ⊗ Increase gun safety
- ⊗ Reduce accidental injuries
- ⊗ Save lives




Scan the QR code or visit bit.ly/HowCoGunLock for more information or to locate the nearest participating library branch. When picking up a gun lock, residents are asked not to bring any firearms to the library.

<https://www.howardcountymd.gov/health/free-gun-locks>

**Voices of Change
Embracing the
POWER of WE!**

**Thursday, October 30
5:15 – 8:00 p.m.**

Howard Community College
Horowitz Center Smith Theatre
Campus Drive
Columbia 21044



Howard County's 2025 Champions of Change LIVE THEATRE PRESENTATION addresses the impact of lived experiences and helps navigate today's world. This event brings a voice to often unheard communities and a shared vision to support fairness and justice for all humans. **JOIN US** for a collection of **visual arts, multimedia storytelling, a keynote speaker, refreshments, and networking opportunities.**

2025 Keynote Presenter
KARSONYA "KAYE" WISE WHITEHEAD, PhD, is founder and executive director of the Karson Institute for Race, Equity & Social Justice, and a professor of Communication and African and African American Studies at Loyola University Maryland. She also hosts the award-winning radio show "Today with Dr. Kaye" on WJLA, 835.1 FM.

Dr. Whitehead is the president of the Association for the Study of African American Life and History (ASAAALH) and a member of Delta Sigma Theta Sorority, Inc. She lives in Baltimore with her family.

REGISTER TODAY TO SECURE YOUR SEAT!
<https://CoC-PowerOfWe.eventbrite.com>

Join us to SEE, HEAR and BE the Voices of Change!

<https://www.eventbrite.com/e/voices-of-change-embracing-the-power-of-we-tickets-1595818398789?aff=oddtcreator>

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Local Health Improvement Coalition

www.hclhic.org @hclhic

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PREVENTION

If you, or someone you know, is struggling with suicidal thoughts, it's important to make your home, or the home of another person, safer. Studies show that limiting access to possible methods of suicide, like medications or firearms, can help prevent it.

According to the 2024 Howard County Health Assessment Survey, 1 in 3 residents reported feeling down, depressed or hopeless. These feelings can sometimes lead to thoughts of suicide, but there are steps you can take to help. If you or someone you know is struggling, simple actions can make a difference.

LHIC Suicide Prevention Resources
www.hclhic.org/healthy/suicide-prevention



Support & Resources

Get Help Now
911 - Call 911 if there is an immediate risk for safety or a medical emergency.
988 Suicide & Crisis Lifeline
Call/Text/Chat to 988 - 24/7 confidential support
 • Press 1 for Veterans and Service Members
 • Press 2 for Spanish (español)

Resources
Howard County Health Department
 Behavioral Health Resources
 410-313-6202

Additional Resources
[Grassroots Crisis Intervention - 988](#)
[NAMI - Howard County](#)
[Teen Health Matters - Mental Health & Suicide Prevention](#)
[CARAPP Suicide Prevention Resources - hclhicresources.org](#)

SAFEGUARD YOUR HOME

A guide to help prevent suicide.



WHAT YOU CAN DO

Give Support
 If someone is thinking about suicide, take it seriously.
 • Have a conversation.
 • Speak privately with them.
 • Listen closely and without judgment; show you care.
 • Ask directly if they are thinking about suicide. (This will not put the idea of suicide in their head.)
 If you are struggling, talk to a friend/loved one or call 988 to speak with a trained counselor.

Harmful Materials
 Hanging is a common way that people die by suicide. It can be hard to prevent because many everyday items like ropes, cords and sheets can be used for this purpose. However, it is important to understand that these are possible methods of suicide and to remove and lock up these materials when possible.

Medications
 Store all medications in a lock box or locked cabinet. Take special care to lock up prescriptions, over-the-counter (OTC) pain pills and sleeping pills. Talk to your doctor or pharmacist about getting blister packs or a limited supply of medications. Safely get rid of unwanted medications.

Firearms
 To ensure secure storage:
 • Keep guns locked, unloaded and separate from loaded ammunition.
 • Use cable locks, lock boxes or safes and store keys securely.
 If someone in your home is struggling with mental health challenges or a crisis:
 • Temporarily remove firearms from the home.
 • Ask a trusted person to store them or call a local shooting range, gun shop or law enforcement agency listed on the [Mandatory Safe Storage Map](#). Scan the QR code for more information.

Remove or lock electrical cords and ropes. Safely dispose of extra gas, antifreeze and bleach and other chemicals.

Give Support
Ask and listen. Ask how someone is doing and listen to what they tell you without judgment.

Remove or lock. Storing off-site is safest. Locking securely is next best.

Medications
Lock or dispose of medications.

Firearms
Remove or lock. Storing off-site is safest. Locking securely is next best.

Credit: Rhode Island Dept. of Health, Suicide Prevention & Colorado Dept. of Public Health & Environment




<https://www.hclhic.org/healthy/suicide-prevention>

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Stay updated!

Scan to access the events listed on our [calendar!](#)



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MEMBER ANNOUNCEMENTS

**Please share any updates by typing them into the Chat Box.
You may also unmute your microphone to speak.**

Thank you!

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HCLHIC Post-Meeting Survey

Your responses are needed!

**Please answer a brief survey to help us with future meeting topics and
share any feedback about our meetings.**

<https://www.surveymonkey.com/r/83FVZRD>



SCAN ME

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NEXT STEPS & WRAP UP

2026 Quarterly Hybrid Full Coalition Meetings:

[Register](#)

January 15, 2026, at 9:00 - 11:00 AM

Presentation will be posted at www.hclhic.org

For additional information or questions contact lhic@howardcountymd.gov

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Thank you!

LHIC Team

LHIC@howardcountymd.gov

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Promote. Preserve. Protect.

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