

Howard County Local Health Improvement Coalition (LHIC)

Movement Workgroup Meeting

June 27, 2024

1:00pm – 2:00pm

Virtual via Zoom

Meeting Goal: Discuss Older Adult Awareness Activities & Falls Prevention Week updates;
Review Walktober 2024 planning objectives

Meeting Agenda

Meeting will start promptly at 10:00am

- 10:00 – 10:10 Welcome & Announcements
- The next HCLHIC Quarterly hybrid meeting is on July 18, 2024 at 9am.
 - [Register here.](#)
 - Yoga in the Park will be at the Chrysalis on June 24, 2024 at 6pm.
 - [Register here.](#)
 - Register for the Columbia Classic 10k before the price increase on July 31, 2024.
 - [More information here.](#)
 - Other partner announcements
- 10:10 – 10:15 Recap of last meeting held on [5.23.2024](#)
- 10:15 – 10:25 Older Adult Awareness Activities Updates
Ms. Michelle Rosenfeld, Office on Aging and Independence
- 10:25 – 10:40 Falls Prevention Week Updates
Ms. Reena Rambharat, Howard County Local Health Improvement Coalition
- 10:40 – 10:50 Walktober 2024 Planning Review
Mr. Ashton Jordan, Howard County Local Health Improvement Coalition
- 10:50 – 11:00 Next Steps & Wrap-up